



PHARMA दर्पण

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GSK Submits US Regulatory Application For Single-Dose Tafenoquine for Plasmodium Vivax Malaria

GSK and Medicines for Malaria Venture (MMV) today announced the submission of a new drug application (NDA) by GSK to the United States Food and Drug Administration (FDA), seeking approval of single-dose tafenoquine for the radical cure (prevention of relapse) of Plasmodium vivax (P. vivax) malaria in patients 16 years of age and older. If approved, tafenoquine would be the first new medicine for the prevention of relapse of P vivax malaria in more than 60 years, potentially addressing the need for a single-dose and effective medicine for this debilitating disease. The submission follows the decision made by FDA in December 2013 to grant tafenoquine Breakthrough Therapy Designation, an initiative aimed at expediting the development and review times of drugs for serious or life-threatening conditions. The NDA submission includes Phase III data from the previously reported GATHER and DETECTIVE studies conducted by GSK in partnership with MMV. [1] Pauline Williams, Head of Global Health R&D, GSK said: "This regulatory filing marks a significant and historical milestone in our global health efforts."

Treating Plasmodium vivax malaria is particularly challenging because the parasite can lie dormant in the liver resulting in relapses. Poor compliance to primaquine in real-world settings can lead to higher relapse rates than those seen in the controlled setting of clinical trials, so a single dose treatment is an attractive proposition. GSK and MMV have been working together since 2008 to develop single-dose tafenoquine as an alternative to primaquine. If approved, tafenoquine will potentially become an important tool to help eliminate P vivax malaria for good. We look forward to the outcome of the filing. "David Reddy, CEO of Medicines for Malaria Venture said, "MMV and GSK are committed to the development of single-dose tafenoquine for relapsing malaria. Following a long-standing partnership, we have now reached the exciting milestone of regulatory filing. This is significant because without treatment to stop the relapses, infected patients live with the constant threat of malarial symptoms returning without warning. Relapsing malaria thereby contributes significantly to the burden of disease in affected countries. The world has been waiting over 60 years for a new medicine for this indication. A single dose medicine would be unprecedented." Tafenoquine is not approved for use anywhere in the world. GSK plans to progress regulatory filings in other countries in 2017 and 2018.

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विश्वास

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माउथवॉश के इस्तेमाल से हो सकता है डायबिटीज

अनुसंधानकर्ताओं ने चेतावनी दी है कि नियमित रूप से मुँह साफ करने के लिए माउथवॉश का इस्तेमाल करने वालों में मधुमेह का खतरा बढ़ सकता है। अमेरिका की हार्वर्ड यूनीवर्सिटी के अनुसंधानकर्ताओं ने यह पाया कि जीवाणु रोधी तरल पदार्थ से मुँह साफ करने से मुँह में रहने वाले मोटापे और मधुमेह से सुक्ष्म मददगार जीवाणु नष्ट हो सकते हैं। अनुसंधानकर्ताओं में एक भारतीय मूल का अनुसंधानकर्ता भी शामिल है। उन्होंने पाया कि जो लोग दिन में दो बार माउथवॉश का इस्तेमाल करते हैं, उनमें मधुमेह या खतरनाक ब्ल्यू शुगर का खतरा करीब 55 प्रतिशत बढ़ने की संभावना रहती है। हार्वर्ड स्कूल ऑफ पर्सिल क्लिनिक हेल्थ में प्रोफेसर कौमुदी जायिपुरा ने बताया कि माउथवॉश में अधिकतर जीवाणु रोधी घटक चिह्नित नहीं हैं। 'द टेलीग्राफ' ने कौमुदी के हवाले से लिखा कि दूसरे शब्दों में वे मुँह के विशिष्ट जीवाणु को निशाना नहीं बनाते इसके बजाय ये घटक व्यापक स्तर पर जीवाणु पर ही कार्रवाई कर सकते हैं। 1206 मोटे व्यक्तियों पर किया अध्ययन यह अध्ययन शनाइट्रिक ऑक्साइड पत्रिका में प्रकाशित हुआ है। अध्ययन में 40 और 65 के बीच की उम्र के ऐसे 1,206 मोटे व्यक्तियों को शामिल किया गया, जिनमें मधुमेह होने का खतरा अधिक होता है। कौमुदी के अनुसार मुँह में रहने वाले ये मददगार जीवाणु मधुमेह एवं मोटापे से सुरक्षा कर सकते हैं। इनमें वैसे जीवाणु भी शामिल हैं जो शरीर के इसुलिन स्तरों को नियंत्रित करने में सहायक नाइट्रिक ऑक्साइड का उत्पादन करने में मदद कर सकते हैं। नाइट्रिक ऑक्साइड मेटाबोलिज्म को नियंत्रित रखने, ऊर्जा नियंत्रण एवं ब्लड शुगर का स्तर संतुलित रखने में महत्वपूर्ण होता है।

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स्टाफार्ड शायर, यूके द्वारा इंस्ट्रेशनल लाइफ साइंस्ट्रे एवार्ड 2017 से सम्मानित किया गया है। यह पुस्तकरां डॉ. सुशील अग्रवाल जी को पिछले 40 वर्षों में वेटनरी आयुर्वेद को पशु-स्वास्थ्य व चिकित्सा विज्ञान के रूप में विकसित करने एवं अनेक विशिष्ट आयुर्वेदिक पशु औषधियों व पोषक तत्वों के अनुसंधान, विकास व निर्माण के लिए मिला है। समय-समय पर कई राष्ट्रीय एवं अंतर्राष्ट्रीय समानों से डॉ. सुशील अग्रवाल जी को सुशोभित किया जा चुका है।

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सूचना

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Pros and Cons of Having Butter that You Should be Aware of

Benefits of butter -Butter has fat that helps the body absorb many of the healthy nutrients found in vegetables. It especially helps in the absorption of carotenoids, effective disease-fighting antioxidants present in vegetables. It contains lauric acid, which helps to treat fungal infections and candida. Presence of lecithin in butter helps to enhance cholesterol metabolism. Butter eases absorption of essential vitamins (A, D, E and K). Vitamin D present in butter helps in absorption of calcium, which shields teeth against decay. Contains arachidonic acid, which is vital for brain functioning. It fulfills the basic fat requirement of the body, which is 30 percent of the total calorie intake. What to avoid A single spoon of butter has 30 milligrams of cholesterol and 7 grams of saturated fat. The daily intake of saturated fat, however, should be no more than 15 grams. Keep a count of calories when you have butter delicacies. Neither saturated fat nor cholesterol is good for heart health. Therefore, butter with high saturated fat should be avoided when preparing food items. Advice for butter consumption Health experts advise limiting the intake of butter-whipped recipes as far as possible. Butter with half the amount of saturated fat and cholesterol must be used for food preparation instead of regular butter. Butter blended with canola oil or olive oil is healthier than a regular butter. Rather than whipped butter or butter-oil spreads, use butter for baking. Make sure you use high-quality organic raw butter. Low trans-fat margarine – An alternative to butter Margarine, prepared by adding hydrogen to vegetable oil, can be an alternative to butter. It has 35% less fat and can be prepared to match zero-cholesterol standard. Owing to low saturated fat and zero trans fat, individuals can rely on low trans-fat margarine to save health trouble. As far as whole foods are concerned, butter edges past margarine and is also a less arbitrarily prepared food with a nutritional standpoint. Being natural and organic, butter is a healthier choice in a comparison with margarine.

डॅंगु बुखार का काल हैं मेथी के पत्ते रातों-रात बढ़ाते हैं प्लेटलेट्स आजकल के मौसम में डॅंगु, मलेरिया, चिकनगुनिया और टाइफाइड जैसी बीमारियाँ बहुत हैं आम हो गई हैं बच्चे से लेकर बड़े तक हर कोई इन बीमारियों की चपेट में आ रहा है। डॅंगु एक ऐसी जानलेवा बीमारी है जिसकी चपेट में आने पर व्यक्ति की मौत भी हो सकती है। यह रोग मच्छर के काटने से होता है। डॅंगु के बारे में सबसे खास बात यह है कि इसके मच्छर द्वितीय के समय काटते हैं तथा यह मच्छर साफ पानी में पनपते हैं। डॅंगु के दौरान रोगी के जांड़ों और सिर में तेज दर्द होता है और बड़ों के मुकाबले यह बच्चों में ज्यादा तेजी से फैलता है। डॅंगु बुखार में प्लेटलेट्स का स्तर बहुत तेजी से नीचे गिरने के कारण यदि इसका इलाज तुरंत न किया जाए तो यह जानलेवा भी हो सकता है। डॅंगु के इलाज में अगर आप अंग्रेजी दवाओं से कुछ खास असर नहीं दिख रहे हैं तो आप साथ-साथ घरेलू नुस्खे भी अपना सकते हैं। हम आपका आप डॅंगु से छुटकारा पाने के साथ ही कुछ दिनों में रोगी की प्लेटलेट्स भी बढ़ा सकते हैं। मेथी के पत्ते:- डॅंगु से बचाव के लिए मेथी के पत्ते बहुत फायदेमंद होते हैं। ये बुखार को ठीक करने में मददगार होते हैं। मेथी से शरीर के विशेष पदार्थ बाहर निकल जाते हैं जिससे डॅंगु के वायरस भी खत्म होते हैं। मेथी के पत्ते पौधित का दर्द दूर कर उसे आसानी से नींद में भी मदद करते हैं। इसकी पत्तियाँ सो पानी में भिगोकर उसके पानी को पीने से प्लेटलेट्स भी बहुत जल्दी बढ़ती हैं। इसके अलावा मेथी के पत्तों को पानी में उबालकर हर्बल चाय के रूप में इसका प्रयोग किया जा सकता है। प्लेटलेट्स बढ़ाने के लिए गिलोय:- गिलोय की बेल का सत्त्व मरीज को दिन में 2-3 बार दें, या गिलोय के 7-8 पत्तों को लेकर कुचल लें उसमें 4-5 तुलसी की पत्तियाँ लेकर एक गोली रोगी को दिन में 3 बार दें सकते हैं। प्रभावशाली दवा है बकरी का दूध:- बकरी का दूध बहुत से लोगों को भले ही पसंद न हो लेकिन इसके फायदे बहुत हैं। डॅंगु बुखार के लिए बकरी के दूध एक और बहुत ही प्रभावशाली दवा है। बकरी के दूध में गिरते हुए प्लेटलेट्स को तुरंत बढ़ाने की क्षमता होती है। डॅंगु के उचित के लिए रोगी को बकरी का कच्चा दूध थोड़ा-थोड़ा करके पिलाएँ, इससे प्लेटलेट्स बढ़ाने के साथ-साथ जांड़ों के दर्द में भी आराम मिलेगा।

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31.12.2017	रोहिणी व्रत
01.01.2018	पूर्णिमा उपवास, नववर्ष
08.01.2018	स्वामी विवेकानन्द जयन्ती
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Forth Coming Events

January 15-17, 2018 IME 2018 (Muscat, Sultanate of Oman.) The first edition of International Medical Expo 2018, Medical equipment and products exhibition is scheduled to be held at Oman Convention and Exhibition Centre in Muscat, Sultanate of Oman. For details contact: the Top organizing exhibition and convention, PO Box: 282, P.C: 130, Muscat, Sultanate of Oman. **Tel.:+968-2450-3998** and/or **+968-9571-9571-0982.** **E-mail:** marketing@thetop-expo.com **Website:**www.thetop-expo.com

January 18-20, 2018 SEHA Congress 2018 (Abu Dhabi, U.A.E.) The 12 edition of the SEHA international Paediatric Conference is scheduled to be held at Rosewood Hotel in Abu Dhabi, U.A.E For details contact: MENA Conference, PO Box: 54210 Office No. 504 Abdulla Bin Darwish Bldg. Hamdan & Salam Street Junction, Abu Dhabi, U.A.E. **Tel.:+971-2-4919888, Mobile: +971-56-503-3746.** **E-mail:** zandy@mengaconference.com **website:**www.menaconference.com/events/12sehaped/

January 23-25, 2018 ISWS 2018 (Dubai,U.A.E.)The first edition of International Sport and Wellness Show (ISWS) is scheduled to be held at. Dubai World Trade Centre in Dubai, U.A.E For details contact: International Sports and wellness Show, Marina Plaza, Level 29, Dubai Merina, P.O Box 11229. Dubai, UAE. **Tel.:+971-4-550-6395.** **E-mail :** sales@isws.ae **Website:**www.isws.ae

January 29-01 February, 2018 Arab Health 2018 (Dubai, U.A.E) The largest gathering of healthcare and trade professionals in the MENA region will be held at Dubai International Convention & Exhibitions. Centre, Dubai, U.A.E. For details contact: Informa Life Sciences Exhibitions, Office No. 20:01 Level 20, Sheikh Rashid Tower, Dubai U.A.E **Tel.:+971-4-3365161.** **E-Mail:** info@lifesciences-exhibitions.com **website:**www.arabhealthonline.com

January 30-31,2018 Patient Experience Asia Summit 2018 (Singapore.) A Conference based on the theme of Elevate NewGen Patient-Centric Care: Leadership and Innovation is scheduled to be held in Singapore.The conference is based on Improving care delivery, patient satisfaction, improving reporting and compliance, improving efficiency and quality of hospital services etc. For details contact: Fleming Events. Vajnorska 100/A, 83104,Bratislava, Slovakia. **Tel.: +421-257-272-100.** **E-mail:** info@fleming.events; **Wepsite:** <https://fleming.events/events/pharma/patient-experience-asia-summit-singapore#>

February 5-8, 2018 Medlab 2018 (Dubai, U.A.E)The world's largest laboratory exhibition and congress "MEDLAB" is scheduled to be held at Dubai international Convention and Exhibition Centre in Dubai, U.A.E. For details contact: Informa Life Sciences Exhibition,Office No 20:01, Level 20, Sheikh Rashid Tower, Dubai World Trade Centre, Dubai, U.A.E. **Tel.:+971-4-336-7334.** **E-mail:** medlabme@informa.com **Website:**www.medlabme.com

February 7-12, 2018 PLASTINDIA (Ahmedabad, Gujarat, India.) 10th International Plastics Exhibition, conference and convention will be held at Gandhinagar, Ahmedabad, Gujarat, India. The Event will focus plastics in Medical and Healthcare (Medical Devices, Pharmaceuticals, Diagnostics, Medical Packagaing etc.) For details contact: Plastindia Foundation, 401, Landmark 'B' Suren Road Off Andheri Kurla Road, Andheri (E) Mumbai-400093, India. **Tel.:+91-22-26832911/14,** **Fax:** [+91-22-26845861.](mailto:+91-22-26845861) **E-mail:** Plastindia@vsnl.com; **Web:**www.plastindia.org

February 9-11, 2018 ICHCA 2018 (Valencia, Spain.) An international Congress on hypertension in Children and adolescents is scheduled to be held in Valencia, Spain. For details contact: Paragon Group, 18 Avenue Louis-Casai, 1209 Geneva, Switzerland. **Tel:+41-22-5330-948,** **Fax:** [+41-22-5802-953.](mailto:+41-22-5802-953) **E-mail;** secretariat@htpaediatrics.com **Website:**www.htpaediatricce.com

February 15-17, 2018 India Medical Device 2018 (Bengaluru, India.) The 3rd edition of international exhibition and conference on medical device sector is scheduled to be held at Bangalore international Exhibition Centre in Bengaluru, India. For details contact: Federation Of Indian Chambers Of Commerce And Industry (FICCI), Karnataka State Council VITC Building, 1st Floor, Kasturba Road, Bangalore 560001, India. **Mobile:+91-9945790735** **Email:** bk.nayak@ficci.com; **Website:**www.indiamedexpo.in

February16-17, Annual Case Based Approach to Controversies in Cardiovascular Diseases 2018 (Dubai, U.A.E.) The 8th edition of case based approach to controversies in cardiovascular diseases is scheduled to be held at Mohammed Bin Rashid-Academini Medical Center in Dubai U.A.E. For details contact; infoPlus Events LLC, Suite 1406 Lake Central Tower, Al Abraj Street, Burj Khalifa Community. P.O.Box 71108, Dubai, U.A.E. **Tel.:+971-4-4218996, Fax:+971-4-4218838.** **E-mail:** marketing@infoplusevents.com; **Website:**www.cvuae.com

February 22-23, 2018 EMEL 2018 (Dubai, U.A.E) The 4th edition of Emirates Endometriosis League (EMEL) conference on Endometriosis and Uterine Disorders is scheduled to

be held at Marriott Hotel, Dubai, U.A.E. For details contact: InfoPlus Events LLC-Dubai, Suite 1406, Lake Central Tower, Al Abraj Street, Burj Khalifa Community P.O. Box 71108. Dubai, UAE. **Tel.: +971-4-4218996, Fax:+971-4-4218838. E-mail Marketing@InfoPlusEvents.com ;Website:**www.endometriosisuae.com/4thEMEL

February 21-23, 2018 Medical Japan 2018 (Tokyo, Japan) The 4th edition of international expo and conference, Medical Japan, dedicated to products/services/technologies for healthcare, clinical testing, diagnostics and medicine is scheduled to be held at INTEX Osaka in Japan. For details contact: Reed Exhibitions Japan Ltd.. 18F Shinjuku-Nomura Bldg.. 1-26-2 Nishishinjuku, Shinjuku, Tokyo 163-0570, Japan. **Tel .:+81-3-3349-8509, Fax :+81-3-3349-4922.** **E-mail:** medical@www.medical-jpn.jp

February 22-24, 2018 MEDITEC 2018 (Mohali, Chandigarh, India.) India's pioneer medical equipment and technologies exhibition is scheduled to be held at NIPER, SAS Nagar, Mohali in Chandigarh India. For Details contact: Orbit Exhibitions Pvt. Ltd.. 103 Navyug Industrial Estate. TJ Road Sewri (W) Mumbai-400015, India. **Tel.:+22-2410-2801/03.** **E-mail:** harikrishnan@orbitexhibitions.com; **Website:**www.meditec.co.in

February 23-25, 2018 MEDICALL 2018 (Hyderabad,India) The 19th edition of India's B2B Medical Equipment and Hospital needs exhibition is scheduled to be held at Hitex Exhibition Centre on Hyderabad, India. For details contact: Medexpert Business Consultants Pvt Ltd, 199, 7th floor, Lez Churh Road, Mylapore, Chennai, 600-004 Tamilnadu. **E-mail:** info@medicall.in :**Website:** <http://www.medicall.in>

February 26-28, 2018 IFM 2018 (Dubai, U.A.E.) The 5th International Family Medicine Conference & Exhibition (IFM) will be held at Dubai International Convention & Exhibition Centre, Dubai, UAE. For details contact: INDEX Conferences & Exhibitions Org. Est., INDEX Holding Headquarters, P.O. Box: 13636, Road # D-62, Opp. Nad Al Hamar, Dubai, UAE. **Tel.: +971-45208888 Fax:+971-43384193.** **E-mail:** index@emirates.net.ae: **Website:**www.index.ae

February 17-March 1, 2018 Duphat 2018 (Dubai, U.A.E) The 23rd edition of Dubai International Pharmaceuticals and Technologies Conference and Exhibition is scheduled to be held at Dubai International Convention and Exhibition Centre in Dubai, U.A.E. for details contact: INDEX Conferences & Exhibitions Organisation Est, Headquarters, Road# D-62 Opposite Nad Al Hamar, Dubai, United Arab Emirates **Tel.: +971-4-520-8888 Fax: +971-4-338-4193.** **E-mail:** info@duphat.ae : **Website:**www.duphat.ae

March 2-4, 2018 Medicare Colombo 2018 (Colombo, Sri Lanka.) The 9th edition of Sri Lanka's only national healthcare exhibition, 'Medicare 2018' is scheduled be held at the Sirimavo Bandaranaike Memorial Exhibition Hall in Colombo, Sri Lanka. For details contact: Global Trade Fairs, No. 70-A, R.V.L. Nagar Uppilipalayam (post),Coimbatore 641015, Tamilnadu, India, Mobile:+91-960-020-0400, **Tel .:+91-422-259-0407.** **E-mail:** gfcbe@gmail.com and/or madhawa@aitkenspence.lk **Website:**www.medicare.lk

March 3-5, 2018 MedHealth Kenya 2018 (Nairobi, Kenya) An International trade exhibition on Hospital supplies, Medical, Surical, Laboratory equipment, Pharmaceutical etc is scheduled to be held at KICC in Nairobi, Kenya. For details contact: Gtow Exhibitions, P.O.Box 103574, Dubai, U.A.E. **Tel.:+971-4-3964906, Fax:+971-4-3964904.** **E-mail:** Maggie.z@growexh.com ; **Website:**<http://www.growexh.com/medhealth>

March 5-7, 2018 Africa Healthcare and Dental Summit 2018 (Olympia, London, U.K.) The 5th edition of Africa Healthcare Week is scheduled to be held at Olympia in London, United Kingdom, This business event shall provide high-level discussion and meetings into the investment opportunities and technology opportunities and technology procurement requirements of Africa's healthcare industry. A concurrent Dental summit shall also be held along with Africa Healthcare Summit 2018 For details contact: Oliver Kinross, 1-3 Worship Street, London, EC2A 2AB, U.K **Tel.:+44-203-058-2381.** **E-mail:** Victoria.fields@oliverkinross.com ; **Website:**www.africahealthcareweek.com

March 7-10, 2018 Tunisia Health Expo 2018 (Tunis, Tunisia.) An event for public and private medical fraternity to know the most recent technologies and development in all the branches of the health sector is scheduled to be held at Exhibition park and the International Trade Centre in Tunis, Tunisia. For details contact Society Doe Foires International De Tunis, parc DesExpositions Et Centre De Commerce International B.P. N1 2015 Le Kram, Tunis, Tunis, Tunisia. **Tel.; +216-71-973-111/976-111, Fax: +216-71-971-666.** **E-mail:** itf.com@fkra.com.tn; **Website:**<http://www.tunisia-healthexpo.com.tn>

March 13-14, 2018 Future Healthcare (London United Kingdom.) An International exhibition and conference on future healthcare is scheduled to be held at London, Olympia in United Kingdom For details contact: Pri-Med Global Plc, 14 Hanover Street, Hanover Square, London W1Y 1YH, U.K.

Tel.:+44-0203-470-4666. E-mail: info@futurehealth-careuk.com

March 13-15,2018 Intermed 2018 (Moscow, Russia.) The 9th edition of International Exhibition dedicated to medical treatment abroad, InterMed, is scheduled to be held at Expocentre Fairgrounds in Moscow, Russia For details contact: Prime Expo. 24A Yakubovicha st. Sr Petersburg, 190000, Russia. **Tel.:+7-812-380-6000.** **E-mail:** med@prim-expo.ru **Website:** www.intermedexpo.ru

March 15-19, 2018 KIMES 2018 (Seoul, Korea.) The 34th edition of Korea International Medical and Hospital Equipment Show is scheduled to be held at COEX in Seoul, Korea. For details contact: E & Ex Inc.(KIMES 2018 Secretariat), Rm.2001, WTC,511, Yeongdong-dearo, Gangnam-gu, Seoul, 06164, Republic of Korea. **Tel.:+82-2-551-0102, Fax:+82-2-551-0103,** **E-mail:** kimes@kimes.kr; **Website:** www.kimea.kr

March 16-18, 2018 Meducal Fair India 2018 (Mumbai, India.) The 24th edition of International Conference and exhibition is scheduled to be held at Bombay Convention and Exhibition Centre in Mumbai, India For details contact: Messe Dusseldorf India Pvt.Ltd., 302-302 A. 3rd Floor, Salcon Aurum, Plot No 4. Jasola District Centre, Near Delhi-110025, India. **Tel.:+91-11-4855-0057** and/or **TyagiS@md-india.com** ; **Website:**www.medicalfair-india.com

March 22-25 2018 Expomed Eurasia 2018 (Istanbul, Turkey,) The 25th edition of the event dedicated to Medical Analysis, Diagnosis, Treatment. Rehabilitation Paduct, Device, System, Technology, Equipment and Hospitals Fair is scheduled to be held at Tuyap Fair and Congress Centre in Turkey, Istanbul. For details contact: Reed Tuyap Fuarcilik A.S., E-5 Roadway, Gurnpinar Crossroad Reed Tuyap Fuarcilik A.S., E-5 Roadway, Gurnpinar Crossroad 34500, Buyukcekmece, Istanbul, Turkey, **Tel.:+90-212-867-1100, Fax:+90-212-886-6698.** **E-mail:** info@reedituyap.com.tr

April 2-4, 2018 Medlab Asia 2018 (Suntec City, Singapore) An international event which shall bring together leading laboratory experts, scientists, researchers and clinicians to exchange and share their experiences and research results on all aspects of laboratory medicine and clinical research is scheduled to be held at suntec Singapore Convention & Exhibition Centre in Singapore. For details contact: Informa Life Sciences Exhibitions Office No. 20:01. Level 20, Sheikh Rashid Tower, Work Trade Centre, Dubai U.A.E. **Tel.:+971-4-407-2574and/or+971-4-336-5161, Fax:+971-4-336-4021.** **E-mail :** [@971-4@informa.com">marlon@971-4@informa.com](mailto:marlon) ; **Website:** www.medlabasia.com

April 2-4, 2018 Rehacare & Orthopedic China 2018 (Guangzhou, China.) The biggest event on Rehabilitation, Rehacare and Orthopedic dedicated to specially challenged People is scheduled to be held at poly World Trade Centre in Guangzhou, China. For details contact: R&OC committee, f/4,406, Tower B, Poly World Trade Centre, No. 1000 Xin Gang Dong Road, Haizhu District, Guangzhou, China. **Tel.:+86-20-66224913, Fax:+86-20-66318832.** **E-mail:** Maggie@cantonrehacare.com ; **Website:** <http://en.cantonrehacare.com>

April 3-5, 2018 Kuwait Health 2018 (Mishref, Kuwait.) The Second edition of the largest healthcare event in Kuwait is scheduled to be help at Kuwait International Fair Grounds in Mishref, Kuwait. For details contact: ATEX International Exhibitions L.L.C., P.O Box 413520 Business Bay, Dubai, United Arab Emirates, **Tel.:+971-4-424-9988and/or Mob.:+971-55-775-1524.** **E-mail:** love@attexinternational.com and/or info@attexinternational.com. **Website:** <http://www.kuwaithealthexhibition.com>

April 3-5, 2018 ISF Kuwait 2018 (Mishref, Kuwait,) Kuwait's international trade exhibition dedicated to sports, Fitness and Health is International Fair Ground in Mishref, Kuwait. For details contact: ATEX International Exhibitions L.L.C., 301 Opal Tower, Tesla Group. Business Bay, P.O. Box 413520, Dubai, United Arab Emirates. **Tel.: +971-4-424-9988, Fax:+971-4-374-6014.** **E-mail:** love@attexinternational.com ; **Website:** www.isf-me.com/kuwait

April 4-6, 2018 Lab Indonesia 2018 (Jakarta, Indonesia.)The 5th edition of Indonesia's Laboratory, Scientific Analytical Equipment and Services Exhibition and Conference is scheduled to be held at Jakarta Convention Centre in Jakarta, Indonesia. For details Indonesia, Jl. Maritim No . 4A3, Cilandak Barat Jakarta, 12430, Indonesia. **Tel .:+62-21-7590-2647/6812, Fax:+62-21-7590-1572.** **E-mail:** info.ptite@ite-asia.com ; **Website:**www.lab-indo.com

April 5-7,2018 ECC 2018 (Dubai, U.A.E.) The 14th edition of Emirates Critical Care Conference (ECC) is scheduled to be held at event Centre in Dubai Festival City, U.A.E. For details contact: Infoplus Events LLC, Suite 1406, Lake Central Tower, Al Abraj Street, Burj Khalifa Community, P.O. Box 71108, Dubai, UAE. **Tel.:+971-4-4218996, Fax:+971-4-42188638.** **E-mail:** marketing@infoplusevents.com **Website:** www.accc-dubai.com

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Sanofi Explores Combination Treatments for Multiple Myeloma in New Late-Stage Trials

Sanofi has launched two new late-stage clinical studies to determine if an investigational biologic called isatuximab, when used in combination with other commonly used cancer treatments, might be an effective treatment option for certain people with multiple myeloma, a rare blood cancer related to lymphoma and leukemia. Isatuximab is an investigational anti-CD38 monoclonal antibody being studied for the treatment of patients with relapsed and previously untreated multiple myeloma. "The start of two new Phase 3 trials will provide further clinical data as we continue to advance the development of isatuximab," said Joanne Lager, M.D. Head of Oncology Development, Sanofi. "Our multi-study program across major multiple myeloma segments aims to demonstrate the value of isatuximab in combination with emerging standard treatment regimens. We are committed to developing a potential new treatment option for a continuum of patients with multiple myeloma, a population with high unmet need." Late-stage studies include approximately 750 patients with multiple myeloma. IKEMA study is a 325-patient randomized, open-label, global multicenter Phase 3 trial that will compare isatuximab in combination with carfilzomib and dexamethasone against carfilzomib and dexamethasone in patients with relapsed and refractory multiple myeloma that have previously been treated with one-to-three lines of therapy. IMROZ study is a 425-patient randomized, open-label, global multicenter Phase 3 trial that will compare isatuximab in combination with bortezomib, lenalidomide and dexamethasone against bortezomib, lenalidomide and dexamethasone in newly diagnosed multiple myeloma patients not eligible for transplant. Both studies will evaluate progression-free survival as the primary endpoint. Key secondary endpoints include overall survival, overall response rate, depth of response, safety and quality of life. Isatuximab granted orphan designation. Isatuximab has been granted orphan designation in the U.S. and European Union. In December 2016, Sanofi started an additional Phase 3 study (ICARIA), comparing isatuximab in combination with pomalidomide and dexamethasone against pomalidomide and dexamethasone in patients with relapsed and refractory multiple myeloma. The development program for isatuximab will now total three Phase 3 studies. Findings from additional ongoing studies of isatuximab will be presented during poster sessions at this year's American Society of Hematology meeting, December 8-12, in Atlanta, GA.

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MC-Clav Tablets (Amixycillin 500 mg & Potassium Clavulanate 125 mg) ● **Foriron Tablets** (Ferrous Ascorbate 100mg & Folic Acid 1.5 mg) ● **Foriron Syrup** (Ferrous Ascorbate 30mg & Folic Acid 550 mcg. Suspension) ● **Tastizyme Syrup** (Fungal Diastase 50 mg. & Pepsin 10 mg.) ● **Tastiliv Syrup** (Silymarin With Vitamin-B Complex) ● **RAPZOLE-D Capsules** {Rabeprazole Sodium(As enteric coated)20 mg & Domperidone (As sustained release)30 mg} ● **Rapzole i.v.** (Rabeprazole Sodium for Injection 20 mg.) ● **Nausicurb-AMP** (Ondansetron 4 mg. Injection / 2 ml.) ● **E-Plus** (Multivitamin & Multimineral Syrup) ● **MARSZONE Tablets** (Artemether 80 mg & Lumefantrine 480 mg)

BIOZEN HEALTH PRODUCTS

PAXITOR CR (Paroxetine 12.5/25/37.5 mg Controlled Release Tablets) ● **XEPAM Plus** (Escitalopram 10 mg + Clonazepam 0.5 mg Tablets) ● **BIOVERT-OD** (Betahistine 48mg. Sustained release) ● **BIOVERT** (Betahistine - 8/16/24 mg.) **STUVERT** (Cinnarizine 20 mg. + Domperidone 15 mg. Tablet) ● **STUVERT-C** (Cinnarizine 25/75 mg.) ● **XELIUM-PRO** (Flunarizine 5/10 mg. + Propranolol 40 mg SR) ● **XELIUM-5/10** (Flunarizine 5/10 mg.) ● **Restizol - L Capsules** {Rebeprazole 20 mg. (Enteric Coated) Levo Sulpiride 75 SR } ● **Restizol-DSR Capsules** {Rabeprazole 20 Mg. (Enteric Coated) + Domperidone 30 Mg. SR} ● **Restizol-20** (Rebeprazole 20 mg.) ● **BZCAL-K2** (Calcium Carbonate 1.25 gm. From an organic Source (Oystershell) Eq. To Elemental Calcium 500mg + Calcitriol .25 mcg + Vit. K2-7 50 mcg. Magnesium 50 mg. + Zinc 7.5 mg.) ● **BZCAL** {Calcium Carbonate 1250 mg. From an organic Source (Oystershell) Eq. To Elemental Calcium 500mg + Calcitriol 0.25 mcg} ● **BZCAL-60K** (Cholecalciferol 60000 I.U.) ● **PRESACE-NT** (Pregabalin 75mg. + Nortriptyline 10mg.) ● **Xycovit-P** (PREGABALIN 75mg. + METHYLCOBALMIN 750mg.) ● **Xycovit** (Methylcobalamin 1500mcg. + Pridoxine 3mg. + Folic Acid 1.5mg. + ALA 100mg.) ● **Defozone** (Deflazacort 6 mg.) ● **AUXIDOL-P** (Aceclofenac 100 Mg. + Paracetamol 325 mg.) ● **AUXIB** (Etoricoxib 90 mg.) ● **Olanxit-F** (Olanzapine 5 mg. + Fluoxetine 20 mg.) ● **XEPAM** (CLONAZEPAM-0.5 mg M.D. Tablet)

Mob:- 9889560800.

Ipcra Laboratories Ltd.

Zerodol (Aceclofenac 100 mg tablets) ● **Zerodol-P** (Aceclofenac 100 mg & Paracetamol 325 mg Tablets) ● **Zerodol TH, 4/8mg** (Aceclofenac 100mg & Thiocolchioside 4/8mg Tablets) ● **Zerodol -PG, 200mg/75mg,200mg/150mg** (Aceclofenac SR 200 mg & Pregabalin SR 75/150 mg Tablets) ● **Zerodol-MR** (Aceclofenac 100 mg & Tizanidine 2 mg Tablets) ● **Zerodol-PT** (Aceclofenac 100mg, Paracetamol 325 mg & Tramadol 37.5 mg Tablets) ● **Zerodol Injection** (Aceclofenac Injection 150 mg/ml) ● **Zerodol-S** (Aceclofenac 100 mg & Serratiopeptidase 15 mg Tablets) ● **Zerodol,THOD** (Aceclofenac SR 200 mg & Thiocolchioside SR 8 mg Capsule) ● **Zerodol-CR** (Aceclofenac 200 mg Controlled Release Tablets) ● **Zerodol-Spas** (Aceclofenac 100 mg & Drotaverine 80 mg Tablets) ● **Zerodol-SP** (Aceclofenac 100 mg, Serratiopeptidase 15 mg & Paracetamol 325 mg Tablets) Ph.- 011-25450374.

Mob:- 9889560800.

Alembic

WIKORYL (Tablets / Suspension / Drops) ● **BROZEET** (Ambrxol HCL-15 mg + Terbutaline Sulphate- 1.5 mg + Guaiphenesin-50mg / 5 ml Syrup) ● **Althrocin Tablets** (Erythromycin Estolate) ● **ZEET** (Diphenhydramine HCl-10mg + Ammonium Chloride-100mg + Sodium Citrate-60mg / 5 ml Syrup) ● **BROZEET-LS** (Levosalbutamol-0.5 mg + Ambrxol Hydrochloride BP-15 mg + Guaiphenesin IP-50 mg / 5 ml Syrup) ● **AI5zyme Capsule/Liquid**

Mob:- 09759010968, 09358050732.

Indi Pharma Pvt.Ltd.

CLINCIN (Clindamycin Capsuls / Injection) ● **AZID** (Azithromycin 250 mg. 500 mg. Kid Tab 100 mg. Liq. 100 mg. 200 mg.) ● **K-BACT** (Mupirocin Oint 2% w/w) ● **FUSIDERM, Cream / Ointment** (Fusidic acid 2%) ● **Jusgo, Gel / Spray** (Diclofenac Diethylammonium + Oleum Lini + Methyl Salicylate + Menthol) ● **Viznil** (Tab. Montelukast 10 mg + Levocetirizine 5mg.) ● **EXPECTUS,COUGH SYRUP** (Ambroxol 15 mg + Terbutaline sulphate 1.25 mg + Guaiphenesin 50 mg + Menthol 0.5 mg / 5 ml) ● **INXIM-O** (Cefixime 200mg & Ofloxacin 200mg Tablets) ● **CCL** (Cefpodoxime 200mg + Clavulanic acid 125mg Tab) ● **Repisia-D** {Cap. Rabeprazole 20 mg + Domperidone 30 mg (10 mg IR + 20 mg SR)} ● **DERMOGARD,NEW (SILVER NITRATE GEL)0.2% W/W** ● **VOMISET-MD** (Ondansetron 4 mg Mouth Dissolving tablets) Mob:- 08322330156.

LUPIN LTD.

ASTHMA & COPD Inhalation:- Formoflo Forte T/Caps (Formoterol Fumarate 12 mcg + Fluticasone Propionate 500 mcg) ● **Tiomate, Transhaler/Transcaps** (Tiotropium bromide & Formoterol fumarate) ● **Formoflo, 125,250/100,250** (Formoterol Fumarate + Fluticasone Propionate) ● **Tiate, Transhaler/Transcaps** (Tiotropium bromide) ● **Trimium, Transhaler** (Formoterol 6 mcg + Tiotropium 9 mcg + Ciclesonide 200 mcg) ● **Salbar-I, Transhaler/Transcaps** (Levosalbutamol & Ipratropium) ● **Oral Range:-** Telekast-F (Montelukast 10 mg + FexofenadineHydrrichloride 120mg Tablets) ● **Telekast-A** (Montelukast 10mg + Acebrophylline 200mg SR Tablets) ● **Doxiflo-650SR** (Doxofylline Sustained Release Tablets) ● **Sterio, 4/8/16** (Methy Prednisolone) ● **AB-FLO 100mg Caps/200mg Tab.** (Acebrophylline) ● **AB FLO-N** (Acebrophylline 100mg & N-acetyl Cysteine 600 mg Tablets) ● **Lumenac** (N-acetyl Cysteine 600 mg Effervescent Tablets) ● **Ismigen** (Freeze Dried Bacterial Lysate Tablets 50 mg) ● **Nasal Range:-** **Flutiflo** (Fluticasone Propionate Nasal Spray) ● **Flutiflo FT** (Fluticasone Furoate 27.5 mcg) ● **For IPF & PAH:-** **Fibrodone** (Pirfenidone 200 mg Tablets) ● **VASOSURE** (Sildenafil 20 mg Tablets) Mob:- 09456940669.

SHAMAC HEALTH CARE

DipiTen M (Teneligliptin 20mg and Metformin SR 500 mg) ● **ROSUPRIME** (Rosuvastatin 10 / 20 mg) ● **TELMIBET 40/80** (Telmisartan 40 / 80 mg) ● **MACVOG 0.2/0.3 / M 0.2/0.3** (Voglibose 0.2 / 0.3 mg) + M-(Metformin 500 SR) ● **DipiTen** (Teneligliptin 20 mg) ● **MACGLIM M1/M2** (Glimepiride 1, 2 & Metformin 500 SR) ● **TELMIBET AM** (Telmisartan 40 & Amlodipine 5 mg) ● **NEUROSTEP OD** (Methylcobalamin 1500mcg, ALA 100mg, Pyridoxine 3.0 mg, Folic Acid 1.5 mg)

Torrent Pharma

TELDAY 20 / 40 / 80 (Telmisartan 20 mg / 40 mg / 80 mg Tablets) ● **TELDAY H 40 / 80** (Telmisartan 40 mg / 80 mg + HCTZ 12.5 mg Tablets) ● **TELDAY AM 40 / 80** (Telmisartan 40 mg / 80 mg + Amlodipine 5 mg Tablets) ● **TELDAY M 50** (Telmisartan 40mg + Metoprolol ER 50 mg Tablets) ● **TELDAY CH 40 / 80** (Telmisartan 40 mg / 80 mg + Chlorthalidone 12.5 mg Tablets) ● **TELDAY Trio** (Telmisartan 40 mg + Amlodipine 5 mg + HCTZ 12.5 mg Tablets)

Mob:- 09759626263, 08126346512.

Happy Birthdays

DOB	NAME	FIRM	MOB	CITY	STATE
23.12.81	SHRI AMIT DODANI JI	RAJVEER PHARMA	9755515599	INDORE	MADHYA PRADESH
26.12.78	SHRI AMAN SINGH JI	AMAR SURGICAL	9839772277	LUCKNOW	UTTAR PRADESH
26.12.83	SHRI ABHINAV JI	SHIVA MEDICAL STORE	9719536144	DEHRADUN	UTTRAKHAND
27.12.65	SHRI ATUL KUMAR JAIN JI	MAHAVIR MEDICAL GENERAL STORE	9422292255	JALGAON	MAHARASHTRA
27.12.82	SHRI ANKUR SETH JI	ANKUR PHARMA	9319955531	DEHRADUN	UTTRAKHAND
27.12.87	SHRI AVINASH GUPTA JI	MOHAN MEDICAL	9161519000	VARANASI	UTTAR PRADESH
28.12.71	MOHD. AMJAD WAHED HUSSAIN	LIBERTY MEDICAL AGENCY	9975646551	AURANGABAD	MAHARASHTRA
30.12.87	MOHD. AMJAD KHAN	HONESTY DRUG	9568298323	DEHRADUN	UTTRAKHAND
31.12.67	SHRI AJIT SINGH JI	AJIT MEDICAL STORE	9457288806	MATHURA	UTTAR PRADESH
01.01.81	MOHD .AMIL JI	NATIONAL MEDICAL AGEANCY	9058275769	SAMBHAL	UTTRAKHAND
01.01.75	SHRI ALOK NAUTIYAL JI	APNA MEDICAL STORE	9719010008	DEHRADUN	UTTRAKHAND
01.01.61	SHRI ANIL GUPTA JI	KAILASH MEDICALHALL	9416388393	JIND	HARYANA
01.01.73	SHRI ASHOK KUMAR SHARMA JI	SRI SARKAR ENTERPRICES	9808569076	BADAUN	UTTAR PRADESH
02.01.76	SHRI ABHAY KUMAR GUPTA JI	AMAN MEDICAL AGENCY	9839209711	VARANASI	UTTAR PRADESH
02.01.64	SHRI AJIT K.R. DESDMUKH JI	SWAMI MEDICAL HALL	9835284763	BHOJPUR	RAJESTHAN
05.01.81	SHRI AJIT K.R. SINGH JI	SHREE SHIVAM DURG AGENCY	9934929885	SAMASTIPUR	BIHAR
07.01.81	SHRI AMIT KUMAR JI	S. PHARMA	9415974267	VARANASI	UTTAR PRADESH
09.01.64	SHRI AMEET GOYAL JI	GOYAL PHARMA	9972209830	BIDAR	KARNATAKA
10.01.69	SHRI DR.ARVIND K.R. SINGH JI	MEDICAL AGENCY	9336897407	KANNAUJ	UTTAR PRADESH
15.01.68	SHRI AKHILASH KUMAR SRIVASTAVA JI	PURVANCHAL PHARMA	9450248591	JAUNPUR	BIHAR
15.01.70	SHRI ASHWIN KUMAR JI	PHARMA LINK	9431094446	PATNA	MAHARASHTRA
17.01.61	SHRI ABHAY N. BORAD JI	SWAGAT MEDICAL STORE	9422859947	SATANA	UTTRAKHAND
18.01.54	SHARI ASHOK MEHRA JI	PIONEER MEDICAL STORE	9837038302	MUSSOORIE	UTTRAKHAND
19.01.80	SHRI AASHISH VIRMANI JI	SUBHASH BRO.& MEDICAL STORE	9837187230	HARIDWAR	UTTRAKHAND

Exeltis

Stablanz (Betahistine 24 mg + Ginkgo Biloba Extract 60 mg + Cholecalciferol 400 IU Tablets) ● **Stablanz-PV** (Betahistine 16 mg + Ginkgo Biloba Extract 60 mg + Piracetam 400 mg + Vinpocetine 5 mg + Cholecalciferol 400 IU Tablets) ● **Stablanz 8** (Betahistine 8 mg + Ginkgo Biloba Extract 40 mg Tablets) ● **MD Care** (Magnesium Glycine complex equivalent to elemental Magnesium 250 mg + Vitamin D3 1000 IU Tablets) ● **Lysicon V, Syrup** (Lysine 375 mg + Choline 87.5 mg + Vitamin B3 25 mg + Vitamin B6 1 mg + Vitamin B12 3 mcg / 5ml) ● **CERUKLIN** (Paradichlorobenzene 2% w/v + Benzocaine 2.5% w/v + Chlorbutol 5% w/v + Turpentine oil in Arachis Oil Base 15% Ear Drops) ● **DICONAL** (Xylometazoline 0.1% w/v Nasal Spray / Drops) ● **Ambrosol** (Ambroxol 15 mg + Terbutaline 1.25 mg + Guaiphenesin 100 mg + Menthol 2.5 mg / 5 ml Syrup) ● **Ambrosol-D** (Dextromethorphan 10 mg + Triprolidine HCl 1.25 mg + Phenylephrine HCl 5 mg + Guaiphenesin 100 mg / 5 ml Syrup) ● **Podox 200mg Tab/50 Dry Syrup** (Cefpodoxime 200 mg Tablets/Cefpodoxime 50 mg / 5ml) Podox-CV 200mg Tab/50ml Dry Syrup (Cefpodoxime 200mg + Potassium Clavulanate 125 mg tablets/Cefpodoxime 50 mg + Potassium Clavulanate 31.25 mg / 5ml) ● **Mucoclav 625 mg tab/30ml & 50ml Dry Syrup** (Amoxycillin 500mg + Potassium Clavulanate 125 mg Tablets / Amoxycillin 200 mg + Potassium Clavulanate 28.5 mg / 5ml) ● **Neuromin M Syrup** (Piracetam 500mg + M

11 Potent Home Cures to Relieve Arthritis Pain

In India alone 15 percent people (over 180 million) are estimated to be suffering from the crippling disease- arthritis. Osteoarthritis, rheumatoid arthritis (RA) and psoriatic arthritis are the most common forms of it. With its strong grip, only a few of us will make it to a ripe old age without joining the fold of arthritis. If you are suffering from any form of this disease, read on. While there is no cure for arthritis, a few home remedies can help ease the discomfort. In order to relieve arthritis pain and take more control over your life, follow this advice: Be on the move- Your joints need to be moved as much as you can. This movement will help your joints to function for a longer period of time, along with brightening your outlook on life. Walking, gardening, and house-cleaning are simple activities to assist your joint Exercise regularly:- Various exercises, which are simple and should be done by all arthritis sufferers daily are called range-of-motion exercises.

They help patients become flexible, and maintain healthy movement. These exercises also reduce the risk of joint injury, along with providing warm-up for vigorous exercising regime. Aerobic exercises such as walking, playing tennis, and swimming are examples of range-of-motion exercises. They move large muscles of your body to raise the heart rate and increase breathing.

Surplus advantages that these aerobic exercises offer

endurance, improving heart rate, lung health, and promote at least 30 minutes every day to strengthen weak bones.

done twice or thrice a week to strengthen the muscles, in which you create resistance by tightening a muscle people with arthritis. Some isotonic exercises in which also helpful. Leg lifts and arm curls using light weights are regime- If you are finding it difficult to do these simple rescue. The buoyancy of water will help reduce the strain

cles become more bendable. In case, you are pregnant, in

tubs, or have other chronic health problems, you should

scarf not just around your neck, but around the elbow,

and elbow caps from your nearest store. Be careful not to

tightness of stretch gloves will help reduce the swelling

the joints. Buy electric gloves. Battery-operated mitts are

ings in the woods. They can be also be used by people

Goose down- Goose down blankets help warm up the joints and ease pain. For those who are allergic to down, an electric blanket may bring some relief. Lose some weight- Being overweight puts more stress on the joints. A 10-pound of weight gain equals to an increased stress of 40 pounds on your knees. So, shed those extra kilos to improve joint function. Plan your day in advance- Prepare a realistic schedule in advance about your activities for the next day, so that you can know and carry out the most demanding tasks according to your energy level. For instance, you feel your best in the morning and that is when you can do tiresome tasks. Divide the strain- Arthritis patients need to avoid activities that involve a tight grip or that put too much pressure on your fingers. To take this force off, make use of your palms or hands- like use both hands to lift and hold cups, plates, pots, and pans, rather than gripping them with your fingers or with only one hand. You can grasp your goods in the crook of your arm, the way a football player holds the ball as he's running across the field, and you won't be tackled by as much pain.

Push open a heavy door with the side of your arm rather than with your hand and outstretched arm. Unlock the joints- Holding one position for a long time can lock the joints in the same place

and will add to the stiffness and discomfort. Relax and stretch your joints as often as possible. If you are suffering from arthritis don't be afraid to ask your family members or friends for assistance when you need it. By sharing the load, you'll have more time and energy for the people and activities you enjoy.

Multigrain Foods Can Help You Beat Diabetes, Cancer and Many Other Diseases!

Thanks to the latest craze of multigrain, everybody wants to buy them to become fit and healthier. The biggest grain of truth lies in the fact that combination of grains helps in accelerating the amino acids content of what you eat, thus, helping you dial up the nutritive value of complementary proteins. Amrita Parab, Nutritionist at Digestive Health Institute by Dr. Muffi suggests why grains should be mixed together and which of the grains work best when mixed. In all aspects, whole grains supersede their refined counterpart. If we were to analyse the basic nutritional aspects then the fibre content of the whole grains gives good satiety value, slows the rise in blood sugar levels post consumption, improves the gut health. The health benefits of whole grains are attributed in part to their unique phytochemical composition. This may partly explain the use of grain consumption in the prevention of colon cancer, other digestive cancers, breast cancer, and prostate cancer, which is supported by epidemiological studies. The antioxidant content of whole grains explains the studies indicating an association between whole grain intake and lower CVD. Read here Wheat chapatis or bajra roti, oats or ragi, quinoa or brown rice? — what's better for weight loss! Importance of mixing together grains and flours for optimum health: The concept of multigrain has caught the attention of diet watchers. Multigrain provides a compact dose of the essential nutrients. Mixing of cereals and grains improves the quality of protein and apes the protein quality of non-vegetarian sources. Mixing of cereal and pulses lowers the glycaemic index (the capacity of food to increase the blood sugar level after consumption). Read here how to know if your atta or wheat flour is pure At-home method of mixing grains together: We can start by mixing any cereal and any pulse for

Available on PCD/Franchisee distribution in unrepresented areas

All Marketing Aids Like:

- Visual Aid Folders
- Leave Behind Cards
- Reminder Cards
- Visiting Cards
- M.R. Bags
- Periodic Table Gifts

Timely Dispatches of orders is the Hallmark of our business style



REMEDIAL
HEALTHCARE

We maintain territorial monopoly

We undertake Third Party Manufacturing also

Comprehensive Range Of:

- | | | | |
|---------------------|----------------|-----------------|------------|
| ▪ Capsules | ▪ Ointments | ▪ Suppositories | ▪ Lotions |
| ▪ Tablets | ▪ Creams/Gels | ▪ Soft Gel Caps | ▪ Shampoos |
| ▪ Dry Injections | ▪ Liquid Orals | ▪ Moisturizers | ▪ Sachets |
| ▪ Liquid Injections | ▪ Powders | ▪ Sprays | ▪ Soaps |

For PCD/Franchisee contact
09215017888 with D.L. No. & GST
remedialhealthcare@yahoo.com

For Third Party Manufacturing
contact **09812431676**

ADMINISTRATIVE OFFICE: Nanhera Road, Kuldeep Nagar, Ambala Cantt, Haryana - 133004 Ph : 09215017888, 09812431676 , E. mail : remedialhealthcare@yahoo.com

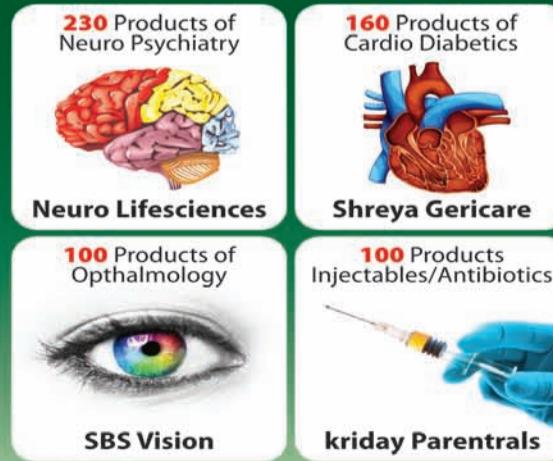
a usual preparation. For roti start by experimenting with different cereal combinations: Jowar + whole green mung Bajra + Black urad Ragi + Chickpea flour Wheat + Soya flour Cereals are deficient in one of the essential amino acids (lysine). While pulses are deficient in one (methionine). So, when combined together they make a complete protein. So, our ancestors were correct when they made khichadi an important part of our diet. Idlis, dosa are a perfect example of this. Type of flours can be mixed together: Amaranth: Also called as rajgeera, it is one of the few multi-purpose crop, which can supply grains and tasty leafy vegetables of high nutritional quality. The proteins have high digestibility (approx. 90 %) and are rich with lysine (4.9 to 6.1 g 100 g protein-1), which usually appears in grains as a limiting amino acid. It is gluten free, hence a healthy option in case of gluten intolerance, gluten sensitivity celiac sprue etc. It is a favourite cereal food group for the paediatric population. Read here health benefits of amaranth seeds or rajgira Barley: Barley is also known as jau. The highlight of this cereal lies in its beautiful fibre quality. This can be used in combination with other cereals to lower the glycaemic index. It is an excellent cereal in case of diabetes, cardiovascular disease/ dyslipidaemia, obesity etc. Jowar or Bajra: These millets have been underestimated cereal have multiple reasons to be included in our daily diet. They are gluten-free and non-GMO. A great source of fiber, they are antioxidants and can be slowly digested, hence balancing the blood sugar in the body. It also helps in fight inflammation, cancer and heart diseases.

Available on PCD/Franchisee distribution in unrepresented areas (monopoly basis)

All Marketing Support Like:

- Visual Aid Folders
- Leave Behind Cards
- Reminder Cards
- Visiting Cards
- M.R. Bags
- Periodic Table Gifts

Many more products lined up for introduction in very near future



Monopoly is strictly maintained

We undertake Third Party Manufacturing also

Contact in confidence for PCD/Franchisee
09991474666 with D.L. No. & GST
askarmin_co@yahoo.com

We have over own manufacturing unit in kala Amb (H.P.) with an ISO 9001 : 2008 & GMP Certification

For Third Party Manufacturing
contact **09218660666, 09416024633**

ADMINISTRATIVE OFFICE: 15/3/2/10/1, Nanhera Road, Kuldeep Nagar, Ambala Cantt, Haryana - 133004 Ph : 09991474666 , E. mail : sbsbiotechcorp2017@yahoo.com

निवृत्त स्वास्थी की ओर से ब्रजेश कुमार गर्म द्वारा प्रकाशित, ब्रजेश कुमार गर्म द्वारा मुद्रित तथा एम० पी० प्रिन्टर्स, फेस 2, नोएडा में मुद्रित एवं बी०एन० मैडीकल कॉम्प्लैक्स, बुलन्दशहर से प्रकाशित सम्पादक- ब्रजेश कुमार गर्म