Year 11 Issue 06 D.O.P. 01 March 2018 Pages 16 ₹10/- Per Copy 🕜 09410434811, medicaldarpan.ctp@gmail.com







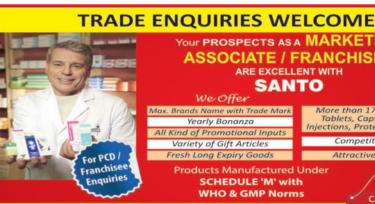












Fexofenadine & Montelukast Tablets

Aceclofenac & Thiocolchicoside Tablets

Cefixime & Azithromycin Tablets

Your PROSPECTS AS A MARKETING ASSOCIATE / FRANCHISEE
ARE EXCELLENT WITH SANTO

We Offer

Max. Brands Name with Trade Mark Yearly Bonanza All Kind of Promotional Inputs

More than 170 Products in Tablets, Capsules, liquid, Injections, Protein Powder E.t.c Competitive Rates Variety of Gift Articles Fresh Long Expiry Goods

**Products Manufactured Unde SCHEDULE 'M' with WHO & GMP Norms** 

LATEST & DCGI APPROVED PRODUCTS 09839141955 **Prebiotic & Probiotic Capsules** 

 Rabeprazole & Levosulpiride Capsules Ferrous Ascorbate In Tablets, Drop & Syrup

& Many more products

SANTO MEDI SCIENCES PVT. LTD. H.O. & A.O.: Bye Pass, Saproon, Dist. Solan - 173211 (H.P.)

Works at:- DM Pharma, NH 21-A, Bhud, Baddi, Solan (H.P.), 173205

Ph.: +91-1792-220191, 650504, Mob.: 09839141955, Telefax: +91-1792-220191 email: santoformulations@rediffmail.com, santosales@rediffmail.com, info@santomedisciences.net Visit us at : www.santomedisciences.net | www.facebook.com/santo.sciences

**Need Business Development Mangers For Appointing** District Wise PCD Parties Throughout India







#### Number of Years Spent in Obesity May Up Heart Damage Risk

New York:- The longer a person spends being obese, the higher is the risk of a "silent" heart damage, finds a study, which says "the number of overweight or obese years may "add up" to the risk. The findings showed that for each 10 years that a person spends being obese, the risk of having high levels of troponin -- a protein linked with heart damage -- increased 1.25 times, even when accounting for heart disease risk due to high blood pressure, diabetes and kidney disease. Troponin is released when the heart muscle has been damaged. The more damage there is to the heart, the greater will be the amount of troponin in the blood. Thus, maintaining a healthy weight across the lifespan is important for keeping the heart healthy and minimising damage as people age, the researchers said. "We're finding that people's weight from age 25 onwards is linked to the risk of more or less heart damage, as measured by levels of the protein troponin, later in life, which underscores the likely importance of long-term weight control for reducing heart disease risk," said Chiadi Ndumele, Assistant Professor at the Johns Hopkins University. "The study suggests that even in the absence of such heart disease risk factors as high blood pressure, diabetes or kidney disease, the number of years spent obese or overweight contributes to the higher likelihood of heart damage," Ndumele added. For the study, appearing in the journal Clinical Chemistry, the team examined 9,062 participants, four times over a period of 10-11 years. Those who increased their body mass index (BMI) to the overweight and obesity range at the fourth visit were 1.5 times more likely to have increased troponin levels of at least 14 nanograms per litre, indicating heart damage. On average, each 100 extra BMI-years increased the likelihood, or risk, of increased troponin by 21 per cent, Ndumele said.



#### फार्म 4 घोषणा पत्र नियम आठ देखिये

1- प्रकाशन स्थान- बुलन्दशहर <mark>2- प्रकाशन</mark> तिथि- मासिक 3 - मुद्रक का नाम- ब्रजेश कुमार गर्ग, नागरिकता- भारतीय, पता-कें०पी० रोड, बुलन्दशहर 4- प्रकाशक का नाम- ब्रजेश कुमार गर्ग, नागरिकता- भारतीय पता- के०पी० रोड, बुलन्दशहर 5- सम्पादक का नाम-ब्रजेश कुमार गर्ग, नागरिकता-भारतीय, पता- के॰पी॰ रोड, बुलन्दशहर 6 उन व्यक्तियों के नाम व पते जो समाचार पत्र के स्वामी हों तथा जो समस्त पूँजी के एक प्रतिशत के साझेदार या हिस्सेदार हों-श्रीमती नीरू गर्ग, नागरिकता- भारतीय पता- के०पी० रोड, बुलन्दशहर. मैं ब्रजेश कुमार गर्ग एतद् द्वारा घोषित करता हूँ कि मेरी अधिकृत जानकारी एवं विश्वास के अनुसार ऊपर दिये गये विवरण सत्य हैं--ब्रजेश कुमार गर्ग, प्रकाशक

#### एन॰ दत्ता

इस प्रसिद्ध संगीतकार का मूल नाम दत्ताराम बाबूराव नाईक था. इनका जन्म 12 दिसम्बर 1927 का हुआ था. ये सड्कों पर गायन कार्यक्रमों में भाग लेते थे. यहीं एस॰ डी॰ बर्मन ने इनके क्षमता को पहचाना व अपना सहायक बना लिया. स्वतंत्र संगीतकार के रूप में एन॰ दत्ता ने शानदार काम किया. इनके लोकप्रिय गीत, ''तू मेरे प्यार का फूल है" वे "तेरे प्यार का आसरा चाहता हूँ" थे. 30 दिसम्बर 1987 को इनका देहान्त हो गया. इनको प्रणाम.

-डॉ॰ नरेन्द्र नाथ लाहा ग्वालियर मो॰ 09753698240



#### प्राथमिकता

डॉक्टर कुमार के नर्सिंग होम पर दो युवक अपने रोगी पिता को दिखाने पहुँचे. आते ही जल्दबाजी करने लगे. बोले, ''जल्दी से पिता जी को भरती कर इलाज प्रारम्भ कर दें.'' फिर तनिक रूक कर बोले, ''हमें एक मित्र के पार्टी में जाना है. देरी हो रही है.''

−डॉ॰ नरेन्द्र नाथ लाहा, 27 ललित<u>प</u>र कॉलोनी. ग्वालियर (म॰प्र॰) मो॰ 09753698240.

स्टॉकिस्ट हैं श्री विवेकानन्द डावसे मो॰ 09769283182 प्रोप्राईटर Shandilya Pharma, A-5. Navganesh, Near Vaibhav Hall,

विवेकानन्द डावसे Thakurwadi Dombivli (W) IThane (M.H.) लगभग सभी। कम्पनियों मल्टीनेशनल दवा को स्टॉकिस्ट हैं अन्य दवा निर्माता भी अपने प्रोडक्टस की बिक्री हेतु श्री विवेकानन्द जी से सर्म्पक कर सकते हैं.

#### राई के फायदे

अचार या सब्जी में प्रयोग की जाने वाली राई स्वाद और गुणवत्ता भी बढ़ाती है. हृदय की धडकनें सामान्य करने के लिए राई को पीसकर हाथों व पैरों पर मलने से आराम होता है. बुखार के साथ कई बार जीभ पर सफेद परत जम जाती है भूख व प्यास भी कम होती है. इसके लिए राई के 4-5 ग्राम राई के चूर्ण को शहद के साथ लें. जोड़ों में दर्द के लिए राई को पीसकर उसमें थोड़ा कपूर मिलाकर जोड़ों पर मालिश करने से आराम मिलता है. त्वचा रोगों के लिए राई को रातभर पानी में भिगोकर रखें व सुबह को इस पानी को त्वचा पर लगायें, लाभ होगा.











ELIS







#### Vegetarian diet Just as Effective as Mediterranean diet in Reducing Heart Disease Risk, Claims Study

New Delhi:- Researchers have claimed that a vegetarian diet which includes eggs and dairy products but is



devoid of meat and fish, can be as effective as the Mediterranean diet when it comes to reducing the risk of heart diseases and stroke. While a lacto-ovo-vegetarian diet includes animal products such as eggs and dairy products but excludes the intake of meat and fish, the Mediterranean diet includes the consumption of poultry, fish and some red meat as well as fruits, vegetables, beans and whole grains. "The take-home message of our study is that a lowcalorie lacto-ovo-vegetarian diet can help patients reduce cardiovascular risk about the same as a low-calorie Mediterranean diet," said lead author Francesco Sofi, Professor at the University of Florence in Italy. "People have more than one choice for a hearthealthy diet," Sofi added. The study found that a vegetarian diet was more effective at reducing LDL (the "bad") cholesterol, while the Mediterranean diet resulted in greater reductions in triglycerides, high levels of which increase the risk for heart attack and stroke. The research included 107 healthy but overweight participants, between 18 and 75 years of age, who were randomly assigned to follow for three months either a low-calorie vegetarian diet, which included dairy and eggs, or a low-calorie Mediterranean diet for three months. The results showed that people on either diet had lost about four pounds of their weight overall, along with a three-pound loss of body fat. They also experienced about the same change in body mass index, a measure of weight in relationship to height. The study was published in the journal Circulation.

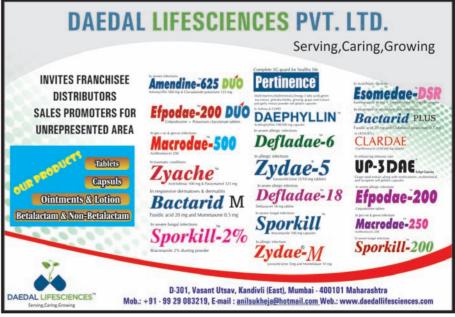


कैंसर के उपचार के कारण होने वाले बाँझपन की दवा की खोज न्यूयॉर्क:- प्राप्त जानकारी के अनुसार कैंसर के इलाज के दौरान महिलाओं में होने वाले बाँझपन से सुरक्षित रखने के लिये वैज्ञानिकों ने दवा की खोज कर ली है, महिलाओं में कैंसर का इलाज रेडिएशन व कीमोथेरेपी की दवाओं के द्वारा किया जाता है इन दवाओं से बाँझपन की समस्या होती है. एक शोध के मुताबिक स्तन कैंसर से निजात पा चुकी महिलाओं में समय से पहले अण्डाशय को खराब होते हुये देखा गया इस कारण गर्भाशय की सामान्य क्रियायें

हो जाती हैं व बाँझप की स्थिति निर्मित हो जाती है. यह अण्डाणु शरीर की सबसे संवेदनशील कोशिकाएँ होती हैं व कैंसर के उपचार के कारण खत्म हो जाती हैं. इस शोध का आधार पर्व में किया गया एक शोध है, अनुसार चैक प्वाइंट प्रोटीन(सीएचके2) का पता लगाया गया था जो रेडिएशन से अण्डाणुओं के क्षतिग्रस्त होने पर सिक्रय हो जाते हैं.

रिश्ते रिश्ते बनते हैं, रिश्ते टूटते हैं। जीवन के दौड़ में, रिश्ते छूटते हैं।। डॉ॰ नरेन्द्र नाथ लाहा ग्वालियर (म॰प्र॰) मो॰ 09753698240.







#### नींबू पानी से दाँतों को खतरा, हिंड्डयाँ सही रखती है ग्वार की फली

भले ही वजन कम करने के लिए गुनगुने पानी में नींबू का रस मिलाकर पीना लाभकारी हो लेकिन दाँतों की सेहत के लिए यह सही नहीं. ब्रिटिश डेंटल एसोसिएशन के वैज्ञानिकों के अनुसार इसमें मौजूद एसिड की मात्रा दाँतों की इनेमल परत को नुकसान पहुँचाती है. इससे सबसे ज्यादा नुकसान तब होता है जब नींबू पानी गर्म होता है. इससे बचने के लिए वैज्ञानिकों का कहना है कि नींबू पानी को स्ट्रॉ से पीया जाए या एक ही बार में गटक लिया जाए ताकि यह कम समय के लिए ही दाँतों के सम्पर्क में आए और किसी भी प्रकार का नुकसान भी न हो. इन दिनों बाजार में आसानी से उपलब्ध ग्वार की फली, जिसे क्लस्टर बींस भी कहते हैं बेहद पौष्टिक एवं सेहतमंद सब्जी है. वेट लॉस:- इसे खाने से कम मात्रा में ही पेट भर जाता है जिससे वजन नियंत्रण में रहता है. डायबिटीज:- इसका ग्लाइसीमिक इंडेक्स कम होता है इसलिए यह डायबिटीज में फायदेमंद है. कब्ज:- फाइबर की मौजूदगी से यह कब्ज दूर करती है. मजबूत हिंदुवाँ:- आर्थराइटिस, ओस्टियापोरोसिस व हिंदुवां की अन्य तकलीफों में ग्वारफली नियमित खानी चाहिए क्योंकि इनमें कैल्शियम और फॉस्फोरस पर्याप्त मात्रा में होता है.

#### www.pharmafranchisee.news

# No. of the last of

#### राजेश का चळा

**AGROGEM** 

चारा हमनें खा लिया पशु देखते मौन। घोटाला किया हमने जेल जायेगा कौन? जैसी करनी वैसी भरनी करे विधाता। हमको भरनी अपनी करनी और भरेगा कौन।।

#### तरीका

टेंशन से, कैसे हो मुक्ति। मस्त रहो, यही है युक्ति।। -डॉ॰ नरेन्द्र नाथ लाहा, 27 ललितपुर कॉलोनी, ग्वालियर (म॰प्र॰) मो॰ 09753698240.

358650929, 09359489829,05947-274929





#### 10 Natural Beauty Tips For Face You Must Try

Skin care may take back seat in everyday hustle-bustle. This provides an opportunity to chemical-laden cosmetics, stress and improper eating habits to attack and snatch off skin's natural radiance and glow. Since lifestyle and skin care contributes greatly not only to your looks but also on how you feel about yourself, you must take care of it. There are endless beauty magazines that lure you into cosmetics, but then you are never sure of cosmetics. Left in a state

of confusion, natural remedies and practices seem like a last resort. Natural remedies are very effective and can give you glowing and beautiful face. Here's a natural beauty guide (natural beauty tips for face) for you to bring that glow back on your face. Beauty tips for fresh & glowing face 1: Cleanse, tone and moisturise daily The rule of thumb for flawless glowing facial skin still remains a regular cleansing, toning and moisturising routine. When it comes to cleansing, rose water is the best cleasing agent. Take cotton wool, dab it with rose water and apply it on the face to feel fresh and clean immediately. Cleansing your face twice a day will prevent



breakout of pimples. Always make it a point to follow your cleansing routine by toning. Tulsi water is a great nourishing toner and you can use it with a piece of cotton wool. Now, make a mixture of onion juice, multani mitti and honey. Use this as a natural moisturiser to bring back freshness and glow on your face. Use this for achiving a glowing face. Natural beauty tips 2: Use lime juice as a scrub Mix lime juice with sweet almond oil and sea salt. Use your fingers or a cotton wool and apply it on your face in a circular motion. This natural scrub will remove dead cells from your face giving a radiant glow. Lime peel also aids in fading scars and pimple marks from face. Beauty tips for face 3: Use besan (gram flour) to get rid of tan To treat sunburns, you may apply a mixture of one spoon of besan (Gram Flour) and two tablespoon of curd on your face. Let it dry for half an hour and rinse off with cold water. This face mask is a great aid in making your skin clear, soft and glowing naturally. For sensitive skin, mix curd with this mixture and cleanse the sun tanned skin with the paste. Beauty tips for soft skin 4: Cucumber - A wonderful beauty aid If you want a happy skin, then cucumber is the answer. You may improve your complexion by applying a paste of cucumber mixed with raw milk. It will take 15 minutes for cucumber juice to seep into your skin then wash off with fresh water. It also helps in soothing and softening your skin. Beauty tips for brighter complexion 5: Tomato- An antioxidant power blast Tomatoes are great anti-oxidants. For wrinkle-free skin, mash two large tomatoes and apply it evenly on your face. Rinse off after 20 minutes with cold water. To make a paste, use one day old curd and mix with a tomato pulp. Apply this face pack daily in the morning to reveal a brighter and sparkling fresh complexion for beautiful face. Beauty tips 6: Treat oily skin with tomatoes Tomatoes are great for the skin as they have cooling and astringent properties. Its naturally acidic, so it helps balance the skin and get rid of excessive oil. Evenly apply tomato pulp on your face. Let it dry for 15 minutes and wash your face with warm water for naturally glowing face. Beauty tip for removing blackheads 7: Use cucumber and lemon for removing blemishes To naturally remove blackheads and have a fairer

skin, prepare a paste with equal amounts of cucumber juice and lemon juice. Apply this paste on your face and neck before taking bath. Let your skin absorb it for at least ten minutes. With regular use you will notice lesser blackheads and a fairer skin tone. Beauty tip for fresh vibrant face 8: Natural face pack for dry skin If you have dry and rough facial skin, prepare a paste of equal amount of mashed muskmelon, pumpkin, cucumber and watermelon. Blend the mixture with milk cream and apply it on your face. Leave the paste to dry for one hour and rinse it using plain water. It lifts away the dry skin, giving a fresh vibrant look to your skin.



**Natural beauty tip for glowing face 9: How to close pores naturally** Slice an apple into thin slices. Place these on the face and leave for 15 minutes. These soak up the extra oil and helps to close pores. You may even make paste of apple peel, honey, vinegar, and a dash of multani mitti. Apply for 30 minutes and rinse off with rose water. Your skin will visibly tighten and will develop a healthy, radiant glow. **Natural beauty tip for skin problem 10: Pamper your-**

Moonstar Lifecare Pvt. Ltd.

self with the basics Water and good sleep are natural facial beauty enhancers. 10-12 glasses of water per day and six to eight hours of sleep very day is essential for your skin to revitalize and repair damaged tissue. Set reasonable limits, scale back your to-do list and make time to do the things you enjoy. It will help in curing acne breakouts, acne scars and other skin problems. Restricting your consumption of oily and fatty food besides taking help of above mentioned beauty tips would further ensure naturally gorgeous complexion and spotless facial skin.

#### अच्छी नींद सेहत के लिये आवश्यक

अच्छी नींद अच्छे स्वास्थ्य के लिये आवश्यक है. नींद पूरी ने होने से हमारी दिनचर्या व रचनात्मकता प्रभावित होती है. एक शोध के अनुसार कुछ नया सीखने के लिये अच्छी नींद बहुत आवश्यक है, इस शोध के अनुसार गहरी नींद न लेने से दिमाग का वह हिस्सा प्रभावित होता है, जो नई चीजें सीखने के लिये जिम्मेदार होता है.



9824186362, , 09427779340

E-mail: moonstarlifecare@gmail.com



#### **Hearing loss May indicate Memory** Impairment For Some

Los Angeles:- Elderly people with a certain type of hearing loss may be more likely to also have memory loss and thinking problems called mild cognitive impairment, says a study. The study, presented at the American Academy of Neurology's 70th Annual Meeting in Los Angeles, looked at people with peripheral age-related hearing loss, which is caused by problems in how the inner ear and hearing nerves function and leads to people not being able to hear. It also looked at central age-related hearing loss, which is caused by problems in the brain's ability to process sound and leads people to say, "I can hear, but I can't understand." The researchers found that people with central hearing loss were twice as likely to have mild cognitive impairment as people who had no hearing loss. "These preliminary results suggest that central hearing loss may share the same progressive loss of functioning in brain cells that occurs in cognitive decline, rather than the sensory deprivation that happens with peripheral hearing loss," said study author Rodolfo Sardone from the University of Bari in Italy. "It's a problem with perception. Tests of hearing perception should be given to people who are older than 65 and also to people with cognitive impairment," Sardone added. Hearing loss is one of the most common disabilities in elderly people, affecting about one-third of people over age 65. The study involved 1,604 participants of the Great Age Study, a population-based study conducted in the south of Italy, with an average age of 75, whose hearing and thinking and memory skills were tested. Of the participants, 26 per cent had peripheral hearing loss and 12 per cent had central hearing loss, 33 per cent were diagnosed with mild cognitive

डाक्टर को आवश्यकता बद्दी (हिमाचल प्रदेश) चण्डीगढ़ के पास चलने वाले धर्माथ अस्पताल के लिये एक एम॰बी॰बी॰एस॰ डॉक्टर की आवश्यकता है वेतन योग्यतानुसार रिटायर्ड व सेवाभावी डॉक्टर की प्राथमिकता सम्पर्क करें डॉ. प्रताप मोहन प्रबन्धक ईश्वरी हॉस्पिटल, बद्दी Mob:- 09736701313, 09882011313 E-mail:-puremedbiotech@gmail.com also found that people who had lower scores on a test that measured how well they understood speech also had lower scores on a test of thinking and memory skills

central hearing loss, 144 people, or had mild cognitive impairment. contrast, people peripheral hearing loss were no more likely to have mild cognitive impairment than people with no hearing problems. The researchers

impairment. Of the 192 people

31.03.2018



पिछले दिनों बीकानेर (राजस्थान) में वहाँ कैमिस्ट एसोसियेशन द्वारा A.I.O.C.D. अध्यक्ष श्री जगन्नाथ शिन्दे ਹਕਂ मुम्बई R.D.C.A.

श्री प्रसाद दानवे जी का भव्य स्वागत् किया गया.

#### फर्जी फूड इन्स्पैक्टर गिरफ्तार



पिछले दिनों होटल राधाकृष्णा, मुम्बई मे एक फर्जी विजिलेन्स फूड सेफ्टी इन्सपेक्टर को होटल में अवैध उगाही करते हुये रंगे हाथ गिरफ्तार किया. पकडे गये व्यक्ति के

पास नकली फूड सेफ्टी एण्ड स्टैर्न्डड ॲथोरिटी का परिचय पत्र भी प्राप्त हुआ जिसमें इस व्यक्ति का नाम ओमकार भानुशाली अंकित है. जाँच में पता चला की उक्त व्यक्ति अनेक होटलों से अवैध उगाही कर चुका है. घाटकोपर पुलिस उक्त व्यक्ति को हिरासत मे लेकर उचित कार्यवाही कर रही है.

#### Calcimax 500 mg बिक रही है नकली



भंडारी राहुल 09923407407 ने जानकारी है कि बाजार में **Organics** MEYER Pvt. Ltd. Ph:- 022-**25817000** की Calcimax 500 mg नकली बिक रही है अत:

खरीदने से पहले कम्पनी से वार्ता कर लें. स्टिप की फोटो खींचकर कम्पनी की Email: info@meyer.co.in पर भेज दें.

> हाइकु फोटो पर माला जीवन पर ताला नरेन्द्र नाथ लाहा ग्वालियर

मो॰ 09753698240. MONOPOLY 3rd Party Mfg

On our Brand names Facility Available TABLETS: Para+Diclo.Sod/Pot Aceclo+Para Diclo+Para+Chlorz Nimi+Para Para 500 Ciproflox Oflox Oflox+Orni Nor + Tini Sparflox Para+Dicyclomine Para+cetiriz +Ph.epherine SYRUPS (Herbal): Liver, Gynae, Zyme, Blood

purifier, Cough sy, Appetizer, Health tonic CAPSULE (Herbal): for energy & vitality, Menstrual disorder, Calcium & Iron, Rheumatic & arthritic disorder, Blood purifier etc..

#### **PANKAJ PHARMA**

D-79, Industrial Estate, ALIGARH (U.P)-202001 9412176816, 9412483724 pkgarg79@rediffmail.com

#### मार्च माह के त्यौहार

01.03.2018 होलिका दहन धुलेंडी, रंग 02.03.2018 05.03.2018 चतुर्थी व्रत, शीतला पूजन (बसौड़ा) 06.03.2018 श्रीरंग पंचमी शीतला अष्टमी, कालाष्टमी व्रत 09.03.2018 14.03.2018 प्रदोष व्रत, मीन संक्रांति 15.03.2018 रंगतरस. वारूणी पर्व चैत्र नवरात्र प्रारंभ/गुड़ी पड़वा 18.03.2018 20.03.2018 गणगौर पूजन 22.03.2018 श्री पंचमी, रोहिणी व्रत 23.03.2018 स्कंद पष्ठी अशोकाष्टमी 24.03.2018 श्री रामनवमी व्रत 25.03.0218 27.03.2018 कामदा एकादशी 29.03.2018 बालासंदुरी मेला देवबंद, गुडफ्राइडे 30.03.2018

चैत्र पूर्णिमा, हनुमान जयंती

STADCHEM OF INDIA Stadchem Stockists & Marketing Professionals Covering ng Homes, Private Hospitals, Big Multi-Specialities Hospitals Polyclinics, Institutions, Trauma Centers and Doctors, Our Products range Includes: Antibiotics/Antibacterials/Antiamoebics NSAID'S/Anti-Inflammatory/Analgesics Gastro-enterological & Antiulcer Drugs Paediatric Products **Gynecological Products** Orthopedic Products Ear Drops Antidiabetic Drugs Anthelmintics Antiallergic Durgs/Antifungal Drugs Antiviral Drugs/Antimalarials Irons, Vitamins & Neutraceuticals Products Super Antibiotic

Hepato - Protector Antifungal Cream Uterine Tonic Antacid

§ 501, Hemkunt Chambers, 89, Nehru Place, New Delhi-110019

STADCHEM OF INDIA

Alkalizer

☑ E-mail: stadchemofindia@gmail.co

© Ph. (011) 26438864, Mob:- 09810009342

टाइफाइड बुखार से बचाव के लिए घरेलू इलाज

टाइफाइड एक खतरनाक बीमारी है, इस बीमारी में तेज बुखार आता है, जो कई दिनों तक बना रहता है. यह बुखार कम-ज्यादा होता रहता है, लेकिन कभी सामान्य नहीं होता. टाइफाइड

का इन्फेक्शन होने के एक सप्ताह बाद रोग के लक्षण नजर आने लगते हैं. कई बार दो-दो माह बाद तक इसके लक्षण दिखते हैं. टाइफाइड और बुखार का घरेलू इलाज से बचाव किया जा सकता है. **बुखार से बचाव के घरेलू इलाज- •** पान का रस, अदरक का रस और शहद को बराबर मात्रा में मिलाकर सुबह-शाम पीने से आराम मिलता है. • यदि जुकाम या सर्दी-गर्मी में बुखार हो तो तुलसी, मुलेठी, गाजवाँ, शहद और मिश्री को पानी में मिलाकर काढा बनाएँ और पीएँ. इससे जुकाम सही हो जाता है और बखार भी जल्द ही उतर जाता है. • गर्मी के मौसम में टायफायड होने पर लू लगने के कारण बुखार होने का खतरा रहता है. ऐसे में आप कच्चे आम को आग या पानी में पकाकर इसका रस पानी के साथ मिलाकर पीएँ. • जलवायु परिवर्तन की वजह से बुखार होने तुलसी की चाय पीने से आराम मिलता है. इसके लिए 20 तुलसी की पत्तियाँ, 20 काली मिर्च, थोड़ी सी अदरक, जरा सी दालचीनी को पानी में डालकर खब खौलाएँ. अब इस मिश्रण को आँच से उतारकर छानें और इसमें मिश्री या चीनी मिलाकर गर्म-गर्म पीएँ. • तुलसी और सूर्यमुखी के पत्तों का रस पीने से भी टायफायड बुखार ठीक होते हैं. करीब तीन दिन तक सुबह-सुबह इसका प्रयोग करें. • बुखार में रोगी को अधिक से अधिक आराम की जरूरत होती है. भोजन का खास ख्याल रखें. बुखार होने पर दूध, साबूदाना, चाय, मिश्री आदि हल्की चीजें खाएँ. मिश्री का शर्बत, मौसमी का रस, सोडा वाटर और कच्चे नारियल का पानी जरूर पीये. • पानी खूब पीएँ और पीने के पानी को पहले गर्म करें और उसे ठंडा होने

के बाद पीये. अधिक पानी पीने से शरीर का जहर पेशाब और पसीने के रूप में शरीर से बाहर निकल जाता है. • लहसुन की कली पाँच से दस ग्राम तक काटकर तिल के तेल में या घी में तलकर सेंधा नमक डालकर खाने से सभी प्रकार का बुखार ठीक होता

है. • तेज बुखार आने पर माथे पर ठंडे पानी का कपड़ा रखें तो बखार उतर जाता है, और बुखार की गर्मी सिर पर नहीं चढ़ती है. • फ्लू में प्याज का रस बार-बार पीने से बुखार उतर जाता है, और कब्ज में भी आराम मिलता है. • पुदीना और अदरक का काढ़ा पीने से बुखार

उतर जाता है. काढ़ा

Kush Agarwal (M.) 089380890---09219641119 Corona Pharmaceuticals Pvt. Ltd. Manufacturers of : Syrup, Tablets & Capsules

पीकर घंटे भर आराम करें, बाहर हवा में न जाएँ. घरेलू दवाओं से यदि आपको आराम न मिले, तो तुरंत डॉक्टर से संपर्क करें और उसके निर्देशानुसार इलाज करवाएँ.



#### **Product List**

#### E-Derma Pharma India Pvt. Ltd.

Antibiotics - AZICA Tablet : Azithromycin 250/500mg, • AUGFAST Tablet : Amoxycillin Trih 500mg Potassium Clav. 125mg., • MINOPEARL Tablet : Minocycline 50/100mg, • CEFI-TURN Tablet: Cephalexin 500 mg, • DALLOX Capsule: Amoxycillin 250 mg & Dicloxacillin 250 mg, • DYNACLIN Tablet: Clindamycin 150/300mg, • DOXYAID-LB Capsule: Doxycycline Hyclate 100mg and 5 billion lactobacillus spores, • FUDICA Cream : Fusidic acid 2%, • FUDICA-B Cream : Fusidic acid 2% & Mometasone Furoate 0.1% , • NADIREST Cream: Nadifloxacin 1%, Antiallergic- E-BEST Tablet: Mizolastine 10 mg, • HYBEST-10/25 Tablet: Hydroxyzine 10/25 mg, • LORAID Tablet: Loratadine 10 mg, LEVOCA Tab/Syp: Levocetirizine 5 mg, • LEVOCA-M Tablet: Levocetirizine 5 mg & Montelukast 10mg. • POLBEST Tablet: Dexchlorpheniramine SR 2mg, • FEX-UP Tablet: Fexofenadine 180 mg, • CALOMYNE Lotion: Calamine 8%, Glycerin 5%, Aloevera 10%, Liq. Paraffin, Zinc Oxide 3%, Steroids - DYNACORT Tablet: Deflazacort 6/12/30mg, • SAFECORT Cr/Lot.: Mometasone Furoate 0.1%, • ECZIVATE 30 Cream: Clobetasol Prop. 0.05%, • HALOTURN Cream: Halobetasol Prop. 0.05%, • FLUTURN-H Cream: Fluocinolone Acetonide 0.1%, • NADIREST-M Cream: Nadifloxacin 1% & Mometasone 0.1%, • DESO-CARE Lotion: Micronised Desonide 0.05%, • ECZIVATE-S Lotion: Clobetasol 0.05% & Salicylic Acid 3/6%, • ISORVATE-AL Gel: Clobetasol prop. 0.05%, Ammonium Lactate 12%, Antifungal - ITRASTAT Capsule: Itraconazole 100/200mg, • TERBAZ Tablet: Terbinafine 250 mg, • TERBAZ Cr/Dust. Powder: Terbinafine 1%, • KTZ Tablet: Ketoconazole 200 mg, • KTZ Cr/Dust. Powder : Ketoconozole 2%, • KTZ Lotion : Ketoconazole 2% Stay on Lotion, • CANBEE Cream: Clotrimazole 1%, • CANBEE-B Cream: Clotrimazole 1% & Beclomethasone 0.025%, • SERTAFIX Cream: Sertaconazole 2.0% & Benzyl alcohol 1.0%, • K-WASH Shampoo : Ketoconazole 2%, • K-WASH PLUS Shampoo : Ketoconazole 2% & ZPTO 1%, • LUNICOL Cream : Luliconazole 1%, • AMLOTURN Cream : Amorolfine 0.025%, Immunosuppressants - AZONY Tablet: Azathioprine 50 mg, • TACROGARD 0.1/0.03 Ointment: Tacrolimus 0.1/0.03%, SORAPRIN Softgel Capsule: Cyclosporine 100mg, NEOTURN 2.5/5/7.5 Tablet: Methotrexate 2.5/5/7.5 mg, Acne Care - ISOPEARL-M20 Softgel Cap: Micronised Isotretinoin 20mg, • ISOPEARL-10/20 Softgel Cap: Isotretinoin 10/20mg, • ISOTY Softgel Cap. : Isotretinoin 20 mg, • DYNACLIN-N Gel : Clindamycin 1% & Nicotinamide 4%, • DYNACLIN Gel: Clindamycin 1%, • O-GYL Gel:

Ornidazole 10 mg, • ADAQUEEN Gel: Adapalene 0.01%, • ADAQUEEN-C Gel : Adapalene 0.01% & Clindamycin 1%, • TRET-A Cream: Tretinoin 0.025%, • BENZITURN-AD Gel: Adapalene 0.1% % benzoyl peroxide 2.5%, Benziturn -2.5/5/10 Gel: Benzoyl peroxide 2.5/5/10%, **Hypopigmenting Agents** AZESPOT Cream: Azelaic acid 15 %, FACELITE Gel: Kojic Acid 2%, Arbutin 1.5%, Octinoxate 7.5%, Mulberry Extract & Glycolic Acid, • M-LITE PLUS Cream : Hydroquinone 2%, Tretinoin 0.025%, • M-LITE FORTE Cream : Hydroquinone 2%, Tretinoin 0.025% & Mometasone 0.1%, • M-LITE GLOW Cream : 2%, Tretinoin 0.025% Hydroguinone Fluocinolone Acetonide 0.01%, • M-LITE AT Cream: Hydroquinone 2%, Tretinoin and Allantoin, • MELOSPOT Cream: Hydroquinone 4%, • LITEFACE Cream : Depigmenting Cream, • GLOW DAY Cream : Glycolic acid, Alpha Arbutin, Tocopheryl acetate, Resorcinol, Titanium Dioxide, • GLOW NIGHT Cream : Alpha Arbutin, Retinol, Liquorice, Vit. E, Glycerine, Squalene, D- alpha Tocopherol, Lenolin, • GLUTAGLOW Tablet : Glutathione 500mg and Lipoic acid 200mg, • GLUTAGLOW-C Tablet: Glutathione 500mg, Lipoic acid & Vitamin-C 1gm , • GLUTAGLOW Peel : Glutathione 1%, Glycolic acid 45%, Lactic Acid 10%, Salicylic acid 0.5%, Kojic Acid Dipalmitate 7%, Lemon Peel Ext. 2%, Butyospermum Parkii 5%, Phenoxy Ethanol 0.5%, • GLUTAGLOW-C Serum: Ethyl Ascorbic Acid Stable Vit. C 20%, Glutathione 2%, Niacinamide 2%, Beta-Arbutin 2%, Orange Peel Extract 2%, Lemon Peel Ext. 2%, Dimethicone 2%, Chamomila Ext. 2%,

Antioxidants/ Vitamins - LYCOXID Tablet: Betacarotene (10%) 30 mg, Lycopene (10%) 7500 mcg, Vit. C 150 mg., Vit. E 25 mg, Minerals & Zeaxanthine (10%) 25 mg, • PROCDINA Tablet: Proanthocyanidin 75 mg, • PROCDINA-TX Tablet: Tranexamic acid 250 mg, • IRONI UP Capsule: Carbonyl Iron 100 mg, Vit. C 150 mg, Vit. B12 15 mcg., Folic Acid 5 mg, Zinc Sulphate 61.8 mg & Vit B6 3 mg, Hair Care - FINTURN Tablet : Finasteride 1 mg, • BIOTURN FORTE Tablet: Biotin 10 mg, Calcium Pantothenate 100 mg, N-Acetyl Cysteine 50 mg, • MINTURN-XL Lot/Spray: Minoxidil 5% & Aminexil 1.5%, • MINTURN-2/5/10 Lot/Spray: Minoxidil 2/5/10%, • HAIR LONG Oil: Sun flower Oil, Castor Oil, & Grapeseed Oil, • HAIR LONG Tablet: Saw palmetto powder 160mg, Green tea 50mg, Ginkgo biloba 10mg, Nettle leaf extract 50mg, Amino acid, Vitamin B6 3mg, Collagen peptide 50mg & minerals, • HAIR LONG Serum : Procapil (Oleanolic acid, Apigenin, Biotinoyl Tripeptide-1 ) Polyquart -7, • Hair Long B + Oil: Biotin, saw palmetto, D -panthenol, Sugandha Kokila, Seasame oil, roots of karonday, olive oil , • SOFTUM Shampoo : Shea Butter, Ceramides, Soya protein, Soap/ Facewash - E-BACTY Soap : Triclosan, Allantoin & Alum , • ACNE-DAY Soap: Triclosan, Triclocarben, Glycerin, Vit. E, Aloe Vera & Tree Tea Oil, • KTZ Soap : Ketoconazole 2%, • SCABICA Soap : Permethrin, Aloe Vera & Tree Tea Oil, • BEAUTY Bar: Aloe vera, Milk protein, Shea butter, Cocoa butter, Titanium dioxide, Almond oil, • GLOWBELLA SOAP Skin Whitening: Kojic acid, Arbutin, C, VIT A, C, E & F, Liquorice Bearberry and Mushroom, • SOFTUM BABY/Moisturizer Bar pH 5.5 : Tea tree oil, Vit E, Syndet Base, Shea Butter, Aloe Butter, 4,4- Distyryl Biphenyl Dertivative, Pentaerythrityl Tetradi-t-Butyl, Hydroxyhydrocinnamate, • VISIA Soap: Aloe Vera, Vit. E & Moisturising, • VISIA Facewash: Lemon, Honey, Menthol, Mulberry Extracts, • ACNEDAY Facewash: D-panthenol, Aloe vera, Vit E & Triclosan, . SOFTUM Cleansing Lot. : Cetyl Alcohol and stearyl alcohol, • GLOWBELLA Skin Whitening Facewash : Salicylic, Kojic, Lactic and and Glycollic acid, Emollients - VISIA Cr/Lot.: Glycerine 6.0%, Tocopheryl Acetate 0.5%, Liquid Paraffin 10.0%, Cetyl Alcohol 3.0%, Squalene & Aloe Vera, • VISIA Soft Cream: Propylene Glycol, Emulsifying wax, Glycerin, Cyclomethicon, ZnO CREAM, • VISIA Lip Balm: Lip Care Lip Balm, • GLOW BELLA moisturizing LOT: Glyceryl Monostearate, Glycerol, Caprylic/Capric Triglyceride, Aloe, Barbadensis Leaf Juice, Stearic Acid, Cetaearyl Alcohol, Butyrospermum Parkii (Shea Butter), Cyclopentasiloxane, Ethylhexylglycerin, Sodium PCA, For sensitive skin, Tocophery Acetate, Disodium EDTA, Disodium EDTA, Allantoin Sunscreen - O' BAY SPF 30 Sunscreen : Octylmethoxycinnamate 5.0%, Avobenzone 2.0%, Methoxy Cinnamidopropyl Hydroxy Sultaine 2.0%, Zinc Oxide 2.0%, Allantion 0.2%, Vitamin E 0.1%, Aloe Vera Gel 0.2%. • VISIA SPF 50 Sunscreen: Octinoxate 7.5%, Avobenzone 2%, Oxybenzone 3%, Octocrylene 3%, ZnO 2%, Titanium dioxide, Psoriasis Care - TARSOFT-CS Ointment: Clobetasol 0.05%, Salicylic Acid 3% & Coal Tar 5%, ECZIVATE-MF Ointment: Clobetasol 0.05%, Salicylic Acid 3%, Urea 10% & Lactic Acid 3%, • TARSOFT Lotion: Coal

Tar 4.25% & Salicylic Acid 2%, • TARSOFT Ointment: Salicylic Acid 3% & Coal Tar 6%, Antiscabies - IVITURN Tablet : Ivermectin 6/12 mg, • PERISH Cream/Lotion : Permethrin 5%, Antiviral - F-VEER Tablet : Famciclovir 250mg, Misc - D2 PLUS Tablet : Diclophenac 50mg, Paracetamol 325 mg & & Serratiopeptidase15mg , • PAPSODOM Tablet : Pantoprazole 40 mg. & Domperidone 10 mg, • FOUR STROKE Cream : Ofloxacin 0.75%, Ornidazole 2%, Terbinafine 1% & Clobetasole Prop. queryederma@gmail.com, Ph No. :- 9034435000, 9034635000.

#### Farma Hub

Akon xt (Ferrous Ascorbate Eq. to Iron 100mg + Folic Acid 1.5mg) • Azixime (Azithromyzin 250 mg + Cefexime 200 mg) • Cefafar 250 (Cefuroxime Axetil 250mg) • Cefafar 500 (Cefuroxime Axetil 500mg) • Cefafar CV 250 (Cefuroxime Axetil 250mg + Potassium Clavulanic 25mg) • Cefafar CV 500 (Cefuroxime Axetil 500mg + Potassium Clavulanic 25mg) • Cefafar CV 500 (Cefuroxime Axetil 500mg + Potassium Clavulanic 125mg) • Cefizan Plus (Cefixime 200mg + Ofloxacin 200mg) • Chestwin (Paracetamol 500 + Cetirizine 5 mg + Phenylephrine 10 mg) • Clonazan- ET (Clonazepam 0.5mg + Escitalopam Oxalate 10mg) • **Defahub 6** (Deflazacort 6mg) • **Drotyfar- M** (Drotaverine Hcl 80mg + Mefanamic Acid 250mg) • **Farclav-625** (Amoxycillin Trihydrate 500mg + Clavulanic Acid 125mg) • Farnac- Forte (Trypsin 48mg + Bromelain 90mg + Rutoside 100mg + Diclofenac potassium 50mg) • Farnac- P (Aceclofenac 100mg + Paracetamol 325mg) • Farnac- SP (Aceclofenac 100mg + Paracetamol 325mg + Serratiopeptidase 15mg) • Farpod 100 (Cefpodoxime Proxetil 100mg) • Farpod 200 (Cefpodoxime Proxetil 200mg) • Farpod CV (Cefpodoxime Proxetil 200 mg + Pot. Clavulanate 125mg) • Farcof Cold (Paracetamol 325 mg + Guaiphenesin 100 mg +Ambroxol 30mg + Phenylephrine 10 mg + Cpm 10 mg) • Fixim 100 DT (Cefixime Trihydrate 100mg) • Fixim 200 DT (Cefixime Trihydrate 200mg) • Fixim-LB 50 **DT** (Cefixime with Lactic Bacillus 50mg) • **Fixim Plus** (Cefixime Trihydrate 200mg + Ofloxacin 200 mg) • **Folytin** (Biotin 10mg + Folic Acid 5mg) • **Joycin 500** (Levofloxacin 500mg) • Joyclav 625 (Amoxycillin Trihydrate 500mg + Clavulanic Acid 125mg) • Kalen (Calcium Citrate 100mg + Calcitrol 0.25mg) • Linez 600 (Linezolid 600 mg) • Necfine- P (Diclofenac Sodium 50 mg + Serratiopeptidase 10mg + Paracetamol 325mg) • Nipafar (Nimesulide 100mg + Paracetamol 325mg) • Panfar 40 (Pantoprazole 40 mg) • Panfar D (Pantoprazole 40 mg) Domeperidone 10 mg) • Parahub D (Parcetamol 500 mg + Domeperidone 10 mg) • Udifine 300 (Ursodeoxycholic Acid 300mg) • Veebaz 250 (Azithromycin Dihydrate 250mg) • Veebaz **500** (Azithromycin Dihydrate 500mg) • Windfar- L (Levocetrizine HCL 5mg + Montelukast

Sodium 10mg) • Wisoflox 200 (Ofloxacin 200mg) • Wisoflox- OZ (Ofloxacin 200mg + Ornidazole 500mg) • Zan-M-Spas (Mefenamic Acid 250 mg + Dicyclomine Hydrochloride 10 mg) Dirhram (Omeprazole 20mg)
 Dirhram-D
 (Omeprazole 20mg + Domeperidone 10mg) Farclox (Amoxycillin Trihydrate 250mg + Dicloxacillin Sodium 250mg) • Lycofar (Lycopene 10% 5000mcg + Beta Carotene (7.5% dispersion) 20mg + Mecobalamin 250mcg + Vitamin B6 3mg + Folic Acid 1.5mg + Chromium Picolinate 75mcg + Green Tea Extract 50% 200mg + Sodium Selenate 100mcg + Zinc Sulfate Monohydrate 27.453mg) • Necessity (Methylcobalamin 1000mcg + Benfotiamine 100mg + Pyridoxine Hcl 1.5mg + Alpha Lipoic Acid 100mg + Folic Acid 0.75mg) • Panfar DSR (Pantoprazole Sodium Sesquihydrate 40mg + Domeperidone 30mg) • Rabyfar- DSR (Rabeprazole Sodium 20mg + Domeperidone 10mg) • Rabyfar IT (Rabeprazole Sodium 20mg + Itopride 30mg) • Rabyfar L (Rabeprozole 20 mg + Levosulpride 75 mg) • Zactovit (Lactic Acid Bacillus With Vitamin B-Complex) • Apyfar (Cyproheptadine HCI IP 2mg + Tricholine Citrate 275mg) • Chestwin (Paracetamol 125 + Cetirizine 2 mg + Phenylephrine 5 mg) • Covent- LC (Chlorpheniramine Maleate 4mg + Codeine Phosphate 10mg) • Defahub (Deflazacort Oral Suspension 6mg) • Farcof-AB (Ambroxol 15mg + Terbutaline Sulphate 1.5mg + Guaiphenesin 50mg + Menthol 1mg) Farcof- CD (Codine Phosphate 10mg Chlorpheniramine Maleate 4mg) • Farcof- D (Chlorpheniramine Maleate Dextromethorphan Hydro bromide 10mg + Phenylephrine Hydrochloride 5mg) • Farcof- LS (Levosalbutamol Hydrochloride 1 mg + Ambroxol

Necessity (Lysine Hydrochloride 10.0mg + Lycopane 6% 1000.0mcg + Vitamin A 1250.0lÚ + Cholecalceferol 100.0lU + Vitamin E 5.0lU (as D-L Alpha tocopheryl Acetate) + Cyanocobalamin 0.5mcg + Sodium Selenate Eq. to Selenium 17.5mcg + Vitamin C 25.0mcg + Thiamine Hydrocloride 1.0 mg + Riboflavin Sodium Phosphate 1.5mg + Pyridoxime Hydrochloride 0.75mg + Copper Sulphate 100.0mcg + Potassium Lodide 50.0mcg + Zinc Sulphate Eq. to Elemental Zinc 1.5mg In a Flavoured Syrupy Base) • PARAHUB DS (Paracetamol 250mg) • Parahub MF (Mefenamic Acid 50mg + Paracetamol 325mg) • Pro-Wizz (Promethazine HCL 15mg + Paracetamol 125mg) • Raceone (Racecadotril IP 10 mg. Suspension) • Utility (Uterine Tonic) • Veebaz 200 (Azithromycin Dihydrate 200mg) • Wiskorid (Terbutaline Sulphate 1.25mg + Bromhexine HCL 4mg + Guaiphenesin 50mg + Menthol 2.5mg) • Wisoflox- OZ (Ofloxacin 50mg + Ornidazole 125mg) Zanliv (Strong Liver Tonic) Proxetil 50mg/5ml) • Farclav (Amoxycillin 200mg + Clavulanic Acid 28.5mg) • Fixim (Cefixime Trihydrate 50mg / 5ml) • VB Pod (Cefpodoxime Proxetil 50mg/5ml) • Colizan (Simethicone 40mg + Dill Oil 0.005ml + Fennel Oil 0.0007mg) • Sai-Dom (Domperidon Suspension) • Earfine (Ofloxacin + clotrimazole + Beclomethasone + Lignocaine) • Cefafar-1gm Inj. (Ceftriaxone 1gm) • Cefafar-S (Ceftriaxone 1gm + sulbactum125) • Farclav Inj 1.2gm (Amoxycillin Trihydrate 1000mg + Clavulanic Acid 200mg) • Farmazone-SB Inj. (Cefoperazone Sodium 500mg + Sulbactam Sodium 500mg) • Mecofine inj (Mecobalmine 1500 mcg) • Panfar-IV (Pantoprazole Sodium 40mg) • Supataz 4.5 gm Inj. (Piperacillin Sodium 4gm + Tazobactam Sodium 500mg) • Clobezan Cream (Clobetasole + Miconazole + Neomycin Cream) • New Shine Cream (Hydroquinone USP 2%w/w + Tretinoin USP 0.025%w/w + Mometasone Furoate IP 0.1%w/w) • New Shine Cream (Hydroquinone USP 2%w/w + Tretinoin USP 0.025%w/w + Mometasone Furoate IP 0.1%w/w SCHEME (with soap) • New Shine Acne Cream (Adapalene 0.1% +Clindamycin Phosphate IP 1%) • Farnac Oil (For Joints Pain & Osteoarthritis) • Diclozan Gel (Diclofenac + Methyl Salicylate + Menthol Gel) • Farnac Gel (Linseed Oil 3.00%w/w + Diclofenac Diethylamine 1.16%w/w + Menthol 5.00w/w% + Methyl Salicylate 10.00w/w% + Benzyl Alcohol 1.00%w/w) • Progud-DHA (Protein Powder with DHA & Methylcobalamine (Chocolate Flavour ) Tin Pack) • New Shine soap (Alovera 4 % w/w + Glycerine IP 1% w/w ,Vitamin E IP 0.25 % w/w , Urea IP 1% w/w ,safflower oil 0.5%, & Skimmed milk Powder 2% & Soap Noodles q.s) • kalen (Calcitriol IP 0.25 mcg + Calcium Carbonate IP 500 mg + Zinc 7.5 mg) • Necessity Gold (Soft Gel Capsules of Omega-3 Fatty Acids + Green Tea Extract + Ginkgo Biloba + Grape Seed Extract Antioxidants + Vitamins + Minerals + Trace Elements) • Turbo Gold Caps (Soft Gel Capsules of Omega-3 Fatty Acids + Green Tea Extract + Ginkgo Biloba + Grape Seed Extract + Antioxidants + Vitamins + Minerals + Trace Elements) Mob.:- 09837187230.

hydrochloride 30 + Guaiphenesin 50 mg) • Farliv (An ideal formulation for liver Dys Functions)

Farzyme (Fungal Diastase 50 mg + Pepsin 10 mg) • Farnac-P (Aceclofenac 50mg+ Paracetamol 125mg (with carton) • Lycofar (Lycopene 6 % minerals with Antioxidant Syp) •



#### **Product List**

#### **Ayurmed Lifecare**

AYURMED WHEAT GROS PLUS TAB (Triticum Sativum-- 250mg) (Tinospora Cordifolia--150mg) (Aloe Barbadensis-- 100mg) • ACCULIV-DS CAP. (Strong Formula For Strong Liver) BONE HEALTH TAB (Cissus Quadra Ext 750Mg) (Vitex Nirgundo Extr 200Mg) (Boswellia Serrata 200Mg) (Withania Somnifera 100Mg) • DIBE QUIT CAP (For Maintenance Of Normal Blood Sugar) • DIBERITE TAB (Karela 150gm + Gudmar 150mg + Vijaysar 10mg + Saptranga 20 mg + Nagarmotha 20mg + Kutki 10mg + Bel Patra 20mg + Kalmegh 20mg + Tejpatta 10mg + Methi 10mg + Amrita 10mg + Bhringraj 10mg + Jamun 150mg + Chandarpharbha Vati 20mg + Shilajit 20mg + Triwang Bhasam 15mg + Vasantkusumakar Ras 5mg) • FULL CHARGE GOLD CAP. (Power Cap. For Men) (For Vigour And Vitaliy) • LEUCO-QUIT CAP. (For Leucorrhoea And DysmenorRhoea) • LAXI- GOL TAB (For Constipation & Bowel Regulation) • MENSO ACT FORT CAP. (A Herbal Menstrual Regulatior) • MEMO SHARP CAP. (Brahmi 75 mg, Satavar 25mg, Asgandh 50 mg, Kuth 50 mg, Vacha 50 mg, Gavjava 50 mg, Kali Mirch 15 mg, Shakh Pusphi 40 mg, Gorakhmundi 25mg, Mochras 50mg, Ras Sindoor 20mg) • ORTHO ACT CAP (Quick Relie From Pains) • PUREKLEEN CAP (Mulethi 25mg + Brahmi 25mg + Khas 25mg + Kachoor 25mg + Manjishta 25mg + Ananat Mool 20mg + Kachnar Chhal 25mg + Chop Chini 25mg + Bakayan Chhal 25mg + Nag Kesar 25mg + Shar Punkka 25mg + Dalchini 25mg + Gulab 25mg + Sanay 25mg + Pitpapra 25mg + Daru Haldi 25mg + Babchi 25mg + Nagar Motha 25mg + Lodh 25mg + Suhajan Chhal 10 Mg + Giloy 20 Mg) • PYLO QUIT CAP (For Quick Relif Foum Piles) • RE GROW HAIR CAP (Bhringraj-80mg, Amalaki-80mg, Nagarkesar-30mg, Ushira-20mg, Godanti Bhasma-60mg, Dhatri Loh-50mg, Narsinha Churna-50mg, Arogyavardhini Ras-50mg, Saptamrit Loh-25mg, Abhrak Bhasma-10mg, Gandhak Rasayan-30mg, Swarna Makshik Bhasma-10mg, Lata Karanj-5mg.) • STONE QUIT CAP (Strong Herbal Alkalinizer For Renal & Kidney Stone) • SURESLIM CAP (Triphala 400mg + Garcinia Combogia 400mg + Commiphora Wightii 350mg + Picrorrhiza Kurooa 200mg + Plumbago Zeylanica 150mg + Clerodendron Phlomoides 150mg + Mordeum Vulgare 150mg + Trikatu 100 Mg+ Embelia 75mg) SYRUP:- AYURMED PANCHAM TULSI (Extracts Of Five Types Of Tulsui) (A Powerful Combination Of Anti-Oxidant, Anti-Biotic, Anti-Bacterial, Anti-Viral, Anti-Toxin Etc) APPYZYME SYP. (Powerfull Herbal Enzyme Syp.) • KHANSI AMRUT (Haldi, Adulsa With Tulsi Cough Syp.) (SUGAR FREE) • LAXI-GOL NATURAL SYP (Ficus Carica 450mg, Glycrrhiza Glabra 150Mg, Cassia Angusti folia 150mg, Rheum Emodi 150mg, Cassia Fistula 75mg) • LEUCO-QUIT SYP. (Uterine Tonic) • LIVOACT-DS SYP. (Liver Syp Double Strenth With Aloevera) LIVENCID SYP (LIVER + ENZYME + ANTACID) MEMO SHARP SYP. (Brain Tonic) • ORTHO-ACT SYP. (For Quick Relief From Pain) • PUREACTIVE MALT (For Complete Nutrition) PUREKLEEN SYP. (Blood Purifire Syp.) PURE PLATRICH (Enriched With Carica Papaya, Amla, Aloe Vera, Haritaki, Giloy & Tulsi) • STONE QUIT SYP. (Stone Herbal Alkalinizer For Renal & Kidney Stone) • SURE SLIM SYP. (Mysine Ofricana 45g, Phyllanthus Emblica 43g, Teminalia Chebula 35g, Teminalia Belirica 35g, Cyprus Ratundus 0.9g, Cuminum Cyminum 12g, Feniculum Vulgari 12g, Popaver Somnifemum 0.01g, Sita Corberif 0.03g, Aloe Barberif 0.05g, Corinadrum Sativum 0.05g) • UDAR-AMRIT SYP. (Relief From Hyperacidty Flaulence Heart Burn & Dyspepsia) JUICE:- AMLA PLUS JUICE (Enriched With Tulsi, Ashwagangha, Shatawar & Giloy) • ALOVERA PLUS JUICE (Enriched With Amla, Tulsi, Shankh Pushi & Brahmi) • JAMUN KARELA PLUS JUICE (Enriched With Neem, Gudmar & Methi) • TRIPHALA PLUS JUICE (AMLA - 750MG, BAHERA - 750MG, HARAR -750MG, TULSI - 250MG, GILOY - 250MG) OIL:- FULL CHARGE GOLD TILA (Herbal Oil For Sexual Purpose (FOR MEN) • ORTHO ACT OIL (Paine Releving Oil) • RE GROW HAIR OIL (Hair Regrowth Treatment) POWDER:- LAXI-GOL POWDER (Laxi Lative Churna Whith Isbagol (Sugar Free) • PURE BODY GROW POWDER (For Weigh Gain, Increses energy & Muscles Devlopment) BALM:- PRATEEK PAIN BALM (Gandh Puri Tail- 50%, Pipper Ment-10%, Nilgiri Tail-2.5%, Cajuputi Tail- 2.5% Ph.:- 01795-244446.

#### **Tensfree Medicare**

DONACT-5 TAB (Donepezil 5mg) • INSOFRESH-10 TAB (Zolpidem 10 Mg) • MIG ACT-10 TAB. (Flunarazine 10 Mg) • MEDIPINE- MD 5 TAB (Olenzapin Md 5 Mg) • MEDIPINE- MD 10 TAB (Olenzapin Md 10 Mg) • NILDEP-20 TAB (Floxitin DT 20 Mg) • PROPELAR-F TAB (Flunarazine 10 Mg) (Propranol 40 Mg SR) • PARKYDYL -2 (Triphenihexydy I 2mg) • PARKYDYL PLUS 2 (Triphenihexydy I 2mg) (Resperidone 2 Mg) • PARKYDYL PLUS 3 (Tripheninexydy I 2mg) (Resperidone 3 Mg) • PARKIZINE-5 TAB (Triphenihexydyl 2) (Triflupramazine 5 Mg) • SEIZUMATE-50 TAB (Topiramat 50 Mg) • TENCITA-C TAB (Escitalopram 10 Mg.) (Clonazepam 0.5 Mg) • TENCITA-EZ TAB. (Escitalopram 10 Mg.) (Etizolam 0.5 Mg) • TENCITA-FP TAB. (Escitalopram 10 Mg.) (Flupentixo I 0.5 Mg) • TENSI FRESH-0.5 MD TAB (Clonazepam 0.5 Mg) • TENSI FRESH-0.5 MD TAB (Clonazepam 0.5 Mg) • TENSI FRESH-0.5 MD TAB (Clonazepam 0.5 Mg) • TENCILINE AMP. (Citicolin 1000 Mg) Ph.:- 01795-244446.

#### **R KEY ENTERPRISES**

TABLETS BLISTER / ALU / ALU / STRIP:- CROMOEX-AP (Aceclofenac 100mg+Paracetamol 325mg) • CROMOEX-AP (Aceclofenac 100mg+Paracetamol 325mg) • CROMOEXRAN-150 (Ranitidine Hydrochloride IP 150mg (Alum-Strip) • CROMOEX-C200 (Cefixime 200mg) • CROMOEX-ALP (Alprazolam 0.25mg, 0.5mg) • CROMOEX-CF (Cefixime 200mg+Ofloxacin 200mg) • CROMOEX-AZLB (Cefixime 200mg+Azithromycin 250mg+Lactic Acid Bacillus 60 MS) • CROMOEX-DP S (Diclofenac Potassium CROMOEXGESIC BN 50mg+Paracetamol 325mg+Serratiopepdidase 10mg) • (Buprenorphine 2mg+ Naloxane 0.5mg) • CROMOEX-LM (Levocetrizine 5mg+Montleukast 10mg) • CROMOEX-NP (Nimesulide 100mg+Paracetamol 325mg (Clear) • CROMOEX-NP (Nimesulide 100mg+Paracetamol 325mg (Gold) • CROMOEX-P40 (Pantoprazole 40mg(Alu-Alu) • CROMOEX-PD (Pantoprazole 40mg+Domperidone 10mg(Alu-Alu) • CROMOEX-NZ10 (Nitrazezepam 10mg) • CROMOEX-RD (Rabeprazole 20mg+Domperidone 10mg(Alu-Alu) • CROMOEX-DPC (Diclofenac Potassium 50mg+Paracetamol 325mg+Chlorozoxazone 250mg) • CROMOEX-ASP (Aceclofenac 100mg+Paracetamol 325mg+Serratiopepdidase 10mg) • CROMOEX-ACP (Aceclofenac100mg+Paracetamol 325mg+ Chlorozoxazone 250 mg) • CROMOEX-DPM (Diclofenac Sodium 50mg+Paracetamol 325mg+Magnesium Trisilicate 100mg) • CROMOEXSONE (Betamethasone Sodium Phosp. 0.5mg (Alum-Strip) • CROMOEX-S100 (Sildenafil Citrate IP 100mg (Mono Carton) • CROMOEX-TP (Tramadol 50mg+Paracetamol 325mg) • CROMOEX-GM1 (Glimepride 1mg+Metformin 500mg) • CRO-MOEX-GM2 (Glimepride 2mg+Metformin 500mg) • CROMOEX-C0.25 (Clonazepam 0.25mg Mouth Desolving Tabs) • CROMOEX-C0.50 (Clonazepam 0.50mg Mouth Desolving Tabs) • CROMOEX-C1 (Clonazepam 1mg Mouth Desolving Tabs) • CROMOEX-AZ 250 (Azithromycin 250mg) • CROMOEX-AZ 500 (Azithromycin 500mg) • CROMOEX-T (Telmisartan IP 40mg) • CROMOEX-THC (Telmisartan 40mg & Hydrochlorothiazide 12.5mg) CROMOEX-TA (Telmisartan 40mg & Amlodipine 5mg)
 CROMOEX-C 250 (Ciprofloacin 250mg) • CROMOEX-C 500 (Ciprofloacin 500mg) • CROMOEX-KIT (Each Kit contains: 1 Tablet of Mifepristone 200mg + 4 Tablets of Misoprostol 200mg) • CROMOEX-OF (Ofloxacin 200mg) TABLETS LOOSE PACK:- LOTAB-CZ (Cetirizine Dihydrochloride 10mg) • LOTAB-PRO (Cyproheptadine 4mg) LOTAB-D50 (Diclofenac Sodium 50mg) • LOTABSONE (Betamethasone Sodium 0.5mg) • LOTAB-DEX (Dexamethasone 5mg) • LOTAB-N (Nimesulide 100mg) • LOTAB-PAS (Dicyclomine 20mg+Paracetamol 325mg) CAPSULES BLISTER / ALU /ALU /STRIP:- HARTIN-O20 (Omeprazole IP 20mg(Alum-Strip) • HARTIN-

OD (Omeprazole IP 20mg+Domeperidone IP 10mg) • HARTIN-RD (Rabeprazole 20mg+Domperidone30mg (SR) • HARTIN-RL (Rabeprazole 20mg+Levosulpride 75mg (SR) HARTIN-PD (Pantoprazole 20mg+Domperidone 10mg (SR) • HARTIN-E PLUS (Eperisone Hcl IP 150mg+Diclofenac Potassium 100mg) • HARTIN-VBC (Dicyclomine Hcl 10mg+Tramadol Hcl 100mg+Acetaminophen 325mg) • HARTIN-IDSR (Esomeprazole 40mg+Domiperidone 30mg (SR) • HARTIN-LIC (Lycopene(6%) 2000mcg + Vit A(acetate) IP-2500 iu + Alpha Tacopheryl Acetate IP 10 iu + Vit C(Coated) Lp-50mg, Zinc Sulphate) ORAL LIQUIDS SYRUP PET BOTTLE/ SUSPENSIONS:- HONEYDRYL-AP (Each 5ml Contains: Aceclofenac 50mg+Paracetamol 125mg) • HONEYDRYL-CD (Each 5ml Contains: Codeine Phosphate 10mg+Chlorpheniramine Maleate 1.25mg) • HONEYDRYL-NM (Each 5ml Contains:Norfloxacin 100mg+Metronidazole 100mg) • HONEYDRYL-ON (Ondansetron Hcl IP 4mg) • HONEYDRYL-CT (Each 5ml contains:Cyproheptadine Hcl IP 2 mg+ Tricholine Citrate 275mg+Sorbitol(70%)Solution 2.5gm) • HONEYDRYL-O+ (OFLOXACIN, ORNIDA-ZOLE, RACECADOTRIL SUSP.) . HONEYDRYL -CX (CEFIXIME 50MG/5 ML DRY SYRUP) HONEYDRYL-CF (CEFIXIME 50MG+OFLOXACIN 50 MG DRY SYRUP) EYE / EAR DROPS PLASTIC PACK:- OPMIC-DC (Dexamethasone+Chloramphenicol) • OPMIC-CD (Ciprofloxacin+Dexamethasone) • OPMIC-GD (Gentamicin+Dexamethasone) • OPMIC-OD (Ofloxacin+Dexamethasone) • OPMIC-SM (Sodium Carboxy Methylcellulose 0.5% Stabilised Oxychloro Complex) INJECTEBLE'S BLISTER/BOX PACK:- TERALGESIC ("Each ml Contains:Buprinorphine Hcl 0.3mg") • TERAL-ND25 (Each ml Contains:Nandraolone Deainate 25mg) • TERAL-ND50 (Each ml Contains:Nandraolone Deainate 50mg) • TER-ALVIT (Each ml Contains: Vitamin A+Vit.D3+Vit.E+B1+B2+B6) • TERAL-A (Each ml Contains: Alpha-Beta Arteether) • TERALZIN (Each ml Contains: Pentazocine 30mg) • TER-ALIUM ("Each ml. Contains:Diazepam I.P : 5mg.") • TERALFENAC (Each ml Contains:Diclofenac Sodium 25mg) • TERALKET )Each ml Contains:Ketamine 50mg) • TERALIS (Each 5ml Contains:Iron Sucrose) Mob:- 08375941109.

## Cheminnova Aclonova-MR Tab (Aceclofenac100mg+Paracetamol 325mg+Chlorzoxazone500mg) •

Aclonova-P Tab (Aceclofenac100mg+Paracetamol 325mg) • Aclonova-SP Tab (Aceclofenac100mg+Serratiopeptidase 15mg+Paracetamol 325mg) • Aclonova-TP Tab (Aceclofenac100mg+pcm325mg+ Thiocolchicoside4mg) • Alkachem Syp (Disodium Hydrogen Citrate 1.58mg) • Allervict -M Tab (Levocetrizine.Di-Hcl.5mg+Montelukast 10mg) Allervict -M Kid (Levocet.Di-Hcl.2.5mg+Montelukast 4mg Tab) • Allervict-M Syp. (Levocet.Di-Hcl.2.5mg+Montelukast 4mg) • Allervict -Tab (Levocetrizine.Di-Hcl.5mg) • Allervict -Plus (Levo.5mg+Phenyleph.5mg+pcm325) • AllervictMD Tab (Doxophyllin (SR) 400mg+Montelukast10mg) • Acnetrin S/G Capsule (Isotretinoin20mg) • Azichem-LB +LactoBacillus 60 Millions Spors Tablets) • Carnident S/G (L-Carnitine150mg+Natural Vit.E200mg +Calcium Citrate 500 mg +Calcitriol.0.25mg) Chemifix 100 DT (Cefixime100mg (Dispersible Tab) • Chemifix 200 Tab (Cefixime200mg) • Chemifix-AZ Tab (Cifixime200mg+Azithromycin250mg.+LactoBacillus 60 Millions Spors) Chemifix-O Tab (Cifixime200mg+Ofloxacin200mg .+LactoBacillus 60 Millions Spors) Chemiflox-OZ (Ofloxacin200mg + Ornidazole500 TAB) • Cromotrip Tab (Trypsin Chymotrypsin1 Lac units) • Cromotrip-D Tab (Trypsin Chym.50 units+Diclo.50mg) • Cromotrip-Plus Tab (Trypsin - 48mg+Bromeline 90mg+ Rutoside100mg+Diclofence 50mg) Cromotrip-BR (Trypsin - 48mg+Bromeline 90mg+ Rutoside100mg) • Chemither Inj. (Alpha Beta Arteether Inj) • Chemither-Lumi (Armeetheter & Lumifantrine) • Chemitin-10 (Biotin10mg tab) • Dichem-GEL (Diclo.+Menthol+Methylsalicylate+Linseed Oil) • Falcizero Inj (Artesunate 60mg) • Fabulous Tab (Febuxostat40mg) • Flochem-500 Tab (Levofloxacin500mg) • Flochem-750 Tab (Levofloxacin750mg) • IKLA-625-LB-TAB (Amoxycillin500mg+ Clavulanic125mg+ LactoBacillus 60 Millions Spors) • Ikla-DS (Amoxycillin125mg+Clavulanic62.5) • Irove-XT Drops (Ferrous Ascorbate10mg+Folic Acid 100mcg) • Irove-XT Susp. (Ferrous Ascorbate 30mg+Folic Acid 550mcg) • Irove-XT Tab (Ferrous Ascorbate 100mg+Folic Acid 1.5mg) • Irove-XT Inj (Iron Surose inj) • Irove-XT Inj (Iron Surose inj) • Ivernova-A Tab (Ivermectin 6mg+Albendazole400mg) • Lyconova S/G (Lyco 6000 + Green Tea 100 + B6 24 + B12 20 + E 19.46 + C 150+ Folic Acid 750 + Sele 50 + Choline 10) • Lyconova Susp (Lyco 1000 mcg + A 2500 + E10 + C 50 + Sele 35 + Zinc 3 + Mang 2 + Iodine 100 + Cop. 500 + Thia. 2 + Ribo. 3 + Pyro) Limet Tab. (Glimipride 2mg+ Metformin 500mg (S.R) Limet-PG (Glimipride2mg+Metfor500mg+Piogt+15mg) • MP-CIN (Muperocin.25%) • Mytodac-600(ER) (Etodolac Extended-Release 600Mg) • Mytodac-P (Etodolac 300Mg+PCM325Mg) • Mytelone-MR (Metaxalone 400mg + Diclofenac 50mg) • Nanocob PG cap (Methylcobalamin500mcg+Pregabelin 75mg) • Nanocob-GB cap (Methylcobalamin500 mc +Gaba300mg) • Nanocob-Inj (Methyl.1000mcg+Nic100mg+B12. 100mg) • Nanocob-LC (Methycobala.1500 mcg +L-Carnitin500mg) • Nanocob-OD CAP (Methylcobalamine1500mcg + ALA 100mg + Pyridoxine Hdl.3mg+Folic Acid 1.5mg) Novazide 250 Inj (Ceftazidime 250 mg) Novazide-S (Ceftazidime1000 mg+Sulbactam500mg) • Novazide-TBZ (Ceftazidime1000 mg+TAZO1.25mg) • Osteofol-D3 (Cholecaciferol60000 I.U (Soft Gelatin) • Osteofol-D3 (Cholecaciferol60000 I.U (sachet) • Osteofol-GM cap (Dicerin+Glucosamine+MSM) • Pantaway-40 Tab (Pantoprazole 40mg) • Pantaway-D Tab (Pantoprazole40mg + Dom.10Mg) • Pantaway-DSR (Pantoprazole40mg Dom.30Mg SR) • Pantaway-IV Inj (Pantoprazole40mg) • Pericef- S-1.5 Inj (Cefoperazone1000mg+Salb500mg) • Pericef-TBZ (Cefoperazone1000mg+Tazob.125mg) • PLC-UP CAP (Carica Papaya Ext.350Mg+Tinospara Cordifolia Ext150Mg) • Podimix-100 DT (Cefpodoxime100mg TAB) • Podimix-CV DS (Cefpodoxime125+Clavulanic2.5mg) • Tab) • Podimix-CV325 (Cefpodoxime200mg+ Clav125mg Podimix-200 tab (Cefpodoxime200mg) • Powertrix Inj (Ceftriaxone1000mg) • Powertrix-S 375 (Ceftriaxone250mg + salbactam125mg) • Powertrix -S Inj (Ceftriaxone1000mg +Salbactam500mg) Powertrix TBZ (Ceftriaxone1000mg + Tazobactam1.125mg) • Protoway (Protein Powder) • Rabechem-D (Rabeprazole20mg + Dom.10Mg) • Rabechem-DSR (Rabeprazole20mg + Dom.30Mg SR) Rabechem-Plus (Rabeprazole20mg + Levosulpride75mg Cap) • Ripbact-Inj (Piperacillin4mg + Tazobactam500mg) • Softrol (Soft Gelatin) (Calcium Citrate 500mg + Calcitroil0.25 mcg + Zinc 7.5mg + Magnisium20mg) • Softrol-CQ(Tab) (Cissus Quadrangularis 500mg+CCM 1000MG+Vit.K27 45MCG+Vit.D31000 IU +L-Methylfolete 1mg) Sporcalm Cap (Pre & Probiotics Cap) • Sporcalm Sachet (Pre & Probiotics Sachet) • Sterochem-M (Methylprednisolone4mg Tab) • Sterochem-M-16 (Methylprednisolone16mg Tab) • SterochemND25 (Nandrolone Decanoate Inj Dispo pack) • SterochemND50 (Nandrolone Decanoate Inj Dispo pack) • Sterochem-6 tab (Deflazacort6mg Tab) • Sterochem-T Inj (Triamcinolone40mg) • Terbinova Tab (Terbinafine-250mg) Telsam-H Tab (Telmisartan40mg+HCTZ 12.5MG TAB) • Telsam-AM Tab (Telmisartan40mg+Amlodepine5mg) • Telsam-40 Tab (Telmisartan40mg) Uriprost Tab (Tamusulosin0.4) • Uriprost -D Tab (Tamusulosin0.4+Dutasetride 0.5) • Vertisafe 16 Tab (Betahistine Di-Hydrochloride 16mg) • Vertisafe 8 Tab (Betahistine Di-Hydrochloride 8mg) • Vitaxing-Soft Cap (Vit. A 2500 + B1 1mg + B2 1.5mg + B3 10mg + B5 5mg + B6 1mg + B12 1mvg + C 50mg + D3 200iu + E5 mg + Fol. Acid 15mg + Cal. 75mg + Phos. 58mg + Ferr. Fum 30mg + Zinc 10mg + Magn. 3mg Pot. 2mg + Mang. 0.5mg + Copp. 0.5mg + lod. 0.1mg + Ginseng pow. 42.5mg) • Vomichem-2ml (Ondansetron 2mcg) • (Ondansetron 4mg (Mouth Dissolving) • Zn-kid Syp (Zinc Gluconate20mg)

Mob.:09417466020, 9417149040.

#### **Forth Coming Events**

February 17-March 1, 2018 Duphat 2018 (Dubai, U.A.E) The 23rd edition of Dubai International Pharmaceuticals and Technologies Conference and Exhibition is scheduled to be held at Dubai International Convention and Exhibition Centre in Dubai, U.A.E. for details contact: INDEX Conferences & Exhibitions Organisation Est, Headquarters, Road# D-62 Opposite Nad Al Hamar, Dubai, United Arab Emirates Tel.: +971-4-520-8888 Fax: +971-4-338-4193. E-mail: info@duphat.ea: Website:www.duphat.ae

March 2-4, 2018 Medicare Colombo 2018 (Clombo, Sri lanka.) The 9th edition of Sri Lanka's only national healthcare exhibirion, 'Medicare 2018' is scheduled be held at the Sirimavo Bandaranaike Memorial Exhibition Hall in Colombo, Sri Lanka. For details contact: Global Trade Fairs, No. 70-A, R.V.L. Nagar Uppilipalayam (post), Coimbatore 641015, Tamilnadu, India, Mobile:+91-960-020-0400, Tel .;+91-422-259-0407. E-mail:gtfcbe@gmail.com and/or madhawa@aitkenspence.lk Website:www.medicare.lk

March 3-5, 2018 MedHealth Kenya 2018 (Nairobi, Kenya) An International trade exhibition on Hospital supplies, Medical, Surical, Laboratory equipment, Pharmaceutical etc is scheduled to be held at KICC in Nairobi, Kenya. For details contact:Gtow Exhibitions, P.O.Box 103574, Dubai, U.A.E. Tel.:+971-4-3964906, Fax:+971-4-3964904. E-mail: Maggie.z@growexh.com ; Website:http//www.growexh.com/medhealth

March 5-7, 2018 Africa Healthcare and Dental Summit 2018 (Olympia, London, U.K.) The 5th edition of Africa Healthcare Week is scheduled to be held at Olympia in London, United Kingdom, This business event shall provide high-leval discussion and meetings into the investment opportunities and technology opportunities and technology procurement requirements of Africa's healthcare industry. A concurrent Dental summit shall also be held along with Africa Healthcare Summit 2018 For details contact: Oliver Kinross, 1-3 Worship Street, London, EC2A 2AB, U.K Tel.:+44-203-058-2381. Email: Victoria.fields@oliverkinross.com; Website: www.africahealthcareweek.com

March 7-10, 2018 Tunisia Health Expo 2018 (Tunis, Tunisia.) An event for public and private medical fraternity to know the most recent technologies and development in all the branches of the health sector is scheduled to be held at Exhibition park and the International Trade Centre in Tunis, Tunisia. For details contact Society Doe Foires International De Tunis, parc DesExpositions Et Centre De Commerce International B.P. N1 2015 Le Kram, Tunis, Tunis, Tunisia. Tel.; +216-71-973-111/976-111, Fax: +216-71-971-666. E-mail: itf.com@fkra.com.tn; Website:http://www.tunisia-healthexpo.com.tn

March 13-14, 2018 Future Healthcare (London United Kingdom.) An International exhibition and conference on future healthcare is scheduled to be held at London, Olympia in United Kingdom For details contact: Pri-Med Global Plc, 14 Hanover Street, Hanover Square, London WIS IYH, U.K. Tel.:+44-0203-470-4666. E-mail: info@futurehealthcareuk.com

March 13-15,2018 Intermed 2018 (Mosscow, Russia.) The 9th edition of International Exhibition dedicated to medical treatment abroad, InterMed, is scheduled to be held at Expocentre Fairgrounds in Moscow, Russia For details contact: Prime Expo. 24A Yakubovicha st. Sr Petersburg, 190000, Russia. Tel.:+7-812-380-6000. E-mail:med@primexpo.ru: Website: www.intermedexpo.ru

March 15-19, 2018 KIMES 2018 (Seoul, Korea.) The 34th edition of Korea International Medical and Hospital Equipment Show is scheduled to be held at COEX in Seoul, Korea. For details contat: E & Ex Inc.(KIMES 2018 Secretariat), Rm.2001, WTC,511, Yeongdong-dearo, Gangnam-gu, Seoul, 06164, Republic of Korea. Tel.:+82-2-551-0102, Fax:+82-2-551-0103, E-mail: kimes@kimes.kr; Website: www.kimea.kr

March 16-18, 2018 Meducal Fair India 2018 (Mumbai, India.) The 24th edition of International Conference and exhibition is scheduled to be held at Bombay Convention and Exhibition Centre in Mumbai, India For details contact: Messe Dusseldorf India Pvt.Ltd., 302-302 A. 3rd Floor, Salcon Aurum, Plot No 4. Jasola District Centre, Near Delhi-110025, India. Tel.:+91-11-4855-0057 and/or TyagiS@md-india.com; Website:www.medicalfair-india.com

March 22-25 2018 Expomed Eurasia 2018 (Istanbul, Turkey,) The 25th edition of the event dedicated to Medical Analysis, Diagnosis, Treatment. Rehabilitation Paduct, Device, System, Technology, Equipment and Hospitals Fair is scheduled to be held at Tuyap Fair and Congress Centre in Turkey, Istanbul. For details contact: Reed Tuyap Fuarcilik A.S., E-5 Roadway, Gurpinar Crossroad Reed Tuyap Fuarcilik A.S., E-5 Roadway, Gurpinar Crossroad 34500, Buyukcekmece, Istanbul, Turkey, Tel.:+90-212-867-1100, Fax:+90-212-886-6698. E-mail:info@reedtuyap.com.tr;

**April 2-4, 2018** Medlab Asia 2018 (Suntec City, Singapore) An international event which shall bring together leading laboratory experts, scientists, researchers and clinicians to

exchange and share their experiences and research clinicians to exchange and share their experiences and research results on all aspects of laboratory medicine and clinical research is scheduled to be held at suntec Singapore Convention & Exhibition Centre in Singapore. For details contact: Informa Life Sciences Exhibitions Office No. 20:01. Level 20, Sheikh Rashid Tower, Work Trade Centre. Dubai U.A.E. Tel.:+971-4-407-2574and/or+971-4-336-5161, Fax:+971-4-336-4021. E-mail :marlon: +971-4@informa.com; Website: http://www.medlabasia.com

April 2-4, 2018 Rehacare & Orthopedic China 2018 (Guangzhou, China.) The biggest event on Rehabilitation, Rehacare and Orthopedic dedicated to specially challenged People is scheduled to be held at poly World Trade Centre in Guangzhou, China. For details contact: R&OC committee, f/4,406, Tower B, Poly World Trade Centre, No. 1000 Xin Gang Dong Road, Haizhu District, Guangzhou, China. Tel.:+86-20-66224913, Fax:+86-20-66318832. E-mail: Maggie@cantonrehacare.com; Website: http://en.cantonrehacare.com

April 3-5, 2018 Kuwait Health 2018 (Mishref, Kuwait.) The Second edition of the largest healthcare event in Kuwait is scheduled to be help at Kuwait International Fair Grounds in Mishref, Kuwait. For details contact: ATEX International Exhibitions L.L.C., P.O Box 413520 Business Bay, Dubai, Unted Arab Emirates, Tel.:+971-4-424-9988and/or Mob.:+971-55-775-1524. E-mail: love@attexinternational.com and/orinfo@atexinternational.com. Website: http://www.kuwaithealthexhibition.com

April 3-5, 2018 ISF Kuwait 2018 (Mishref, Kuwait,) Kuwait's international trade exhibition dedicated to sports, Fitness and Health is International Fair Ground in Mishref, Kuwait. For details contact: ATEX International Exhibitions L.L.C., 301 Opal Tower, Tesla Group. Business Bay, P.O. Box 413520, Dubai, United Arab Emirates. Tel.: +971-4-424-9988, Fax:+971-4-374-6014. E-mail: love@atexintrnational.com; Website: www.isf-me.com/kuwait

April 4-6-, 2018 Lab Indonesia 2018 (Jakarta, Indonesia.) The 5th edition of Indonesia's Laboratory, Scientific Analytical Equipment and Services Exhibition and Conference is scheduled to be held at Jakarta Convention Centre in Jakarta, Indonesia. For details Indonesia, Jl. Maritim No . 4A3, Cilandak Barat Jakarta, 12430, Inonesia. Tel .:+62-21-7590-2647/6812, Fax:+62-21-7590-1572. E-mail: info.ptite@ite-asia.com; Website:www.lab-indo.com

April 5-7,2018 ECCC 2018 (Dubai, U.A.E.) The 14th edition of Emirates Critical Care Conference (ECCC) is scheduled to be held at event Centre in Dubai Festival City, U.A.E. For details contact: Infoplus Events LLC, Suite 1406, Lake Central Tower, Al Abraj Street, Burj Khalifa Community, P.O. Box 71108, Dubai, UAE. Tel.:+971-4-4218996, Fax:+971-4-42188638. E-mail: marketing@infoplusevents.com Website:www.accc-dubai.com

April 13-15,2018 IDEM 2018 (Singapore.)The 10th edition of the leading Dental exhibition and conference in the Asia Pacific is scheduled to be held at Suntec Singapore Convention & Exhibition Cantre in Suntec, Singapore For details contact: Koelnmesse Pte Ltd. 152 Beach Road. #25-05 Gateway East, Singapore 189821. Tel.:+65-6500-6700, E-mail:idem-singapore@koelnmesse.com. sg(Andrea Berghoff). Website:www.idem-singapore.com

April 14-16 2018 Mediconex 2018 (Cairo, Egypt.) The 11th edition of international exhibition dedicated to medical advancements and network with the industry innovators and leaders is scheduled to be held at Cairo International Convention Centre in Cairo, Egypt. For details contact: Arab-African Conferences and Exhibitions. 32 Road 7, Maadi, Cairo 11431, Egypt. Tel.:+202-23594110. E-mail: i n f o @ a r a b a f r i c a n e g y p t . c o m Website: http://www.mediconex-exhibition.com

April 17-19,2018 Korea Lab 2018 Korea Lab 2018 Korea Pharma 2018 (Seoul, Korea.) Korea Lab 2018 -An International exhibition dedicated to Laboratory and Analytical Equipment and Korea Pharma 2018-An International Pharmaceutical & Bio-Pharma Industry Exhibition dedicated to Pharma and Bio are scheduled to be held at KINTEX in Seoul, Korea. For details contact: Kyungyon Exhibition Corp., Rm. 1101, Geumsan Bldg., 750 Gukhoe-daero, Yeongdeungpogu, Seoul, 07236, Korea. Tel.:+82-2-785-4771, E-mail:gskim@kyungyon.co.kr Websites: www.korealab.org and www.koreapharma.org

April 17-19, 2018 Medtec Europe 2018 (Messe Stuttgart, Germany.) The leading Medical Technology show in Europe is scheduled to be held in Messe Stuttgart, Germany. The exhibition serves not only as trading & networking event, but also a learning platform, while providing with an access to the latest market update, regulatory news and more. For details contact: UBM EMEA, Elisabethstrasse 13, 53721 Siegborg, Germany. Tel.:+49-2241-95-9781-0, E-mail:medteceurope.marketing@ubm.com Website: www.medteceurope.com

April 18-20, 2018 Exposanitan 2018 (Bologna, Italy) The 21st edition of International Healthcare Exhibition probinding an

overview of product and services for hospitals, diagnostic etc is scheduled to be held in Bologna, Italy For details contact: Senaf Srl, Via di Corticells 181/3, 40128 Bologna, Italy.

Tel.;+39-051-32551, E-mail:exposanita@senaf.it
Website:www.exposanita.it

April 19-21,2018 Emirates International Orthopaedic Congress 2018 (Dubai) The 6th editing of Emirates International Orthopaedic Congress is scheduled to be held in conjunction with the 2nd Dubai Shoulder Course at Intercontinental Hotel. Dubai Festival City in Dubai, U.A.E. for details contact: Infoplus Events LLC, Suite 1406, Lake Central Tower, Al Abraj Street, Burj Khalifa Community, P.O. Box 71108, Dubai, UAE. Tel.:+971-4-4218996, E-mail:marketing@infoplusevents.com; Website:www.uaeortho.com

April 24-26,2018 IMTEC 2018 (Muscat, Sultancate of Oman.) The 5th edition of International Medical Tourism, Health Exhibition and Conference is scheduled to held at Oman Convention and Exhibition Centre in Muscat, Sultancate of Oman. For details contact: East Expo LLC., P.O Box 1110,PC. 133 Al Khuwair, Muscat, Sultanate of Oman. Tel.:+968-24120690, E-mail: info@medicaltourismfair.com: Web.:www.medicaltourismfair.com

April 25-27, 2018 TIHE 2018 (Tashkent, Uzbekistan.) The 23rd edition of Tashkent International Healthcare Exhibition dedicated to medical equipment, consumables and medical supplies is scheduled to be held at Uzexpocentre in Tashkent, Uzbekistan. For details Contact: ITE Uzbekistan, 3rd Floor, 59A, Mustakillik Avenue, Tashkent, 100000, Uzbekistan. Tel.:+998-71-205-1818, E-mail:Julia\_e@ite-uzbekistan.uz; Website:www.tihe.uz

April 24-26, 2018 Analika Expo 2018 (Moscow Russia.)The 16th edition of the international exhibition for laboratory equipment and chemical reagents is scheduled to be held at ECC Sokolniki in Moscow. Russia. For details contact: ITE Moscow,3,bidg,2. Verkhnyaya Krasnoselskaya, 107140, Moscow. Russia. Tel.:+7-499-750-08-28 E-mail: analitikawxpo@ite-russia.ru Website:www.analitikaexpo.com

April 30 May 2, 2018 HealthGB 2018 (Manchester, United Kingdom) An International Event showcasing the latest technologies in medical devices and pharmaceuticals is scheduled to be held at Manchester Central in Manchester, United Kingdom. For details contact: Informa Life Sciences Exhibitions, 5Howick Place. London, SW1P1WG, United Kingdom. Tel.:+44-7909-881446, E-mail:healthgb@informa.com Website:www.healthgbexhibition.com

May 2-3, 2018 ISF UAE 2018 (Dubai, U.A.E.) The 2nd edition of middle east's largest international trade exhibition for sports, fitness and health is scheduled to be held at dubai marina, United Arab Emirates. For details contact: ATEX International Exhibitions, 201-26 Opal Tower, Tesle Group Business Centre, Business Bay, PO Box 413520, Dubai, U.A.E Tel.:+971-4-424-9988 and/or +971-55-626-0742, Mobile:+971-55-775-1524. E-mail. love@atexinternational.com Website:www.isf-me.com/uae

May 3-5, 2018 EgyMedica 2018 ( Cairo, Egypt. ) 18th edition of EgyMedica, a medical exhibition and conference is scheduled to be held at Cairo International Convention Center in Cairo, Egypt. For details contact: Green Land For Organizing International Exhibitions & Conferences, 35 Oboor Building, Salah Salem, Heliopolis Floor 13, Cairo, Egypt. Tel.: +2-02-208-22-137/109, E-mail: info@egymedica.com and/ or marketing@egymedica.com

Website: www.egymedica.com

May 3-5, 2018 MEDITEX Bangladesh 2018 (Dhaka, Bangladesh.) The 11th edition of the Meditex Bangaldesh dedicated to Medical Equipments, Surgical Instruments, Healthcare, Hospital Equipment and Supplies is scheduled to be held at International Convention City In Dhaka, Bangladesh. For details contact: Conference & Exhibition Management Services Ltd. New York, USA, Global HQ, 57 W. 57th Street, 4th Floor, New York 10019, USA. Tel.: +1-646-416-7902, E-mail: contact@cems-meditex.com and/ or cems@cemsbangladesh.com; Website: www.cems-meditex.com

May 7-9, 2018 HKTDC 2018 (Wan Chai, Hong Kong.) The 9th edition of Hong Kong International Medical Devices and Supplies Fair is scheduled to be held at Hong Kong Convention and Exhibition Centre in Wan Chai, Hong Kong. For details contact: Hong Kong Trade Development Council, 38/F, office Tower, Convention Plaza, 1 Harbour Road, Wanchai, Hong Kong. Tel.: +852-1830-668, E-mail: hktdc@hktdc.org Website: http://m.hktdc.com/fair/hkmedicalfair-en

May 7-9, 2018 Dental 2018 (Rome, Italy.) The 2nd edition of International Conference on Dentistry, DENTAL 2018, is to be held at Holiday Inn Rome, Aureliain in Rome, Italy. The main aim of the event is to promote research in all fields of dental and related sciences, to encourage improvements in methods for the prevention and treatment of oral and dental disease, to improve the oral health of the public. For details contact: Madridge Conferences, 16192 Coastal Hwy, Lewes, DE 19958, USA. Tel.: +1-302-231-6959. Email: dental@madridge.com and/or dental@madridge.com

#### **Product List**

PHARMA FRANCHISEE

A fast growing (An ISO 9001: 2008 Certified) Pharma

Company having good range of Injections, Ointments

Tablets, Capsules, Syrup etc. Requires experienced

Personalities for franchisee on monopoly basis for

ABOVE 50 PRODUCTS HAVE BEEN LISTED IN DRUG TODAY.

Web: www.prismpharma.co.in | E-mail: prism.swastik@gmail.com

Mr. NAVEEN BANSAL

Mob. 09319735027

08445249780

various areas of U.P. & others States.

Mr. VIJAY AGRAWAL

Ph.: 0121-2400185

Mob. 09412203644

#### **VALENTIS PHARMA**

CAPSULES:- VALRAB-DSR CAP RABEPRAZOLE 20 MG + DOMPERIDONE 30 MG SR • VALRAB-IT CAP RABEPRAZOLE 20 MG + ITOPRIDE 150 MG • VELEPRA CAP OMEPRAZOLE 20 MG • VELEPRA-D CAP OMEPRAZOLE 20 MG+ DOMEPERIDONE 10 MG • VELTIC CAP-SULE PREBIOTIC AND PROBIOTIC CAPSULE • VYCOP CAP Lycopene + Multivitamin+ Multiminirals • VCOB-VIT CAP Meco+Alp Acid+Folic+B6+B1+D3 Capsule • V-COB PG CAP METHYLCOBALAMIN 750 MCG + PREGABALIN 75 MG VONON-DSR CAP PANTOPRAZOLE 40 MG + DOMPERIDONE 30 MG SR • VROBON CAP CARBONIL IRON EQ. TO ELEMENTAL IRON 50 MG + ZINC SULPHATE MONOHYDRATE 61.8 MG + FOLIC ACID 0.5 MG • VITRAZOLE 100 ITRACONAZOLE 100 MG • VITRAZOLE 200 ITRACONAZOLE 200 MG LIQUIDS:- VELCYP-T SYP Cyproheptadin HCL 2mg + Tricolin Citrate 0.275 MG / 5ML • VOLCO SYP Lycopene Syrup • V-CAL SUSP. Calcium Carbonate + Vit D3 • V-REX SYP DIPHENHYDRAMINÉ HYDROCHLO-RIDE, TERPINE HYDRATE , AMMONIUM CHLORIDE, SODIUM CITRATE AND MENTHOL • VALFLOX OZ SUSP each 5 ml contains:Ofloxacin 50 mg+Ornidazole 125 mg/5ml • VELBROX-LS SYP LEVOSALBUTAMOL SULPHATE & AMBROXOL HYDROCHLORIDE 30 MG GUAIPHEN-ESIN IP 50 MG • V-LACTO SYP EACH 15 ML CONTAIN: LACTULOSE 10 MG IN PALATABLE SORBITOLBASE • VROBON SYP CARBONIL IRON EQ. TO ELEMENTAL IRON 50 MG + ZINC SULPHATE MONOHYDRATE 61.8 MG + FOLIC ACID 0.5 MG • VYCOP SYP Lycopene + Multivtamins + Multiminirals + Antioxidents Syp • VELKOF SYP Each 5 ml contains :Dexthromethorphen Hbr :10MG,CPM : 2MG,,,Menthol Base :2.5 MG • VALZYME SYP ENZYME SYP • VORLAZ SYP PHENYLEPHERINE 2.5 MG + CETRIZINE 2.5MG + PARACETAMOL 125 MG/5ML • VUFFGON-FORT SYP EACH 5 ml PARACETAMOL ip125 mg +PHENYLEPHRINE HYDRO CHORIDE ip 5 mg+CHLORPENIRAMINE MALEATE ip 2 mg+ SÕDIU M CIRTAE ip 60 mg+MENTHOL IP 1 mg (Colour=Quineoline Yellow) • ZINCOVEL SYP VIT B3 7.5 MG, LYSINE HYDROCHLORIDE 5 MG,ZINC 5 MG+ VITAMIN B5-1.25 MG, VIT. B1 0.75 MG,VIT. B2 0.75 MG,VIT B6 0.5 MG, IODINE 35 MCG, COPPER 25 MCG, SELENIUM 10 MVG, VIT B12 0.5MG,VIT A-- 1250IU, VIT D3 100 IU, VIT E-2.5 IU  $\bullet$  VURBO-G TERBUTALINE SULPHATE 1.25MG + BROMHEXINE HYDRO CHLORIDE 2mg+ GUAIPHENESIN ip 50mg+ MENTHOL 2.5 MG/ 5ml  $\bullet$ VZIKTI-200 SUSP each 5 ml contains azithromycin 200 mg VELCIN 250 SUSP Paracetamol-250 Suspension • VALCAIN -GEL EACH 5ML CONTAINS: OXETACAINE BP 10MG, ALUMINIUM HYDROXIDE IP 0.291 GM, MAGNESIUM HYDEOXIDE IP 98MG IN A SORBITOL BASE ......Q.S COLOUR: SUNSET YELLOW FCF • V-WORM SUSP. each 5 ml contains Albendazole 200 mg • V-Orange Ferric Fmmonium Citrate, Cyna Cobalmin + Folic Acid + Cupric Sulphate+ Magnese Sulphate Syp • V-LIV SYP AN AYURVEDIC LIVER TONIC SM - ZYME SYP Fungal diastase pepsin syp • SM- LYSINE SYP L-LYSINE,PYRODOXINE HCL,NIACINAMIDE & CRYSTALLIZA-TION SYP TABLETS:- VLUZIP TAB FLUCONAZOLE 150 MG • VALACE-T4 TAB ACELOFENAC 100MG, THIOCOLCHICOSIDE 4MG • VALAX-MR TAB ACECLOFENAC 100 mg, PARA 325mg+CHLORZOXAZONE 250 mg • VALAX-SP TAB ACECLOFENAC 100 mg, PARA 325 mg, SERRATIOPEPTIDASE 15 mg • VALCEF-100 TAB CEFIXIME 100 MG • VALCEF-200 TAB CEFIXIME 200 MG • VALCEF-100 TAB CEFIXIME TRIHYDRATE IP 200MG • VALCEF-100 TAB CEFIXIME 200 MG • VALCEF 200MG • VALCEFU-250 TAB CEFUROXIME 250 MG • VALCEFU-500 TAB CEFUROXIME 500 MG • VALCIP-250 TABCIPROFLOXACIN 250 MG • VALCIP-500 TAB CIPROFLOXACIN 500 MG • VALCLAV TAB AMOXYCILLIN 500 MG +CLAVULANIC ACID 125MG • VALDAC-MR TAB DICLOFENAC SODIUM 50 MG + PARACETAMOL 325 MG + CHLORZEXAZONE 250 MG • VAL-DAC-P TAB DICLOFENAC POTASSIUM 50 mg + PARACETAMOL 325 mg • VALDAC-SP TAB

DICLOFENAC POTASSIUM 50 mg + PARACETAMOL IP 325mg, SERRATIOPEPTIDASE 10mg • VALDOX-200 TAB CEFPODOXIME 200 MG • VALEVO-M TAB LEVOCETIRIZINE 5 MG + MONTELUKAST 10MG • VALFLAZ-6 TAB Deflazacort 6 MG • VALFLOX-Z TAB OFLOXACIN 200 MG+ ORNIDAZOLE 500 MG • VALMAC-GB TAB METHYLCOBALAMIN 500 MCG + GABAPENTIN 300 MG • VALMEP-O TAB CEFPODOXIME 200 MG + OFLOXACIN VALMIP-P TAB NIMESULIDE 100 MG + PARACETAMOL 325 MG • VALNOD-S TAB Diclofrnac Potassium 50 mg + Serratiopeptidase 10 mg VALNUX CLAV TAB CEFIXIME 200MG + CLAVULANATE POTASSIUM 125MG • VALRAB TAB RABEPRAZOLE 20 MG VALRAB-D TAB RABEPRAZOLE 20 MG + DOMPERIDONE 10 MG • VALZIN-D TAB cinnarizine ip 20 mg +domperodone 15 mg VALZIN-25 TAB CINNARZINE 25 MG • VANPAN TAB PANTOPRAZOLE 40 MG VANPAN-D TAB PANTOPRA-ZOLE 40 MG + DOMPERIDONE 10 MG • VATOZIK-100 TAB ACECLOFENAC 100 MG • VATOZIK-P TAB ACE-CLOFENAC 100 MG +PARACETAMOL 325 MG • VAXO-PRED TAB METHYLPREDINISOLONE 4 mg • V-CAL

TAB CALCIUM CITRATE MELATE 250 MG + VITD3 100 IU • V-DASE TAB SERRATIOPEPTI-DASE 10 MG • VELCIN-650 TAB PARACETAMOL 650 MG • VEVOP TAB LEVOCETIRIZINE DI-HYDROCHLORIDE IP 5 MG • VIPIN-AT TAB AMLODIPINE 5 MG +ATENOLOL 50 MG • VIXOTIX -500 TAB LEVOFLOXACIN 500 MG • VKUFFNORK TAB PARACETAMOL 325MG, CAFFINE 30MG, PHENYLEPHRINE 5MG, CHLORPHENIRAMINE MALEATE 1MG • VORP TAB ATORVASTATIN IP 10MG • VROL-P TAB TRAMADOL 37.50 MG+ PARACETAMOL 325 MG • VTOXTER-90 TAB ETORICOXIB 90 MG tab • V-WORM PLUS TAB ALBENDAZOLE-400 MG + IVERMECTIN-6 MG • VZIKTI-250 TAB AZITHROMYCIN 250 MG • AZITHROMYCIN 500 MG • VERAX TAB Ferrous Asc+f. Acid+ZINC • VZIKTI-500 TAB VALMET-G1 TAB Glimepiride 1mg + Metformin 500 mg • VALMET-G2 TAB Glimepiride 2mg + Metformin 500 mg • VALFLOX -200 OFLOXACIN 200 MG • VQ 10 TAB CO-ENZYME,Q10, LYCOPENE POW-DER, AMINO ACID, TAB • VL-TONE 5 G Grape seed extract+ Green tea extract+ Ginseng+ Ginkgo biloba+ Garlic+ Mixed carotenoids+ Lycopene+ Circus bioflavonoids+ Amino acids+ Multivitamins+ Antioxidants Tab • VL VITOL GINSENG EXTRACTS POWDER 21.25 MG,VIT B3 -10 MG, VIT B2-1.5 MG, VIT E- 1.25 MG, VIT B1-1 MG, B6-1 MG, FOLIC ACID 0.15 MG, VIT A - 250 MCG, BIOTIN 30 MCG, VIT D3- 5 MCG, B12- 1 MCG, CALCIUM -250 MG, PHOSPHOROUS-125 MG, MANGNESE-100 MG, POTASSIUM- 40 MG, CHLORIDE-36.3 MG. CARBONIL IRON -21 MG, ZINC -10 MG, SILICON -1.7 MG, COPPER-0.15 MG. BORON- 150 MCG, SELENIUM- 30 MCG, CHROMIUM-25 MCG, TIN-10 MCG, VANADIURA -10MCG, NICKEL -5MCG PROTEIN POWDDER:- VANPRO PROTEIN POWDER/ DHA PROTEIN POWDER WITH DHA, CHOCOLATE VANPRO PROTEIN POWDER PROTEIN POWDER PROTEIN POWDER DRY SYPS:- VALCEF 50 DRY SYP CEFIXIME IP EQ TO. ANHYDROUS CEFIXIME 50 MG . VAL-DOX-50 DRY SYP cefpodoxime proxetil ip eq. to cefpodoxime 50 mg • VALCLAV DRY SYP AMOXYCILIN 200 MG & POTASSIUM CLAVULANATE 28.5 MG ORAL SUSPENSION IP INJECTIONS:- VEPA-1000 CEFTRIAXONE 1000MG • VONON-40 STERILE PANTOPRAZOLE SODI-UM I.P 40 MG • VEPA-S CEFTRIAXONE 1000MG+SULBUCTUM 500 MG • V COB VIT INJ.. METHAILCOLAMIN 1500 MG + MULTIVITAMINS OINTMENTS:- VALDAC PLUS GEL DICLOFENAC DIETHYLAMINE BP 1.16 % W/W, (EQUIVALENT TO DICLOFENAC SODIUM IP 1.0% W/W, ) , LINSEED OIL BP 3.0 % W/W, METHYL SALICYLATE IP 10.0% W/W, MENTHOL IP 0.5 % W/ W , BENZYL ALCOHOL IP 1% W/V GEL BASE Q.S. (AS PRESERVAITE) ENERGY DRINK:- VAX ENERGY POWDER ENERGY DRINK Mob:- 07087110122.

#### **PANKAJ PHARMA**

BOMIT(Chlorpheniramine Maleate 4mgTablets), • CETAMOL (Caffeine18+Paracetamol 325), • CETAMOL-500 (Paracetamol 500), • CYCLOPEN (Dicyclomine20+ Paracetamol 325), • CIPROPAN-500 (Ciprofloxacin 500), • CIPROPAN-250 (Ciprofloxacin 250), • DOBIPAN FORTE (Diclofenac sodium 50+ Paracetamol 325), • DOBIPAN AP (Aceclofenac 100+ Paracetamol 325), • DOBIPAN MR (Diclofenac sodium 50+ Paracetamol 325+chlorzoxazone 250), • DIGO PC (Cetirizine 5+ Phenyl Epherine 5+Paracetamol 325), ENTEROL P (Quiniodochlor 250mg), • FLUK-IL (Paracetamol200+Caffeine30+Aspirin300+CPM2), • IBUPAN 400/200 (Ibuprofen400/200), • IBUPAN PLUS N (Ibuprofen 400 + Paracetamol 325), • NOREPAN TZ TAB (Norfloxacin 400+Tinidazole 600), • OFBID (Ofloxacin 200), • OF-Z-BID (Ofloxacin200+ Ornidazole 500), • P-RAPS (Sparfloxacin 200), • PEQUINE (Chloroquine 250), • PALBIN (Albendazole 400), PANCET (Cetirizine 10), • P-LID (Nimesulide 100), • P-LID PLUS (Paracetamol 325+Nimesulide 100), • P-TRIM (Sulphamethoxazole400+Trimethoprim80), • HERBALS- LIVOPAN SY.(Liver), • PANTOFIT (Health tonic), • LEUCORIL (Gynaec), • PANTOZIM (Digestive), GAISARI (Indigestion), • KHASNASH/SOVINOL (Cough sy.), • FE-CLIN (Blood purifier), • BABY-DROPS, VOMIPAN (Anti-vomitting sy), • BRAHMI-SHANKHPUSHPI (Brain Tonic), • ARSH-HARI Caps (Piles), • RAKT-VIKARI Caps (Blood purifier), • LEUCOSULE Caps (Leucorrhoea),

TRICALCI-LOH Caps (Calcium & Iron),
 MADNOSULE Caps (Energy & Vitality),
 ASMOSULE Caps (Asthma & coughing),
 JWARAGHNA Caps (Fever & cold),
 RAJNOSULE Caps (Menstrual disorder),
 RAKTCHAPANTAK Caps (Blood pressure),
 VATARI Caps (Joint pain),
 RUDANTI No.1 Caps (tubercular cough)
 Mob:- 09412176816, 09412483724.

#### **Amzor Healthcare**

Tablet Section:- AMZOPAN (PANTOPRAZOLE 40 MG) • AMZOPAN - D (PANTOPRAZOLE 40 MG + DOMPERIDONE 10 MG) • RABCLEAR (RABEPAZOLE 20 MG) • RABCLEAR - D (RABEPRAZOLE 20 MG + DOMPERIDONE 10 MG) • JOMOXLIN - CLAV (AMOXYCILLIN 500 MG +CLAVULANIC ACID 125MG) • THROFIX - 200 (CEFIXIME 200 MG) • THROFIX - O (CEFIXIME TRIHYDRATE IP 200 MG+ OFLOXACIN 200 MG) • THROFIX - AZ (CEFIXIME TRI-HYDRATE IP 200MG+AZITHROMYCIN 250 MG) • AMZODOX - 200 (CEFPODOXIME 200 MG) • OFZOR - OZ (OFLOXACIN 200 MG+ ORNIDAZOLE 500 MG) • NIMUHEAL - P (NIMESULIDE 100 MG + PARACETAMOL 325 MG) • DCLODOZ - P (DICLOFENAC POTASSIUM 50 MG + PARACETAMOL 325 MG) • DCLODOZ - SP (DICLOFENAC POTASSIUM 50 MG + PARACETA-PARACETAMOL 325 MG) • DCLODOZ - SP (DICLOFENAC POTASSIUM 50 MG + PARACETAMOL 325 MG + SERRATIOPEPTIDASE 10 MG) • AMCIUM (CALCIUM CARBONATE 1250 MG+ VIT D3 250 I.U. (SPECIAL PACKING WITH SILVER METALLIC PVC) • ZOCECLO - P (ACE-CLOFENAC 100 MG +PARACETAMOL 325 MG) • ZOCECLO - SP (ACELOFENAC 100 MG, PARA 325 MG, SERRATIOPEPTIDASE 10 MG) • LEVZOR (LEVOCETIRIZINE 5 MG) • LEVZOR - M (LEVOCETIRIZINE 5 MG + MONTELUKAST 10 MG) • TAKE - AZI 250) (AZITHROMYCIN 250 MG) • TAKE - AZI 500 (AZITHROMYCIN 500 MG) • CETKIL (CETIRIZINE HCL 10 MG) Liquid Section: - ZYM-DOZ (ALPHA AMYLASE (1:800) IP 12.50MG, (FUNGAL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 3.7.50 MG OF COOKED STARCH) + DEPRIN (4:2000) LB 7.50MG (DICESTS NOT LESS THAN 3.7.50 MG OF COOKED STARCH) PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ALBUMIN) SORBITOL SOLUTION (70%) IP (NON CRYSTALLISING)/5 ML) • ZYM-DOZ (ALPHA AMYLASÉ (1:800) IP 12.50MG, (FÜNGÁL DÍASTASE DERIVED FRÓM AŚPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ÁLBUMIN) SÒRBITÓL SOLUTION (70%) IP (NON CRYSTALLISING)/5 ML) • ZYM-DOZ (ALPHA AMYLASE (1:800) IP 12.50MG, (FUNGAL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ÁLBUMIN) SORBITÓL SOLUTION (70%) IP (NON CRYSTALLIS-ING)/5 ML) • ZYM-DOZ (ALPHA AMYLASÉ (1:800) IP 12.50MG, (FÙNGÂL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ALBUMIN) SORBITOL SOLUTION (70%) IP (NON CRYSTALLISING)/5 ML) • ZYM-DOZ (ALPHA AMYLASÉ (1:800) IP 12.50MG, (FUNGAL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ÁLBUMIN) SÒRBITÓL SOLUTION (70%) IP (NON CRYSTALLISING)/5 ML) • ZYM-DOZ (ALPHA AMYLASE (1:800) IP 12.50MG, (FUNGAL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ALBUMIN) SORBITOL SOLUTION (70%) IP (NON CRYSTALLIS-ING)/5 ML) • ZYM-DOZ (ALPHA AMYLASÉ (1:800) IP 12.50MG, (FÙNGÂL DIASTASE DERIVED

FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ALBUMIN) SORBITOL SOLUTION (70%) IP (NON CRYSTALLISING)/5 ML) • ZYM-DOZ (ALPHA AMYLASE (1:800) IP 12.50MG, (FUNGAL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ALBUMIN) SORBITOL SOLUTION (70%) IP (NON CRYSTALLISING)/5 ML) • ZYM-DOZ (ALPHA AMYLASE (1:800) IP 12.50MG, (FUNGAL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P. 7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ALBU

MIN) SORBITOL SOLUTION (70%) IP (NON CRYSTALLIS-ING)/5 ML) • ZYM-DOZ (ALPHA AMYLASE (1:800) IP 12.50MG, (FUNGAL DIASTASE DERIVED FROM ASPERGILLUS ORYZAE DIGESTS NOT LESS THAN 37.50 MG OF COOKED STARCH) + PEPSIN (1:3000) I.P.

7.50MG, (DIGESTS NOT LESS THAN 37.50 G OF COAGULATED EGG ALBUMIN) SORBÍTOL SOLUTION (70%) IP (NON CRYSTALLISING)/5 ML) Topical Section:- DCLODOZ - GEL (DICLOFENAC + LINSEED OIL + METHYL SALICYLATE + MENTHOL GEL) • AMZODINE-M

POVIDONE IODINE METRONIDA-ZOLE OINT-MENT + ALOE VERA (25 X 24) Capsule Section:-AMZOPAN - DSR (PANTOPRA-ZOLE 40 MG + DOMPERIDONE 30 MG SR) RAB-CLEAR - DSR (RABEPRAZOLE 20 MG + DOM-PERIDONE 30 MG SR) • ZOR-LYC (LYCOPENE WITH MULTIVIT-AMIN) • FAST-UP (FERROUS ASCORBATE 100.00 MG + ACID **FOLIC** 1.50) Injection Section: ZORCEFT - 1000 (CEFTRIAXONE 1000) ZORCEFT - S (CEFTRIAX-ONE- 1000 + SULBACTUM-**AMZOPAN** (PAN-TOPRAZOLE 40 MG) • ZORCOB M (METHYL-COBALAMINE 1000 MCG + MULTIVITA -MINS/2ML) DCLODOZ - 100 (DICLOFENAC 1 ML) Mob:-

09814333399.



<u> Please Call : 9811719738</u>

#### PHARMASYNTH FORMULATIONS LTD.

A-10/15, Jhilmil Industrial Area, Delhi - 110095 • Ph. : 011-476 25 786 • Fax : 011-476 25 725

e-mail : delhi@pharmasynth.in • web : www.pharmasynth.in Unit-1: 22, Sector-6B, SIDCUL-IIE, Haridwar • Unit-2: 52, Sector-6A, SIDCUL-IIE, Haridwar (U.K.)



गर्मी में दवा का काम करता है पुदीना गर्मी में आप ऐसी चीजों का सेवन किया जा सकता है जिससे आपको ना सिर्फ गर्मी से राहत मिलेगी. बल्कि यह सेहत के लिये भी फायदेमन्द रहेंगें. गर्मी ने अपना असर दिखाना शुरू कर दिया है और गर्मी में सेहत का ख्याल रखना बहुत जरूरी है और यह बहुत मुश्किल भी है. लेकिन गर्मियों में कई ऐसी चीजों का सेवन किया जा सकता है, जिससे आप ना सिर्फ गर्मी से बचेंगे बल्कि यह आपकी सेहत के लिये भी लाभदायक रहेंगे. इन चीजों में पुद. ीने का नाम भी शामिल है, जो कि गर्मियों में ना सिर्फ स्वाद बढाता है बल्कि आपकी सेहत के लिये दवा का काम करता है. गर्मियों पुदीने का सेवन करने से क्या−2 लाभ होते हैं. आप कई तरह से पुदीने का सेवन करते हैं, इसका इस्तेमाल चटनी, जूस, छाछ आदि में डालकर किया जा सकता है. पुदीना पेट के लिये बहुत फायदेमन्द होता है और पेट में तुरन्त प्रभाव से ठंडक पहुंचाता है. इसमें मौजूद एन्टी-ऑक्सिडेंट्स, फाइटोन्यूट्रिस और मेंथल आपके खाने को पचाने में मदद करता हैं, जिससे गर्मियों में होने वाली पेट की दिक्कतें होने की सम्भावना कम हो जाती है. साथ ही यह पेट के मरोड़े और एसिडिटी आदि में भी फायदा करता है. कई जानकारों का कहना है कि खाना खाने के बाद पुदीने की चाय पीना भी आपकी सेहत के लिये लाभदायक हो सकता है. पुदीना में मौजूद एन्टी-इंफामेट्री और एन्टी-बैक्टीरियल तत्व आपकी त्वचा को दानों और फुंसियों से मुक्त करता है. इसलिये बाजार में मिलने वाले क्लींजर, टोनर आदि में पुदीना इस्तेमाल किया जाता है. पुद. ीने की पत्तियों से त्वचा का निखार वापस आता है, पुदीने की पत्तियों में कैल्शियम, फास्फोरस, विटामिन सी, विटामिन डी और विटामिन ई होता है, जो कि शरीर का इम्यून सिस्टम ठीक करते है और आपके शरीर को इन्फेक्शन आदि से भी बचाते हैं. इसलिये गर्मी में सेहत की देखभाल के लिये नियमित रूप से पुदीने का इस्तेमाल जरूर करें, जिससे आपकी सेहत स्वस्थ रह सके

#### **US Drug Makers Want Greater Emphasis on IP Protection in India**

US based drug makers lobby group Pharmaceutical Research and Manufacturers of America (PhRMA) has complained that the positive signals given by India in terms of greater intellectual property protection and market access opportunities are yet to translate into real policy actions and practical changes. In its annual submission to the United States Trade Representative (USTR), PhRMA highlighted unpredictable patent environment, regulatory data protection failures, high tariffs and taxes on medicines, discriminatory and nobn-transparent market access policies, and unpredictable environment for clinical research as the key challenges before US companies that operate or wish to tap the Indian market. The lobby group wants India to remain on the Priority Watch List in the 2018 Special 301 Report of USTR until India addresses their concerns. While acknowledging India's new National IPR (intellectual property rights) policy, PhRMA wanted the country to lay greater stress on effective and meaningful IP protection and enforcement mechanisms. "Implementation of the National IPR Policy should include a consultative process with relevant stakeholders and meaningful reforms to India's IP policies that lead to improvements in IP protection and enforcement for medicines", it states. On tariff barriers, PhRMA states that its member companies operating in India face high effective import duties for active ingredients and finished products. "Though the basic import duties for pharmaceutical products average 10 ten percent, due to the Integrated Goods and Service Tax imposed on imports, the effective import duty can exceed 20 per cent. Moreover, excessive duties on the reagents and equipment imported for use in research and development and manufacture of biotech products make biotech operations difficult to sustain. Compared to other Asian countries in similar stages of development, import duties in India are very high. And while certain essential and life-saving medicines may be granted exemptions from some of the taxes, the eligibility criteria are vague and subject to constant revision and debate", they point out. The submission also refers to the WTO Pharmaceutical Agreement because of which the United States and 33 other signatory countries do not impose any import duties on a wide range of medicines and other health products."However, biopharmaceutical innovators in the United States do not benefit from the same access to China, India and other emerging economies that are leading producers and net exporters of drugs and active pharmaceutical ingredients but are not parties to the WTO Pharmaceutical Agreement," it notes. Stating that United States is by far the largest market for Indian generic drug exports, it said that India's basic import duties on biopharmaceutical products and active ingredients average about ten percent. Additional duties and assessments can raise the effective import duty to as high as 20 per cent or more, it adds. The Special 301 review is an annual exercise of the USTR to address market access and intellectual property barriers that harm US trade interests. Countries with significant IP concerns for US companies are placed in the Priority Watch List.



#### दोपहर की भोजन योजना

आमतौर पर वर्किंग लोग अपने लंच को ज्यादा तरजीह नहीं देते हैं. समय की कमी के चलते वे भूख लगने पर चाय या कुछ स्नैक्स खा लेते हैं। यह सब खाने से आपकी भूख तो मिट जाती है लेकिन आपके शरीर को जरूरी पोषण नहीं मिलता है। लंच को नजरअंदाज करने के घातक परिणाम आपको भविष्य में देखने को मिल सकते हैं। इसलिए सचेत हो जाइए और अपने लंच को तरजीह देना शुरु करें। अक्सर लोग सुबह-सुबह जल्दी में बिना नाश्ता किए घर से निकल जाते हैं, और ऑफिस में उन्हें काम के प्रेशर व मीटिंग्स के चलते कुछ खाने का समय नहीं मिलता है इसलिए लोग जल्दीं में चाय ही पीकर काम चला लेते हैं जो कि शरीर के लिए सही नहीं है. लंच करने से आपके शरीर को जरूरी पोषण मिलता है और आपको ज्यादा काम करने की शक्ति मिलती है. लेकिन ध्यान रहे आपका भोजन बहुत हल्का व सुपाच्य होना चाहिए कैसा हो आपके दोपहर का खाना • स्प्राउट्स या सलाद, सफोद और काले चने, दाल, पनीर आदि को अपने ऑफिस लंच में शामिल कर सकते हैं. • चावल को अपने लंच का हिस्सा न बनाएं क्योंकि इससे आपको नींद आ सकती है. • चाय-कॉफी का कम से कम सेवन करें। इससे एसिडिटी और गैस की समस्या हो सकती है। बहुत ठंडी चीजें जैसे कोल्ड ड्रिंक या आइसक्रीम आदि से दूर ही रहें. • अगर आप ऑफिस की कैंटीन या रेस्टोरेंट में लंच करते हैं तो साफ-सफाई का खास ख्याल रखें. • अगर आप बाहर लंच कर रहे हैं तो पेट में जलन की शिकायत हो सकती है, ऐसे में सोडा डालकर पकाए गए चावल या पुराने तेल में पकाए गए खाने से बचें. • अगर ऑफिस में साफ-सुथरा खाना मिलना संभव नहीं हो पा रहा है, तो आप फ्रूट सलाद या साधारण

> सलाद के साथ लस्सी आदि भी लंच में ले सकते हैं. लंच के साथ-साथ पानी भी पर्याप्त मात्र में पीएँ. टोफू व सिब्जियों से बनें सैंडिविच अपने लंच बॉक्स में रख सकते हैं. • ब्रेड, फल, सब्जियों और दही का सेवन करें. • लंच हमेशा नाश्ते से हल्का करे. एक बाउल सलाद और सूप भी ले सकती है. • लंच में सलाद,सब्जी, दही, रोटी को शामिल करें. दोपहर के खाने में आप फल व सब्जियों से बने पास्ता सलाद भी ले सकते हैं. यह हल्का व पोषणयुक्त होगा.

#### मुस्कराता चिकित्सक

किसी भी रोगों के इलाज में चिकित्सक का मनोभाव बहुत महत्व रखता है. यदि चिकित्सक मुस्कराता हुआ मिलेगा, पॉजिटिव बातें करेगा, रोगी को हिम्मत देगा तो निश्चित रूप से रोगी जल्दी अच्छा होगा. आज न तो रोगी पर समय है, न ही चिकित्सक पर. चिकित्सक व रोगी, दोनों को रोग भगाने हेतु समय देना ही होगा. तब बात अधिक अच्छी बन पाएगी.

> –डॉ॰ नरेन्द्र नाथ लाहा, 27 ललितपुर कालोनी ग्वालियर (म॰प्र॰) मो॰ 09753698240.

## Happy Birthda

DOB	NAME	FIRM	MOB	CITY
01.03.77	SHRI AWADHESH KUMAR JI	JAI MATA DI ENTERPRISES	9431014550	PATNA
04.03.83	SHRI ANKUL GARG JI	FRANKO FORMULATIONS	9368310100	MEERUT
9.03.88	SHRI AKSHAY GANDHI JI	GANDHI MEDICAL STORE	9423046553	<b>AHMEDNAGAR</b>
9.03.56	SHRI ARYA MITTER GOYAL JI	LAKSHMI CHEMISTS	9812421198	AMBALA CITY
4.03.75	SHRI ANUJ AGARWAL JI	RAJ MEDICOJ	9219590437	MODINAGAR
17.03.74	SHRI ANCHAL GUPTA JI	UNITED MEDICAL PHARMA (P) LTD	9414231513	JAIPUR
17.03.85	SHRI AASHISH AGAARWAL JI	BHARAT MEDICIN	9927420638	MATHURA
23.03.67	SHRI ARUN R. NILLAWAR	BALA JI MEDICAL AGENCEY	9422701292	<b>AURANGABAD</b>
24.03.72	SHRI AMIT JOSHI JI	SWASTIK PHARMACLUTICALS	9826049524	INDOR
25.03.75	SHRI ARUN VERMA JI	T.N.V. PHARMA	9359993814	ETWAH
26.03.73	SHRI AJAY JAIN JI	ADBIO ORGANIES(P) LTD	9314044775	ALWAR
30.03.59	SHRI ANIL GHAI JI	SIDHANT MEDICAL STORE	9760815213	<b>DEHARADOON</b>
4		ज्स की तरफ से आप सभी		2 - 60

Ph. 011-25458331, 25264374. Mob. 09871 6969 65, 09971 6969 65

Medico-marketing Support Services e-mails: medicalwriters01@gmail.com, medicalwriters.illustrators@gmail.com

**MAHARASTRA** HARYANA UTTAR PRADESH **RAJASTHAN UTTAR PRADESH MAHARASTRA MADHYA PRADESH UTTAR PRADESH** RAJASTHAN **UTTRAKHAND** 

UTTAR PRADESH

**BIHAR** 

Get Your Visual-Aids Printed Thru OFMR Technology World class image outputs Perfect colour gloss impressions Services Offered: No problems of colour shifts or colour changes Visual Aids Out put quality 100 times better than offset printing Catch Covers Economy at part with Offset printing Leave Behind Cards Reminder Cards No restrictions of minium no. of copies Request Cards √ Physicians Samples Boxes √ Product Cards We even print. Visual Aid if you want WZ-91 B, Tatarpur, Tagore Garden, New Delhi-110027 Ledical Writers 25-Shubh Niletan, A-4 paschim Vihar, New delhi-110063 & ILLUSTRATORS

Consultants - Health Care Products.

#### विटामिन डी की कमी पड सकती है भारी

विटामिन डी शरीर के कई महत्वपूर्ण अंगों को ठीक तरह से संचालित करने गम्भीर रोग जैसे डायबिटीज, कोलोन, ब्रेस्ट व प्रोस्टेट कैंसर भी हो सकता है. शरीर को रोजाना कम से कम 75 प्रतिशत विटामिन डी पूरा करने के लिये सरज की सीधी रोशनी की जरूरत होती है धप कम लेने अस्वस्थ खानपान की वजह से विटामिन डी की कमी हो जाती है. विटामिन डी की कमी को मापने के लिये 25 हाइड्रॉक्सी विटामिन डी ब्लड टेस्ट किया जाता है. यह टेस्ट 40 की उम्र के बाद साल में एक बार कराना चाहिये. लेकिन अगर आपको ऑस्टियोपोरोसिस का खतरा हो तो 21 साल के बाद ही कराते रहें. जब सरज की अल्टावायलेट किरणें त्वचा के सम्पर्क में आती हैं, तो ये शरीर में एब्जोर्ब होकर विटामिन डी का निर्माण करती है. अगर सप्ताह में दो बार 10-15 मिनट तक शरीर की खुली त्वचा पर सर्य की अल्टा वायलेट किरणें पड़ती है तो शरीर की विटामिन डी की 80-90 प्रतिशत तक आवश्यकता पूरी हो जाती है. विटामिन डी के सप्लीमेन्ट भी लिये जा सकते है. लेकिन इन्हें लेने से पहले विशेषज्ञ की सलाह जरूर लें.



#### **AUTHORIZED DISTRIBUTORS** OF ADR Book

OI AD		IN BOOK	
Location	Shop Name	Contact No.	
Agra	Satish Book Enterprises	9997877123	
Allahabad	Friends Book Depot	9451743891	
Amritsar	Rajat Book corner	9417381838	
Amritsar	Sunder Book Depot	9814074241	
Barnala	Navchetan Book Shop	9779050692	
Dhule	Kushal Book shop	9423916592	
Dimapur	Modern Book Depot	9436006701	
Gwalior	Unique Book Depot	9826257932	
Haldwani	Pooram & Sons	9837092823	
Jodhpur	Book World	9829088088	
Kolkata	Medicare Book House	9830518610	
Muzaffarnagar	Royal Pustak Bhandar	9761313181	
Nanded	Debdhar Pustak Bhandar	9423615127	
Nasik	Rahul Book Center	0253-2599608	
Patna	Current Book Services	9431077745	
Raipur	Srishti Medical Book House	9300855027	
Reewa	Palak Medical Book	9893793577	
Tinsukia	Sharma Book Stall	9435036146	
Vishakahapatnam	Andhra Medical Book Centar	9985716032	

Poonam Singhal, ADR Booking No.-

Mob.- 09219444474

#### 10 Ways You Can Lose Weight with These Super Simple Daily Habits

Most people have trouble controlling their weight or fail to bring it down where they would like. Losing weight doesn't have to be stressful or complicated because a few simple things can make a big difference. Here are some oneminute weight loss secrets that may help you to shed some weight. Don't Drink Calories:- Soda, coffee, tea, juice, alcohol and other beverages add calories. When you drink them, you don't realize how many calories you are drinking. Stop drinking calories, rather drink water. Sip on water all day long; it may make you feel full without giving you calories. If you are craving for your favourite juice, combine it with plain water. Do Talk-and-walk:- Burning calories is easier than you think. When you are attending to a phone call, use this opportunity to expend calories. Walk when you talk on the phone. The Desk Workout:- All you need is a minute to do the desk workout. One way of doing it is by sitting up straight and squeezing in your stomach. Thereafter, lift up on your toes to tighten your calves and shape up your ankles by stretching your leg. Study the Labels:- A quick glance at the wrapper of a bar, food or beverage can save you a lot of calories. Educate yourself on how to read nutrition labels and what to look for on them. Understanding "Serving Size" and "Servings per Piece" will be of great help. Make a Salad for Lunch:- Making a salad doesn't take much time and is a great replacement for your lunchtime meal. Put in loads of healthy greens and some lean protein. Use the

#### Forgo Pharmaceuticals Pvt. Ltd. Launched New Division

चंडीगढ़ की प्रसिद्ध दवा कम्पनी Forgo Pharmaceuticals Pvt. Ltd. ंने पंचकूला के प्लाट नं॰ 7 ने अपना नया संयन्त्र Yuventis Life Science की स्थापना की है. ये संयन्त्र HPSIDC Baddi, Dist. Solan -(173205) के प्लाट नं 7 में स्थित है. इस संयन्त्र में सीरप, कैप्सूल, व 150 से अधिक दवाईयों का निर्माण किया जायेगा. यह जानकारी Forgo Pharmaceuticals Pvt. Ltd. के एम॰डी॰ **आशीष मित्तल मो॰ 09814924737** जी ने चंडीगढ़ प्रतिनिधि राहुल देव शर्मा जी को दी. अधिक जानकारी आशीष मित्तल जी व उनके पार्टनर हेमन्त जिन्दल मो॰ 09466000078 जी से भी ली जा सकती है.

#### प्रकृति का अनमोल उपहार



आर्युमेड व्हीट् ग्रास प्लस टेबलेट, Ayurmed wheat grass plus Tab, M/s Ayurmed Life Care. Genrater House Sco No 6, Sai

Road, Baddi - 173205 (H.P.) Ph:-01795-244446 E-mail - Puremed Biotech & G-mail.com ने स्वस्थ्य एवँ दीर्घायु जीवन जीने के लिए व्हीट ग्रास प्लस टेबलेट प्रस्तुत की है. व्हीट ग्रास यानी गहुँ के जवारे के साथ इस टेबलेट में गुडूची तथा एलोवीरा का भी समावेश किया गया है. जिस प्रकार हम अपना मोबाईल प्रतिदिन चार्ज करते है उसी प्रकार हम व्हीट ग्रास टेब का सेवन करके अपने शरीर को रोगमुक्त तथा ऊर्जावान

## **MUMBAI BASE PHARMA COMPANY**

## **REQUIRED:-**Distributors | C&F

UNREPRESENTATIVE AREA ALL OVER INDIA. Over 100 Products Range, Products listed in Drug Today, Latest Molecule, Alu-Alu Packing. NO FORM 38 REQUIRED IN U.P.

FOR MORE INFORMATION Contact: 9758060006, 9319312918, 0121-2518888

E-mail: abronbiotech121@gmail.com Website: abronbiotech.com

#### **Our Brain May Navigate using Just** Smells: Study

Washington:- The mammalian brain can form a map of its surroundings based solely on smells, a study has found. Researchers at Northwestern University in the US have developed a new "smell virtual landscape" that enables the study of how smells engage the brain's navigation system. The olfactory-based virtual reality system could lead to a fuller understanding of odour-guided navigation and explain why mammals have an aversion to unpleasant odours, an attraction to pheromones and an innate preference to one odour over another, researchers said. The system could also help tech developers incorporate smell into current virtual reality systems to give users a more multi-sensory experience, they said. "We have invented what we jokingly call a 'smellovision,'" said Daniel A Dombeck from Northwestern University. "It is the world's first method to control odourant concentrations rapidly in space for mammals as they move around," said Dombeck, who led the study published in the journal Nature Communications. Researchers have long known that odours can guide animals' behaviours. However, studying this phenomenon has been difficult because odours are nearly impossible to control as they naturally travel and diffuse in the air. By using a virtual reality system made of smells instead of audio and visuals, Dombeck and grad-

## Available on PCD/Franchisee distribution in unrepresented areas

All Marketing Aids Like:

- Visual Aid Folders
- **Leave Behind Cards**
- Reminder Cards
- Visiting Cards
- M.R. Bags
- Periodic Table Gifts

Timely Dispatches of orders is the Hallmark of our business style



**Cutis Biologicals** 

She Biologicals

For PCD/Franchisee contact 09215017888 with D.L. No. & GST remedialhealthcare@yahoo.com

Liquid Orals

**Comprehensive Range Of:** 

Capsules

Dry Injections

We maintain teritorial monopoly

We undertake Third Party Manufacturing also

Suppositories

Sachets

Soft Gel Caps

Moisturizers

For Third Party Manufacturing contact 09812431676

रख सकते है. व्हीट ग्रास टेबलेट एक नहीं सौ रोगों की दवा है. यह एक आर्दश खाना है. जिसमे आयरन कैल्सीयम, एन्जाईम, एमीनो एसिड क्लोरोफिल तथा प्रोटीन भरपूर मात्रा मे उपलब्ध है. इसके प्रयोग से हाजमा ठीक होता है तथा विजातीय द्रव्य (टॉकसिनस) शरीर से बाहर निकलते है. यह कोलेस्टराल को नियंत्रित करने के साथ शरीर की रोग प्रतिरोधक शक्ति को बढाता है. यह ब्लड प्रेशर तथा मधुमेह को भी नियंत्रित करता है. यह शरीर को एनर्जी प्रदान करता है अर्थात शक्ति का स्त्रोत है. आर्युमेड व्हीट ग्रास प्लस टेब 30 टेब की पेक मे मार्केट मे उपलब्ध है जिसका अधिक्तम मल्य 125 रूपये है. कम्पनी सम्पर्ण देश में अपने वितरक बनाना चाहती है. व्यापार की इच्छुक पार्टियों कम्पनी के मार्केटिंग मैनजर प्रंशात मोहन से मो॰ 09736701313, 09882011313 पर सम्पंक कर सकती है.

ADMINISTRATIVE OFFICE: Nanhera Road, Kuldeep Nagar, Ambala Cantt, Haryana - 133004 Ph : 09215017888, 09812431676, E. mail : remedialhealthcare@yahoo.com

uate student Brad Radvansky created a landscape in which smells can be controlled and maintained. "Imagine a room in which each position is defined by a unique smell profile," Radvansky said. "And imagine that this profile is maintained no matter how much time elapses or how fast you move through the room," he said. That is exactly what Dombeck's team developed, using mice in their study. Aided by a predictive algorithm that determined precise timing and distributions, the airflow system pumped scents - such as bubblegum, pine, and a sour smell - past the mouse's nose to create a virtual room. Mice first explored the virtual environment through both visual and olfactory cues. Researchers then shut off the visual virtual reality system, forcing the mice to navigate the room in total darkness based on olfactory cues alone. The mice did not show a decrease in performance. Instead, the study indicated that moving through a smell landscape engages the brain's spatial mapping mechanisms. Not only can the platform help researchers learn more about how the brain processes and uses smells, it could also lay the groundwork for human applications. "Development of virtual reality technology has mainly focused on vision and sound," Dombeck said.

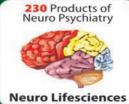
Staircase:- There is probably an elevator at the office entrance, but you must try to move up and down through the staircase. Take this opportunity when you can burn extra calories by making multiple trips up and down the steps. Use the Farther Restroom:- You should start using the restroom that is the farthest from your desk. Going the distance can help you expend a few calories. Taking a trip to the other side of the office also gives you a chance to meet other colleagues. Keep Snacks Handy:- Nuts are known to be excellent belly-slimming mono-unsaturated fats. Pack a small box of nuts for work. You will need them when hunger strikes or just-for-snacking purposes. A handful of nuts can energise you, making you feel full and thus, keeping your blood sugar levels under control. Watch out for Carbohydrates:-Carbohydrates give you plenty of energy but you need to keep your portions in check (especially when you're eating out). Halve your carbohydrate serving (when eating foods such as pasta, pizza, bread, or rice). Hold the Sauces:- Skipping the ketchup, mayo or other sauces could save up to 100 calories per day. Make the change, today. When it comes to weight loss, we often overlook little things but focus on lifestyle overhaul. Adopt the aforementioned steps to inch closer to your weight loss goal.

#### Available on PCD/Franchisee distribution in unrepresented areas (monopoly basis)

All Marketing Support Like:

- Visual Aid Folders
- Leave Behind Cards
- Reminder Cards
- Visiting Cards
- M.R. Bags
- Periodic Table Gifts

Many more products lined up for introduction in very near future







**160** Products of Cardio Diabetics **Shreya Gericare** 



**kriday Parentrals** 

#### Monopoly is strictly maintained

We undertake Third Party Manufacturing also

Contact in confidence for PCD/Franchisee 09991474666 with D.L. No. & GST askarmin\_co@yahoo.com

We have over own manufacturing unit in kala Amb (H.P.) with an ISO 9001: 2008 & **GMP** Certification

For Third Party Manufacturing contact 09218660666, 09416024633

SES SBS BIOTECH

ADMINISTRATIVE OFFICE: 15/3/2/10/1, Nanhera Road, Kuldeep Nagar, Ambala Cantt, Haryana - 133004 Ph : 09991474666, E. mail : sbsbiotechcorp2017@yahoo.com



#### All You Need to Know About Alzheimer's Disease

Do you forget your appointments, name of a person, what were you going to do? This can be normal as a person can forget certain things at a certain time, but if it is becoming very frequent or troublesome then it could be Alzheimer's disease. People with Alzheimer's disease (AD) have problems with memory, thinking and behaviour. Increasing forgetfulness is one of the initial symptoms of Alzheimer's disease (AD). They tend to forget (such as names, places and things) which develops slowly and worsen as the disease progresses and can become severe enough to interfere with their daily life and tasks. • Memory loss that affects day-to-day function:- Anyone can occasionally forget appointments, a known person's name or a friend's phone number--but the person usually remember it sometime later. But a person with AD may forget about conversations, appointments or events, and not remember them even later. This is more with recent events as the recent memory is affected initially. However, as the disease progresses memory loss worsens gradually and the person can have difficulty in remembering things that happened recently or in the past, names of people they know (even family and friends), recognizing family members and friends, trouble while speaking, reading or writing. • Difficulty performing familiar tasks:- All of us have occasional memory lapses like you may prepare vegetable and only remember to serve them at the end of a meal. However, a person with AD may have trouble with an everyday task like operating the washing or grinder or cooking a meal and in the later stage of disease doing everyday tasks like brushing teeth or combing hair. • Problems with language: Anyone can occasionally have trouble finding the right word. But people with AD may forget simple words or substitute words, which may make their sentences difficult to understand or totally meaningless. As the disease progresses they may find it difficult to express thoughts or take part in conversations. Slowly the reading and writing skills are affected as well. • Disorientation of time and place:-You may forget the date or day of the week or where you were going (for a moment) occasionally. But AD may cause memory loss and forgetfulness to progress to a stage where the person can get lost in familiar places and may have no idea where is he or what day and month it is. • Misplacing things:- It is normal to misplace the keys or wallet occasionally. But people with AD may put things in inappropriate places like clothes in the freezer or keys in the sugar bowl and then forget it. As the disease progresses the person's ability to interpret things, organize thoughts and remember things becomes difficult. A person with AD may initially notice that he has difficulty in remembering things and organizing thoughts. But mostly the person may not notice anything and it is the people around him (like family members, friends or co-workers) who feel the change or feel that something is wrong. If any of your family and friends show inappropriate forgetfulness or other symptoms of AD consult a doctor. There is no cure for AD but treatment may possibly slow down the progression of the disease, improve symptoms and improve the quality of life for those with Alzheimer's and their caregivers.

#### डिप्रेशन से कैसे निपटें?

डिप्रेशन यानी अवसाद का अर्थ है कि आप अपने अंदर जीवन के उल्लास <mark>को कायम</mark> नहीं रख पाते. इसका असर आपके शरीर पर भी पड़ता है. अगर आप अवसाद में हैं, तो भौतिक शरीर भी परेशानी झेलता है. आपके अंदर का जीवन उल्लासमय नहीं है, उसने अपना उल्लास खो दिया है क्योंकि आप उसके साथ सही बर्ताव नहीं कर रहे हैं. दरअसल आप कुछ बाहरी बेकार चीजों को अपने भीतर बहुत ज्यादा थोप रहे हैं. आपने अपनी जीवन-ऊर्जा के स्तर को ऊँचा रखने के लिए कुछ नहीं किया है. डिप्रेशन का स्रोत:- अवसाद एक प्रकार का कष्ट है. अगर आप आनंद नहीं, कष्ट बन गए हैं तो इसकी वजह यह है कि आपकी जीवन-ऊर्जा का एक बड़ा हिस्सा विवशता में घटित हो रहा है, चेतना में नहीं. वह एक तरह से बाहरी हालात की प्रतिक्रिया के तौर पर घटित हो रहा है. जब आपका जीवन विवशता से चलता है, तो डिप्रेशन बहुत स्वाभाविक है क्योंकि बाहरी हालात कभी भी सौ फीसदी आपके काबू में नहीं होते. दुनिया में बहुत सारी चीजें घटित हो रही हैं, अगर आप विवशता में प्रतिक्रिया करते हैं, तो उसमें खो जाना और दुखी होना स्वाभाविक है. आप जीवन के जितने संपर्क में होंगे, उतने ही दखी होंगे. जब लोग अपने बाहरी जीवन को संभाल नहीं पाते. तो वे अपने जीवन के अलग-अलग पहल्ओं से भागने लगते हैं. मगर वह भी काबू से बाहर हो जाता है. आपका एक हिस्सा लगातार विस्तार की खोज में रहता है- आप लगातार सीमाओं और अपने क्रियाकलाप के क्षेत्र को बढ़ाना चाहते हैं. आपका एक दूसरा हिस्सा भी है, जो हर बार निराश हो जाता है, जब कोई चीज आपके हिसाब से नहीं चलती. डिप्रेशन अपनी उम्मीदों के पूरा नहीं होने पर होता है. अगर आज स्टॉक मार्केट मंदा हो जाए, तो बहुत सारे लोग डिप्रेशन में चले जाएंगे. हो सकता है कि उनमें से बहुतों ने उस पैसे को कभी छुआ भी न हो, मगर हर दिन जब वे ग्राफ को ऊपर जाते देवते हैं, तो उनका मूड भी ऊपर जाता है. अब जब वे ग्राफ को गिरता देवते हैं, तो उनका मूड भी गिर जाता है। इसकी वजह सिर्फ यह है कि उन्होंने जैसी उम्मीद की थी, वैसा नहीं हुआ.

#### **Use of Antibiotics Can** influence Efficacy of Cancer Treatment

Turns out, antibiotics may impact cancer treatment efficacy. Any negative impact of antibiotics on cancer treatment appears to go back to the gut and to whether the microbiota is needed to help activate the T cells driving treatment response, said Dr Gang Zhou, in a study conducted at Medical College of Georgia at Augusta University. Antibiotic use is known to have a near-immediate impact on our gut microbiota and long-term use may leave us drugresistant and vulnerable to infection. "It likely depends on what types of therapy physicians are giving to patients and how often they also are giving them antibiotics," said Zhou, corresponding author of the study. They have some of the first evidence that in some of the newest therapies, the effect of antibiotics is definitely mixed. Infections are typically the biggest complication of chemotherapy, and antibiotics are commonly prescribed to prevent and treat them. "We give a lot of medications to prevent infections," said Dr Locke Bryan, a study co-author. "White blood cell counts can go so low that you have no defence against bacteria, and that overwhelming infection can be lethal," said Bryan. In this high-stakes arena, where chemotherapy is increasingly packaged with newer immunotherapies, Bryan, Zhou and their colleagues have more evidence that antibiotics' impact on the microbiota can mean that T cells, key play-

Xicon ( BELIEVE IN For Experienced **Xionac-AP Tablets** Professionals/Distributors (Paracetamol & Aceclofenac) Vogmil-0.2/0.3MD Tablets Skebon-GM Tablets (Diacerin, Glucosamine & MSM) Fydocef-50/100/200 Tab./Dry Syrup **Kipod-CV Tablets** (Cefpodoxime & Clavulanic Acid) Fydogest-100/200 Soft Gel Cap (Natural Micronised Progesterone) Rabikul-IT SR Tablets (Rabeprazole Sodium ,Itopride) Fydoclay-375/625 Tablets (Amoxycilin, Clavulanic Acid) TABLETS CAPSULES Spare capacity available for third party manufacturing SOFT GEL CAP. INJECTABLES LIQUIDS DRY SYRUP DROPS OINTMENT ENERGY DRINK PROTEIN POWDER/ SACHET **Brobet-100 Tablets (Acebrophylline)** Spy-100/200 Tablets/Dry Syrup 50mg Mapanil-L Tablets (Artemether 80mg, (Cefpodoxime 100/200mg) Lumefantrine 480mg) Cricef-O Tablets (Cefixime & Ofloxacin) Cofit-100 Tablets (Acebrophylline 100mg) Crituf-4.5 Inj. (Piperacillin & Tazobactum) Stapod-CV Tablets (Cefpodoxime & Potassium Critolac Cap./Sachet (Prebiotic & Probiotic) Clavulanic Acid) Cripro Powder Dayfresh Capsules (Multivitamin, Ginseng) (Protein, Iron with Zinc powder, Vitamins) Ultra-Z-100 Capsules (Co-Enzyme Q10 100mg) Ab-Plus Injection (Alpha Beta Arteether 150mg) A.O.: 171, Sector 3, HSIIDC, Karnal (Haryana) Penam Injection (Meropenam 1000mg) Ph. No.: 09215714500, 09034456711/33/55 Zymovit Tablets/Susp./Drops (Vitamin & Enzyme) ers of the immune response, are less effective and consequently, some therapies might be too. They reported that

antibiotic use appears to have a mixed impact on an emerging immunotherapy called adoptive T-cell therapy, in which a patient's T cells are altered in a variety of ways to better fight cancer. They found that one of the newest of these - CAR T-cell therapy - is not affected by antibiotics, likely because it is not so reliant on the innate immune system. "These infused T cells can pretty much act on their own to kill cancer cells", Zhou said. With this approach, physicians retrieve T cells from a patient's blood, engineer them to express a tumour-finding receptor - called chimeric antigen receptor, or CAR - and give them back to the patient. These patients typically will receive a conditioning chemotherapy regimen, which often includes the common agent cyclophosphamide, or CTX, to intentionally wipe out some of their normal T cells and make room for the engineered super-fighters. This emerging treatment is often used in patients, who have failed multiple other treatments, including chemotherapy. Even long-term antibiotic use does not seem to hinder the efficacy of CAR T-cell therapy against systemic lymphoma in their animal model. While they could see the impact of antibiotics on the microbiota, mice with CAR T-cell therapy continued to respond well to cancer treatment. But the efficacy of another mode of adoptive T-cell therapy was impacted. This model mimicked therapy in which receptors that target the patient's tumour are put into their T cells. In this case, the researchers transferred tumour-specific CD4+T cells to treat mice with colorectal cancer. "On<mark>e k</mark>ey difference here is that, unlike the CAR T-cell therapy, these engineered T cells still need help from the innate immune system to fight a tumour, now that they can better target it", Zhou said. Their studies also confirmed that antibiotic use impacts the efficacy of the widely used CTX when it's used alone, in this case, to treat B-cell lymphoma. In addition to directly killing rapidly dividing cancer cells, CTX gets the attention and help of endogenous T cells, and antibiotics reduced that T-cell response, the scientists reported. Their findings in lab animals confirmed the recent work of others that the altered intestinal microbiotaimpacts CTX's ability to fight sarcoma, a rare cancer of our connective tissue. Bigger picture, it suggested that some chemotherapy regimens rely

on the gut bacteria to stir the immune system to fight cancer, the scientists wrote. "It is clear in animal models that if you wipe out the intestinal microbiota like you do with antibiotics, it will attenuate the chemotherapy efficacy," said Zhou. "There is also emerging clinical evidence showing that for CTX-based chemotherapy, some patients who also get antibiotics for a longer period of time seem to have less optimal outcomes." Human studies are needed to see whether antibiotics affect the outcomes of adoptive T-cell therapy and to give clinicians and their patients' better information about how best to manoeuvre treatment, Zhou noted. The study is published in the journal Oncotarget.

# डिस्क स्लिप होने पर करें

हमारी रीढ़ करीब 34 छोटी-छोटी हिंडडयों (वर्टिब्रा) से मिलकर बनती है. दो वर्टिब्रा के बीच एक गद्देदार उतक होता है. जिसे इन्टरवर्टिब्रल डिस्क कहते हैं. डिस्क दो वर्टिब्रा को आपस में रगड़ खाने से रोकती है. बढती उम्र और गलत तरीके से उठने-बैठने से डिस्क में बदलाव आते हैं, उसे स्लिप डिस्क कहा जाता है. डिस्क के खिसक जाने से आस-पास निकलने वाली नब्ज पर दबाव पडता है, इससे कछ परिस्थितियाँ पैदा हो सकती हैं. कमर से लेकर एक पंजे तक करंट जैसा दर्द, पैर में सुन्नपन, पंजे या पैर के अँगुठे में कमजोरी आना, गम्भीर परिस्थितियों में पैशाब में रूकावट. स्लिप डिस्क का दर्द, आराम करने, व्यायाम और दर्द निवारक दवा से ठीक हो जाता है. 6 हफ्ते में दर्द ठीक न हो तो कमर में एक छोटे से चीरे से डिस्क के नस को दबाने वाले हिस्से को निकाल दिया जाता है. ध्यान रखें समय पर ऑपरेशन से पैरों में कमजोरी या पैरालिसिस नहीं होती.







(A Div. of ZOTA Health Care Ltd.)

Cefixime 200 mg + Ofloxacin 200 mg Tab.

**DEFICORT-6** 

EFF-D3

Calcium Carbonate 500 mg + Vit. D3 250 IU Tab.

Latest New Molecules

**Alu-Alu Packing** 

support with creative **Promotional Materials** 

**Exclusive Monopoly** based Marketing Rights

For more details visit us at : www.zotahealthcare.com

#### ZOTA GROUP OF COMPANIES

**Extending Healing Hands with True Desire in Heart to Cure** 

- More than 2800 brands; Highest in pharmaceutical industry.
- Already applied for 16 unique different formulation for patent. 7 patent products are applied in "PCT" for worldwide in 142 Countries.
- Export unit designed in accordance with International Standards.

For Distributors Inquiry please contact:

Cornorate Office : ZOTA HOUSE, 2/896, Hira-Modi Street Sagrampura, Surat-395 002. (Gujarat) Phone: +91 261 2331601 • Fax: +91 261 2346415

email: effect@zotahealthcare.com www.zotahealthcare.com www.facebook.com/ZotaHealthCare

#### How Can I Lower My Insulin levels?

Insulin is a hormone the body uses to gain energy from carbohydrates in food. Without insulin, a person's blood sugar levels can build up too high and cause damage to the body, especially to the kidneys, nerves of the hands and feet, and eyes. Ideally, there is a balance between blood sugar and insulin in the body. Some instances exist, however, where insulin does not work as well as it should, forcing the body to produce an excessive amount of insulin. This is known as insulin resistance, which is a risk factor for developing diabetes, as well as a primary feature of type 2 diabetes. A person who is insulin resistant and wants to maintain a healthy weight and body may need to control their insulin levels. Many of the steps associated with improved insulin resistance are already considered to be healthful habits that many people would do well to adopt anyway. We take a look at some of them in this article. Three diet tips:- 1. Eating foods that keep blood sugar levels low:- Often, the foods that keep blood sugar levels low are also foods that will help keep insulin levels low. Some foods are known to maintain a slower, steady need for insulin instead of causing sudden spikes. These are known as low glycemic index foods and are preferred sources of carbohydrates. The Diabetes Council recommend eating the following foods to keep insulin and blood sugar levels low: ● avocado ● banana ● blueberry ● cinnamon garlic ● honey ● peanut butter ● slow-cooked oatmeal ● vinegar ● yogurt without added sugars 2. Avoiding foods that cause insulin spikes • Just as there are foods that are beneficial to lowering insulin levels, there are some that cause spikes. These include high-sugar foods, such as candies and chocolates. • Dried fruits and energy drinks can also be sources of sugar that lead to insulin spikes. Avoiding these foods can help keep insulin levels down. 3. Following a lowcarbohydrate diet • According to an article in the journal Diabesity, eating a low-carbohydrate diet can help reduce a person's insulin levels as well as promote weight loss and lower blood pressure. • There are several types of low-carbohydrate diets a person can choose from, depending on how many carbs they are allowed to consume. Examples include the Atkins, South Beach, and the Mediterranean diet, which favors carbohydrates that come from healthful, fiberrich sources, such as wheat and beans. It also includes fruits, vegetables, nuts, olive oil, and fish. Four lifestyle changes 1. Losing weight:- If a person is overweight, weight loss can likely help them decrease their insulin levels, according to the International Federation of Gynecology and Obstetrics. This is because excess weight and body fat is associated with insulin resistance, and therefore an increased level of insulin. The link between body fat and having too much insulin is why many doctors recommend that women with polycystic ovary syndrome (PCOS) lose weight. This syndrome causes a woman to produce excess amounts of "male" hormones known as androgens, as well as excess amounts of insulin. Losing weight is not easy for women with PCOS, nor is it easy for anyone who has a hormone-related condition. However, some lifestyle changes can make weight loss possible. Losing weight can result in lower insulin levels. 2. Exercising regularly:- Fitting in 60 minutes of exercise on a daily basis or several 15- or 30minute sessions can be very helpful. The exercise can include walking, taking an exercise class, riding a bicycle, or taking part in another physical activity that gets the heart beating faster. 3. Engaging in resistance training:- According to another article in the journal Diabesity, resistance training improves muscle mass, which increases the amount of glucose a person uses and makes their insulin work more efficiently. 4. Taking steps to reduce stress:- Stress can lead to excess insulin production because the body is attempting to release more insulin to use with carbohydrates for energy. Measures to reduce stress include: ● getting enough sleep at night ● taking 15 to 30 minutes each day to do something enjoyable • journaling • meditating Supplements:- Chromium supplements may help to enhance insulin's effectiveness, which might help to lower insulin levels. Some studies have supported the use of supplements in reducing insulin levels. One study, published in the Annals of Nutrition & Metabolism, found that overweight women taking a dietary supplement that consisted of 125 milligrams (mg) of green tea,

## Community And Vegetables Grow Side-By-Side In Syrian Refugee Camp Gardens

Fig and pomegranate trees, grapes, carrots, and narcissus flowers are some of the plants that Aveen Ismail like to grow in the Domiz refugee camp in Northern Iraq where they live. That's because these plants remind her of Syria and home. At first, Ismail did not find the dry land welcoming. But she values greenery and gardening, so she cultivated a small patch of land next to the house her family built in the camp. In 2015, after seeing her garden, members of a U.K.-based nonprofit called The Lemon Tree Trust asked Ismail to help them encourage others to garden in the camp. Now she has a formal role with the group. "I hope to give a beautiful view for my neighbors and support for others, to encourage agriculture, and provide myself with a few fresh vegetables every day," Ismail says. Ismail, her husband, and three children fled the Syrian Civil War in 2011. They left their home in Damascus after several family members were killed in their neighborhood. More than 11 million Syrians have been displaced and more than 250,000 have died in the ongoing war. Ismail's family is among about 26,500 refugees in the Domiz camp, which covers approximately 710 square miles. The Lemon Tree Trust is an international branch of Citizen D, a Texas-based nonprofit that focuses on developing urban agriculture projects with marginalized communities, including refugees. Trust FounderStephanie Hunt says the Kurdish Regional Government that manages the Domiz camp is unique because it is "particularly open to ideas around tree planting, gardening, agriculture and landscape improvement." The Trust team approached the camp community and got to know the population by surveying established green spaces, talking to local gardeners, and connecting community members. They funded a small nursery in the camp and hired refugees like Ismail to disseminate seeds, trees, and knowledge. But what really got refugee gardeners engaged was a Trust-sponsored home garden competition - now an annual event - with cash prizes. The number of participants rose from 50 to 150 between 2016 and 2017, says Hunt. After the first contest, the Trust brought the community together to hear its priorities for greening the space. "A training and demonstration garden for food growing and small livestock, space for individual garden plots and recreation areas for children," were the strongest desires, project director Carrie Perkins says. The Trust hired refugees to handle the mapping, construction and maintenance of a demonstration garden in an unused plot, which is now a flourishing enterprise and community hub called Azadi Garden. Azadi means "liberation" in Kurdish. It contains greenhouses, tree and plant nurseries, and raised beds for personal, communal, and commercial use. There are also areas for men, women, and children to socialize. A repaired well and gray water - recycled household waste water, excluding toilet sewage - are used to irrigate the arid soil. One of the obstacles refugee camp gardening initiatives like these face is that cultivating the land can feel permanent. While many refugees do end up staying in camps for decades, accepting them as a new home can be difficult. Perkins and her colleagues emphasize the immediate rewards of camp greening with residents - farming skills, keeping memories of home alive, building community, and accessing fruits and vegetables they would not otherwise have. At Domiz, people access prepackaged and canned goods from a United Nations World Food Programme-run grocery and frozen meat from butchers, but rarely any fresh food. Now the gardening and livestock programs have introduced olive and fruit trees, tomatoes, potatoes, onions, lettuce, herbs, garlic, rabbits and chickens to the camp, among other products. Shaza Moghraby, a WFP communications officer who previously worked in a Syrian refugee camp, says gardening also gives refugees "a feeling of accomplishment and productivity ... For Syrians who are used to working and producing at a relatively young age, it was pretty traumatic for them to spend their day doing nothing." There is a lack of employment in the Domiz camp



25 mg of capsaicin, and 50 mg of ginger extract twice daily resulted in a greater decrease in body weight and insulin levels than those who took a placebo. Another supplement that has been widely studied for its insulin-lowering benefits is chromium, which is a trace mineral found in the human body. Supplements of chromium may help enhance insulin's effectiveness, which ideally, would help with lowering insulin levels overall. Chromium supplements are available to buy



online. Studies have not definitively proven chromium's benefits in lowering insulin, yet. However, one study published in The Journal of Nutrition found that taking chromium supplements lowered the risk of having type 2 diabetes by helping reduce blood glucose and insulin levels. **Medication:-** Sometimes, doctors will prescribe a medication known as Metformin. This medicine makes the body more sensitive to insulin, which can help to lower insulin levels because the body uses it more. According to the Center for Young

Women's Health, women with PCOS who were overweight, practiced a healthful lifestyle, and took metformin were more likely to lose weight than those women who adopted a healthful lifestyle alone. However, side effects of taking metformin exist, so it is not always the best solu tion for women with PCOS or those with similar medical conditions. **Outlook:-** Excess insulin in the body is known to affect how the body works. For example, excess insulin triggers the body to store extra fat, which can be broken down and used for energy at a later date. Insulin promotes hunger and weight gain. According to a research article in Current Obesity Reports, high insulin levels are associated with a greater risk for obesity. A healthful diet, physical exercise, and stress moderation can all help a person struggling with excess insulin to lower their levels. A person should always talk to their doctor before beginning a new diet or any new supplements to ensure they will not interfere with their medication plan or overall health.

for workers of all levels of expertise and education. Ismail's husband was unable to take construction work, which was the main type available, due to a back injury. Instead, he joined the Peshmerga, a Kurdish force fighting the Islamic State. He sends his earnings home and comes back to his family every 10 days. It is not uncommon for women to stay in the camp when men leave to find work, and there are many women who must become

independent or bring up families on their own. To support its camp gardeners, the Trust pays wages that are reduced annually with the intention that over time, the gardeners will be able to make money selling some produce. The refugee gardeners even made a deal to sell produce to a local supermarket. The Trust also helped launch a workers' cooperative to design and build Crisis Response Garden Kits, which provide new refugees with tools and



seeds to begin growing food as soon as they arrive. The Trust hopes the project will become a "self-contained business" for Domiz families when they obtain orders from other relief organizations in crisis regions. Daily, Hunt and Perkins fight public perceptions that refugees are somehow responsible for their plight or helpless, or that camps are hopeless environments. "They want to be a productive part of humanity, just like us all," Hunt says. The Trust is also currently working in Jordan and Uganda and plans to branch out into other regions in Iraq, as well as potentially in Greece and Bangladesh. Ismail, along with about half of the camps' population, wants to stay in Domiz. She is ready to drop the refugee label and hopes to see the area become a regular village. She sees the effect of the community's greening and growth on her neighbors faces; "I see their smiling looks to their plants, full of love and longing. It brings me peace."

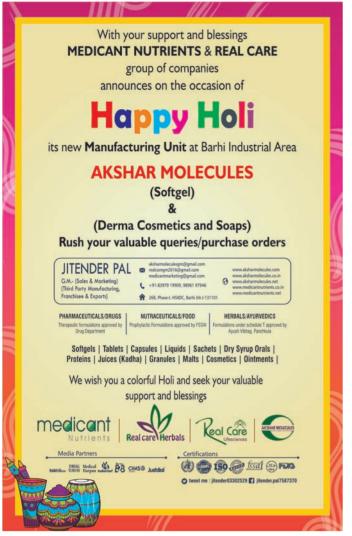
1 6

अपना

पराथा

듄

दखता





A small trial involving 10 boys with autism spectrum disorder showed promising results from treatment with a drug called suramin, which was originally developed 100 years ago to treat African sleeping sickness, a parasitic disreceived a single

ease. Boys who dose of the drug ble, though not improvements in disorder sympthe trial - led by order (ASD), or interaction and sity. For this rea-ASD affects more common in ranging from pol-School of the development

out by all cells Naviaux, "is to The signal causand withdraw that the cell danthe cell's healing can "permanentat the molecular chronic cause

showed measura-क्या आप झड्ते बालों की समस्या से परेशान हैं ? तो अपनाईरो आयुर्वेद का अनुपम उपाय Regrow Hair Oil + Regrow Cap री ग्रो हेयर ऑयल + री ग्रो कैप्सूल बालों को गिरने से रोके बालों को सफेद होने से रोके डेंड्फ (रूसी) को दूर करे स्वस्थ एवं सुंदर बालों के लिये एक आदर्श औषधि बालों की सभी समस्याओं का अन्त For business Inquiry - 09736701313, 09882011313 **AYURMED LIFE CARE** SCO No. 6, Genrater House, Opp. City Look H Sai Road, Baddi - 173205 (H.P.) Ayurmed Customer Care No. 01795-244446

permanent, autism spectrum toms. A report on

ing early child development, it causes autism and many other chronic childhood disorders." Cells activate the cell danger response by releasing a small molecule from their energy-making compartments, or mitochondria. The release of this molecule is what acts as the danger signal, and it keeps being released as long as the cell danger response is active. Suramin blocks the ability of the small molecule to release the danger signal. The effect, says Prof. Naviaux, is to signal that "the cellular war is over, the danger has passed and cells can return to 'peacetime' jobs like normal neurodevelopment, growth, and healing." The drug was originally developed in 1916 by the German firm Frederich Bayer and Co. for treating diseases caused by trypanosome parasites, such as those that cause African sleeping sickness and river blindness. For their small study - which took the form of a randomized, double-blind, placebo-con-

trolled phase ing 10 boys, and 14, who ASD the of a single symptoms of trial was to cell danger explain the and to assess which is not ment of ASD. tested the

found that a

**⇒**ADOREFEM under its newly launched division: ADOREFEM \*WHO GMP Compliant products \*Most advanced range with fabulous packing Creative promotional inputs & marketing tools Required Dynamic result Oriented business associate LIFESCIENCES Interested parties may please contact for detail & trade policies : S.C.O. No. 3, Cheema Complex, Preet Colony, Adjn. Royal Estate Chandigarh - Ambala Higway, ZIRAKPUR (S.A.S. Nagar) - 140 603

E-mail: cheminnova91@gmail.com, Mob.: +91 94174-66020, 70093-34970

ily reversed" symptoms of ASD. The boys were randomly assigned to receive either a single intravenous transfusion of suramin, or a placebo. The results showed that all five boys who received the active drug showed measurable improvements in ASD symptoms not seen in the placebo group. The improvements were specifically in speech and language, social communication and play, coping skills, calm and focus, and repetitive behavior. The researchers used a battery of standardized tests and interviews to measure the improvements. When these involved parent observations, the team only counted a change as an improvement if it persisted for at least a week. This was to rule out any fluctuations in day-to-day behavior that may have occurred anyway. Prof. Naviaux says that there were four non-verbal children in the trial: two aged 6 and two aged 14, with one of each age having been assigned to the drug group and the placebo group. "The 6year-old and the 14-year-old who received suramin said the first sentences of their lives about one week after the single suramin infusion," he notes. "This did not happen in any of the children given the placebo."





the University of California-San Diego (UCSD) - is published in the Annals of Clinical and Translational Neurology. Autism spectrum disautism, is a developmental disability with a cluster of behavioral symptoms that typically surface in childhood and generally affect social communication. ASD is considered a complex, wide-spectrum disorder because the many symptoms can vary in combination and intenson, no two people with ASD will have exactly the same symptoms. According to the Centers for Disease Control and Prevention (CDC), around 1 in 68 children in the United States and occurs in all socioeconomic, racial, and ethnic groups. However, it is about 4.5 times boys than in girls. There is no single cause of ASD, but it is thought that a combination of genetic and environmental factors is involved, lutants to viral infections and pregnancy complications. Robert K. Naviaux, a professor of medicine, pediatrics, and pathology at UCSD Medicine and first author of the new study, believes that the idea of an abnormal "cell danger response" may offer a unifying theory for

of ASD. The cell danger response is a normal signal sent when they suffer injury orstress. Its purpose, says Prof. help protect the cell and jump-start the healing process." es the cell to stiffen its cell walls, stop talking to other cells, until the threat subsides. However, Prof. Naviaux explains ger response "can get stuck" and stop the completion of cycle. The cell persists in the threat response state, which ly alter the way the cell responds to the world." The effect level is to disrupt the chemistry of cell equilibrium and disease. Prof. Naviaux says that "when this happens dur-

Regeneration of Health HAVE A WIDE RANGE OF UNIQUE PRODUCT Ofloxacin 100 mg Suspension Zinc gluconate + Prebiotic & Probiotic Dry Syrup \* Cholecalciferol Drops 
\* Silymarine+L-ornithine+L-aspartate+b-complex Capsules
\* Cefpodoxime proxetil 100 mg dry syrup\* Liquid paraffin+milk of magnesia+sodium Picosulphate Syrups
\* Stanozolol Tablets 
\* Mefenamic Acid 100 mg + Paracetamol 250 Suspension all aged between 5 were diagnosed with HAVE A WIDE RANGE OF team tested the effect INFERTILITY INJECTABLES dose of suramin on ASD. The aim of the OINTMENTS CREAMS/GELS find out whether the response theory might development of ASD approved for the treat-An earlier trial that drug on mice had single dose "temporar-Monopoly rights, Promotional inputs (Visual Aid, Order Book, Visiting Cards, Reminder Cards, Executives bags, Catch Cover, Product Literature), Products Monographs DCGI approved molecules (Out Of DPCO) \* Azithromycin 500 mg + LB 60 million spores Tablets

\* Amoxycillin 500 mg + Clavulanic acid 125 mg + LB Tablets

\* Cefixime 200 mg + LB 60 million spores Tablets FOR THIRD PARTY MANUFACTURING +91-9991616019, 8950503737



For Franchisee Contact on: +91-7404275983, 8950196522

I/II clinical trial involv-

the safety of suramin,



# Our vision a Healthy World



**Tablets** 

Shampoo

Golden opportunity to join hands with fastest growing pharmaceutical company having widest range of products.

#### Brand promotional inputs available like:

Visual-Aids Lea

Leaflet & Pads

**Product Glossary** 

Gifts

Reminder Cards Visiting Card

gs Catch Cover

Capsules Ointment/Gel Sun Screen

Dry Syrup/Syrup/Suspension Injectable

**New Generation Molecules** 

Dusting Powder | Mouth Wash

ash Softgel Capsule

Protein Powder

## OVER 1200 SATISFIED CUSTOMER

All Brands are Trademark

Face Wash

International Standard Packing

Super Franchises/Franchisee/Promoters with sound financial background & pharma selling experience are welcome for distribution rights on monopoly basis for unrepresented areas, please contact to our Corporate Office

Bags

Our Divisions: -







Solacia LIFECARE (Cardiac & Diabetic Products) GOIND
MEDIHERBS
(Ayurvedic Products)

(AN ISO 9001: 2008 CERTIFIED CO.)

R.C. B NO. 2, ROOM NO. 15, CHEMBUR COLONY, CHEMBUR, MUMBAI-400074 OVERSEAS OFFICE: PARK DRIVE, MELVILLE, NEW YORK - 11747 U.S.A.

CORPORATE OFFICE: "MAA SHARDA NIWAS" 266 – NAPIER TOWN, NEAR BHAWARTAL GARDEN, JABALPUR - 482001 (M.P.)

Phone: +91-761-2450887 Mobile: 09479638088, 09424698888

E-MAIL: americanbiocare@gmail.com Visit us at: www.americanbiocare.in, www.americanbiocare.co.in

#### कभी अपने दिल की भी सुनो, इस तरह रखें धड़कन पर काबू

प्राप्त जानकारी के अनुसार:- सर्दी का प्रकोप जारी है. सर्दी के कारण तमाम समस्याओं का तो सामना करना पड़तें ही है, साथ ही ठंड का मौंसम दिल के मरीजों के लिए बहुत नुकसानदायक साबित होता है, खासतौर से दिल्ली का सर्द मौसम दिल का दुश्मन माना जाता है. इन दिनों दिल के दौरे, अरहाइथमाइस, अचानक कार्डिएक अरेस्ट यानी दिल फेल हो जाने के मामले ज्यादा देखे जाते हैं. इसिलए इन दिनों दिल की धड़कन का खास ख्याल रखना चाहिए. समय-समय पर डॉक्टर की सलाह लेने के साथ ही उनके बताए सुझाव पर अमल करें. इससे आप का दिल और सेहत दोनों फिट बने रहेंगे. ठंड का मौसम बच्चों और बड़े-बूहों के लिए ज्यादा नुकसानदायक होता है. इनके अलावा हाई ब्लड प्रेशर के मरीजों को भी इन दिनों अपनी सेहत का ध्यान रखना चाहिए. वजह ये है कि सर्दी होने के कारण शरीर से पसीना बाहर नहीं आ पाता, जिस कारण शरीर में नमक की मात्रा बढ़ जाती है. इसके अलावा तेजी से बदलती जीवनशैली ने सेहत के सामने नए-नए खतरे खड़े कर दिए हैं. हमें अन्य बातों की तरह ही सेहत के ध्यान को भी डैली रूटीन में शामिल कर लेना चाहिए. आप चाहें घर में हों या दफ्तर में, थोड़ा समय शरीर के लिए जरूर निकालें- ध्यान रखें अगर आपकी लापरवाही से आपका दिल रूठ गया तो फिर उसे मनाने की सारी कवायद बेकार साबित हो जाएगी. सर्दी का मौसम होने के साथ-साथ ये दिन ब्याह-शादी और त्योहारों के भी होते हैं. सर्दी में आदमी का पाचन भी अच्छा रहता है और इन दिनों दावतों का खूब आनंद उठाया जाता है. लोग खूब तली-भुनी चीजें खाते हैं. चूंकि इन दिनों शारीरिक श्रम बहुत कम होता है, इसलिए शरीर में कोलेस्ट्रॉल की मात्रा बढ़ जाती है. इसलिए इन दिनों दिल का विशेष ध्यान रखने की



जरूरत होती है. 💿 ज्यादा सर्दी से ख़ुद को बचा कर रखें. कोहरे या धुंध में निकलने से परहेज करें. 💿 सुबह या शाम को समय निकालकर थोड़ी बहुत एक्सरसाइज जरूर करें, तािक शरीर से पसीना बाहर आए. • सर्दी में चाय और पकोड़ों की बार-बार याद आती है. इसलिए खान-पान के मामले में खुद पर कंट्रोल रखें. • ज्यादा तला-भुना या मसालेदार खाने से परहेज करें. खाने में फलों को जरूर शामिल करें. • सीने में किसी भी तरह की कोई परेशानी हो तो फौरन डॉक्टर को दिखाएं, लापरवाही ना करें. • नियमित व्यायाम करने से हृदय की धडकन प्रक्रिया बेहतर काम करती है. शरीर को भरपुर मात्रा में ऑक्सीजन मिलती है. 💿 भरपूर नींद लें और अधिक थकान होने पर शरीर को आराम करने दें. 💿 सात घंटे से कम सोने वाले लोगों को दिल की बीमारी होने का खतरा ज्यादा रहता है. • अधिक तनाव ब्लड प्रेशर को बढाता और दिल की माँसपेशियों को प्रभावित करता है. इसलिए कोशिश करें कि तनाव से दूर रहें. • आपका वजन अधिक है तो आपके हृदय पर दबाव पड़ता है, दिल तेजी से धड़कता है. इसलिए वजन पर कंट्रोल रखें. • विटामिन-बी का नियमित उपयोग करने से होमोसिसटेन का स्तर कम होता है. होमोसिसटेन का बढ्ना दिल के लिए खतरनाक है. • धुम्रपान और शराब के सेवन से दूर रहें. अगर ये आदत में शुमार हैं तो कम मात्रा में सेवन करें, हो सके तो बिल्कुल छोड़ दें. • सर्दी में हम कम पानी पीते हैं, जोकि सेहत के लिए खराब है. इसलिए प्यास ना भी लगे फिर भी पानी पीते रहें.

#### सात रोगों की एक स्वादिष्ट दवा है जामुन का रस

सुनकर आपको भले ही थोड़ा अलग लगे, लेकिन जामुन का जूस न केवल गजब का स्वादिष्ट होता है, बल्कि इसके कई तरह के फायदे भी होते हैं. सबसे बड़ी बात यह है कि कुछ खास स्थानों पर इसे परोसने का तरीका भी लाजवाब है, जिसमें काले नमक का ट्विस्ट के साथ पेश किया जाता है. आप जब भी इसे ट्राई करेंगे, इसका स्वाद कभी नहीं भूल पायेंगे इसके यह सात लाभ भी जरूर लीजिये. भूख न लगना - अगर आपको भूख कम लगती है या आजकल भूख लग ही नहीं रही, तो एक बार जरूर इस स्वादिष्ट उपाय को आजमा लीजिये कुछ दिनों तक इसका सेवन कीजिये और जादुई लाभ खुद देखिये. • कब्ज - कब्ज के अलावा पेट के अन्य रोगों में भी जामून का रस बेहद फायदेमंद है. खासतौर से जामून का सिरका इन रोगों के लिये अमृत के समान असर करता है. • **मधुमेह** - मधुमेह यानि डायबिटीज के रोगियों के लिये जामुन का रस काफी लाभदायक है जामुन और आम का रस बराबर मात्रा में मिलाकर पीने से भी मुधमेह में लाभ होता है. • उल्टी दस्त - जामुन के एक किलोग्राम ताजे फलों का रस निकालकर ढाई किलोग्राम चीनी मिलाकर शरबत जैसी चाशनी बना लें इसे एक ढक्कनदार साफ बोतल में भरकर रख लें जब कभी उल्टी - दस्त या हैजा जैसी बीमारी की शिकायत हो, तब दो चम्मच शरबत और एक चम्मच अमृतधारा मिलाकर पिलाने से तुरन्त राहत मिल जाती है.









# CHISEE OPPORTUNIT



#### Call Now for Franchisee:

#### 09342635220/09019037722/09342954329/09205099001

Email: marketing3@intralifeindia.com, info@intralifeindia.com Website: www.intraveggielife.com

Corporate Office: INTRA LIFE, # 4025/26, 3rd Floor, K.R. Road, Jayanagar 7th Block, Bangalore - 560 082. Ph: 080 - 26766029

#### WE WELCOME YOUR ENQUIRIES FOR: THIRD PARTY MANUFACTURING FOCUSED ON: - QUALITY, SAFETY, SATISFACTION, COST MANAGEMENT & TIMELY DELIVERY FRANCHISE / PCD ALL SOLUTIONS IN ONE STOP MONOPOLY BUSINESS RIGHTS FOR UNREPRESENTED AREAS ALL OVER INDIA FSSAI, & AYURVEDIC MOLECULES Requires Parties with Good Financial Background Export Quality Products & Marketing Experience are Welcome For Attractive Packing with He marketing & Distribution rights of underpresentee Wide range of Ayurvedic Products Competitive Prices Stock available round the clock Latest UV & attractive packing Contact: NEERAJ SHARMA Email: unipharmaindia@yahoo.co.ir





#### Comprehensive **Formulation Facility**



- Export Inquiries for Regulated Markets
- PCD/Franchisee for unrepresented Area
- Monopoly Business Rights



## Powder Protein Powder Whey & Herbal Protein **External Preparation**

Oil (Herbal & Cosmetic)

**AYURVEDIC & NUTRACEUTICALS** 

**Tablets, Capsules** 

Syrup & Sachet

BIOSCIENCES

Cream, Lotion, Face Wash, Shampoo & Soap

**BLUE STAR** 

**MAYLEBENS** 



Office: 206, Blue Star Plaza, Sarja Mkt, Opp. M2K, Sector 7, Rohini, Delhi-110085 Works: Plot No.-6, Sector-56, Phase-4, HSIIDC, Kundli-131028 (Haryana) Ph.: 011 2704 0437, 9810165707 Email: bsnspl@gmail.com

## Pfizer ने किया कमाल



देश की बड़ी कम्पनी Pfizer भी अब अंधी होकर अपना प्रॉडक्ट Pedialyte को बाजार में उतार रही है. Pfizer मो॰ 09936411228, 09313174447.

09313174447

कम्पनी की सीलबंद बोतल में फंग्स अलग ही दिख रही है. जब इतनी बड़ी कम्पनी । का यह हाल है तो छोटी-मोटी कम्पनियाँ अपने प्रॉडक्ट में क्या भर कर दे दें कौन गक्त है

#### Abott की लापरवाही





 देश की बहुत बड़ी व नामी गिरामी कम्पनी Abott लापरवाही में लोकल दवा कम्पनी को भी मात दे रही है. जी हाँ Abott मो॰ 09761234041, 09369318541, 08953005824, 09893183539 09412857136, 09555930220, 07417707779 कम्पनी की Carbimazole Tablets IP- Neo Mecazole 10 की सील बन्द शीशी में दवा के नाम पर फंगस पायी गयी है. अब Abott जैसी नामी गिरामी कम्पनी का यह हाल है तो शेष बची लोकल कम्पनियों का क्या होगा?



- Cefixime 200mg + Azithromycin 250mg Tab
- Cefixime 200mg + Dicloxacillin Sodium 500mg Tab no + Offoxacin 200mo Tab
- Cefpod
- **Cholecalciferol Sachets**

Export Quality Products

Free Promotional Gift Items Bar Code Protected Product

Original Physician's Sample:

- Cefpodoxime 200mg + Dicloxacillin 500mg Tab Levocetirizine 2.5/5mg + Montelukast 4/10mg Tab/Syrus
- Aceclofenac 100mg + Thiocolchicoside 4/8mg Tab
- Artemether 40/80mg + Lumefantrine 240/480mg
- Cefixime 50mg + Offoxacin 50mg Dry Syrup
- Rabeprazole Sodium 20mg + Itopride HcL 150 mg Cap Pantoprazole Sodium 40mg + Itopride HcL 150mg Cap
- Dictofenac Potassium 50mg + Thicolchocise 4mg Tab
- Fexofenadine Hcl 102mg + Montelukast 10mg Tab

#### Ear/Eye Drops Mouthwash

Protein Powder

A Complete Range Of :

Tablets

Capsules

Injections

\* Oral Liquids

Dry Syrups

**Ointments** 

Parties/Professionals are invited for exclusive marketing rights (on monopoly basis), who has strong financial background, wide infrastructure & are experienced in the line of business