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**अब देनी होगी टीबी मरीजों की सूचना**

फिरोजाबाद:- प्राप्त जानकारी के अनुसार टीबी के मरीजों का डाटा उपलब्ध करने में आनाकानी करने वाले निजी चिकित्सालयों के पंजीकरण का अब नवीनीकरण नहीं होगा. प्रमुख सचिव चिकित्सा ने डीएम और सीएमओ को दिशा-निर्देश जारी कर दिया है. इसमें कहा है कि अब सभी निजी चिकित्सालयों के लिये पोर्टल पर पंजीकरण और टीबी के मरीजों का डाटा उपलब्ध कराना अनिवार्य है. शासन ने टीबी मरीजों के शत-प्रतिशत पंजीकरण का आदेश दिया है. इसमें निजी चिकित्सालयों को भी शामिल किया गया है. प्रमुख सचिव स्वास्थ्य ने निर्देशित किया है कि पोर्टल पर पंजीकरण और डाटा न देने वाले निजी चिकित्सालयों के पंजीकरण का नवीनीकरण न किया जाए. जनपद के करीब 115 निजी चिकित्सालयों को इस पोर्टल से जोड़ा गया है और जो निजी चिकित्सक, हास्पिटल, पैथालॉजी निःक्षय पोर्टल पर पंजीकृत नहीं हैं, वो भी जल्दी से जल्दी जिला क्षय रोग नियंत्रण केंद्र पर पंजीकरण करा लें. जिला क्षय रोग अधिकारी आर.ए.अतेंद्र ने कहा कि जनपद में संचालित समस्त पंजीकृत निजी अस्पताल, क्लीनिक अपना स्वयं का व टीबी मरीजों का आधार नंबर, बैंक खाता संख्या आईएफएससी कोड टीबी कार्यालय में उपलब्ध कराएं. जिला पीपीएम कोआर्डिनेटर मनीष यादव ने बताया कि सचिव चिकित्सा स्वास्थ्य एवं परिवार कल्याण उत्तर प्रदेश शासन ने निर्देशित किया कि जनपद के सभी मेडिकल स्टोर पर एंटी टीबी ड्रग का रजिस्टर में मरीजों के नाम अंकित किए जाए. इसके साथ ही डाक्टर द्वारा लिखी गयी एंटी टीबी ड्रग एवं चिकित्सकों द्वारा दिए गए डाटा पोर्टल पर पंजीकृत किए टीबी मरीजों का मिलान कर लिया जाए. मिलान न होने की स्थिति में सीएमओ द्वारा प्राइवेट चिकित्सकों का लाइसेंस निरस्त करने की कार्रवाई करेगे. मेडिकल स्टोर पर रजिस्टर न मिलने एवं अपडेट न होने की स्थिति में जिला औषधि नियंत्रक द्वारा स्टोर का लाइसेंस निरस्त कर दिया जाएगा.

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**Immunotherapy drug shows promise in treating rare pregnancy cancer**

An immunotherapy drug has the potential to treat a rare pregnancy cancer belonging to a group of diseases called gestational trophoblastic disease (GTD), results of a clinical trial show. Three out of four patients with the cancerous forms of GTD went into remission after receiving the immunotherapy drug pembrolizumab in a clinical trial carried out by researchers at London's Imperial College. The findings, published in the journal Lancet, suggest that immunotherapy could be used as a safer alternative to conventional treatment for the disease. The trial, which took place at Charing Cross Hospital, is the first to show that pembrolizumab can be used to successfully treat women with GTD, according to the study. The researchers hope that this small early stage study could provide another treatment option for women who have drug-resistant GTD and lead to a 100 per cent cure rate. "We have been able to show for the first time that immunotherapy may be used to cure patients of cancerous GTD," said Professor Michael Seckl, lead author of the study. The current treatments to tackle GTD cure most cases of the disease. However, there are a small number of women whose cancers are resistant to conventional therapies and as a result have a fatal outcome," Seckl added. "Immunotherapy may be a life-saving treatment and can be used as an alternative to the much more toxic high dose chemotherapy that is currently used," Seckl said. GTD is the term used to describe abnormal cells or tumors that start in the womb from cells that normally give rise to the placenta. They are extremely rare but can happen during or after pregnancy. Globally, 18,000 women are diagnosed annually with cancerous forms of GTD, most of whom are cured with chemotherapy or surgery. However, up to five per cent of these women's outcomes are fatal due to factors such as chemotherapy resistance and rare forms of the cancer such as placental site trophoblastic tumours (PSTT) that develop four or more years after the causative pregnancy has ended.

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**दीपक जलाने से होते हैं ये फायदे**

हिंदु परंपरा में पूजा के दौरान दीपक जलाने की मान्यता है. दीपक वह पात्र है, जिसमें घी या तेल रख कर सूत में ज्योति प्रज्वलित की जाती है. पारंपरिक तौर पर केवल मिट्टी के दीये जलाये जाते हैं लेकिन अब लोग घर में धातु के दीये भी जलाने लगे हैं. दीपक जलाने के पीछे बुजुर्ग तर्क देते हैं कि इससे घर का अंधकार दूर होता है. लेकिन इनके फायदों के बारे में विज्ञान में भी पुष्टि की गई है. दीपक के ज्योत का धुआं घर के लिए एयर प्यूरीफायर का काम करता है बशर्ते आपने दीपक घी या तेल(सरसों) का जलाया हो. घी और तेल की सुगंध घर की हवा में मौजूद हानिकारक कणों को बाहर निकालती है. साथ ही दीपक की तरंगें घर में मौजूद उदासीनता को दूर करने में मदद करती हैं. माना जाता है कि तेल के दीपक का असर दीपक के बुझने के आधे घंटे बाद तक वातावरण में रहता है. वहीं घी का दीपक, बुझने के बाद करीब चार घंटे तक आसपास के वातावरण को सात्विक बनाए रखता है. इससे अस्थमा के मरीजों को भी काफी फायदा पहुंचता है. दीपक घर से बीमारियों को भी दूर करने में मददगार होता है. खासकर जब आप दीपक के साथ जब एक लौंग जलाते हैं तो इसका दोगुना असर होता है. घी में चर्मरोग दूर करने के सारे गुण होता है. इस कारण माना जाता है कि घी का दीपक जलाने से घर के रोग दूर भागते हैं. इसके जरिये प्रदूषण दूर होता है घी का दीपक जलाने से पूरे घर को फायदा होता है. चाहे उस घर का कोई व्यक्ति पूजा में शामिल हुआ हो या ना हुआ हो. दरअसल जब दीपक में उपस्थित घी अग्नि के संपर्क में आता है तो वातावरण को पवित्र बना देता है.

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**Moderate Coffee Drinking 'More Likely To Benefit Health Than To Harm It'**

They bring together evidence from over 200 studies and find that drinking three to four cups of coffee a day is associated with a lower risk of death and getting heart disease compared with drinking no coffee. Coffee drinking is also associated with lower risk of some cancers, diabetes, liver disease and dementia. However, they say drinking coffee in pregnancy may be associated with harms, and may be linked to a very small increased risk of fracture in women. The included studies used mainly observational data, providing lower quality evidence, so no firm conclusions can be drawn about cause and effect, but their findings back up other recent reviews and studies of coffee intake. As such, they say, excluding pregnancy and women at risk of fracture, "coffee drinking appears safe within usual patterns of consumption" and they suggest that coffee could be safely tested in randomised trials. Coffee is one of the most commonly consumed beverages worldwide and could have positive health benefits. But existing evidence is of lower quality from observational research and randomised controlled trials are needed to strengthen the evidence of benefits. To better understand the effects of coffee consumption on health, a team led by Dr Robin Poole, Specialist Registrar in Public Health at the University of Southampton, with collaborators from the University of Edinburgh, carried out an umbrella review of 201 studies that had aggregated data from observational research and 17 studies that had aggregated data from clinical trials across all countries and all settings. Umbrella reviews synthesise previous meta-analyses and provide a high-level summary of research on a particular topic. Drinking coffee was consistently associated with a lower risk of death from all causes and from heart disease, with the largest reduction in relative risk of death at three cups a day, compared with non-coffee drinkers. Increasing consumption to above three cups a day was not associated with harm, but the beneficial effect was less pronounced. Coffee was also associated with a lower risk of several cancers, including prostate, endometrial, skin and liver cancer, as well as type 2 diabetes, gallstones and gout. The greatest benefit was seen for liver conditions, such as cirrhosis of the liver. Finally, there seemed to be beneficial associations between coffee consumption and Parkinson's disease, depression and Alzheimer's disease. There was less evidence for the effects of drinking decaffeinated coffee but it had similar benefits for a number of outcomes. Many of the included studies may have adjusted for factors that may be associated with both the health outcome and with coffee drinking, such as and varied from study to study. The authors conclude that usual patterns of consumption, women at increased risk of fradomised controlled trials "to associations are causal." In a Johns Hopkins Bloomberg School can be reassured that coffee should not recommend drinking coffee to prevent disease – and people should not start drinking coffee for health reasons. As this study shows, some people may be at higher risk of adverse effects, he writes, and there is "substantial uncertainty" about the effects of higher levels of intake. Finally, coffee is often consumed with products rich in refined sugars and unhealthy fats, "and these may independently contribute to adverse health outcomes," he adds. However, even with these caveats, "moderate coffee consumption seems remarkably safe, and it can be incorporated as part of a healthy diet by most of the adult population," he concludes.

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**Dark matter, dark energy may not exist**

Dark matter and dark energy may not actually exist, according to a study which suggests that accelerating expansion of the universe and the movement of the stars in the galaxies can be explained without these concepts. For close to a century, researchers have hypothesised that the universe contains more matter than can be directly observed, known as "dark matter". They have also posited the existence of a "dark energy" that is more powerful than gravitational attraction. These two hypotheses, it has been argued, account for the movement of stars in galaxies and for the accelerating expansion of the universe respectively. However, according to a researcher at the University of Geneva (UNIGE) in Switzerland, these concepts may be no longer valid: the phenomena they are supposed to describe can be demonstrated without them. The research, published in The Astrophysical Journal, exploits a new theoretical model based on the scale invariance of the empty space, potentially solving two of astronomy's greatest mysteries. The way we represent the universe and its history are described by Einstein's equations of general relativity, Newton's universal gravitation and quantum mechanics. The model-consensus at present is that of a Big Bang followed by an expansion. "In this model, there is a starting hypothesis that has not been taken into account, in my opinion," said Andre Maeder, professor in UNIGE's Faculty of Science. "By that I mean the scale invariance of the empty space; in other words, the empty space and its properties do not change following a dilatation or contraction," said Maeder. The empty space plays a primordial role in Einstein's equations as it operates in a quantity known as a "cosmological constant", and the resulting universe model depends on it. Based on this hypothesis, Maeder is now re-examining the model of the universe, pointing out that the scale invariance of the empty space is also present in the fundamental theory of electromagnetism. When Maeder carried out cosmological tests on his new model, he found that it matched the observations. He also found that the model predicts the accelerated expansion of the universe without having to factor in any particle or dark energy. In short, it appears that dark energy may not actually exist since the acceleration of the expansion is contained in the equations of the physics, researchers said. In a second stage, Maeder focused on Newton's law, a specific instance of the equations of general relativity. The law is also slightly modified when the model incorporates Maeder's new hypothesis. It contains a very small outward acceleration term, which is particularly significant at low densities. This amended law, when applied to clusters of galaxies, leads to masses of clusters in line with that of visible matter: this means that no dark matter is needed to explain the high speeds of the galaxies in the clusters.

**रूडकी में मैडीकल स्टोरों की अनिश्चितकालीन हड़ताल**

रूडकी:- प्राप्त जानकारी के अनुसार जिलाधिकारी दीपक रावत ने एक मैडीकल स्टोर सील कर दिया. इस कार्यवाही से भड़के मैडीकल संचालकों ने इकट्ठा होकर जिलाधिकारी के खिलाफ जमकर नारेबाजी की. रूडकी में पॉलीथिन अभियान के दौरान जिलाधिकारी दीपक रावत ने अचानक शेर सिंह राणा चौक स्थित एक मैडीकल स्टोर पर पहुँच गये और वहाँ कुछ दवाईयाँ चैक करने के बाद स्टोर फार्मासिस्ट की होने की बात संचालक से पूछी. मैडीकल स्टोर पर संचालक ने मिलने पर जिलाधिकारी ने स्टोर को सील कर दिया. जिलाधिकारी के द्वारा की गयी इस कार्यवाही से सभी मैडीकल स्टोर संचालक रेलवे मैडीकल पर एकत्र होकर वहाँ जिलाधिकारी के खिलाफ जमकर नारेबाजी की स्टोर संचालकों का कहना है कि जिलाधिकारी की कार्यवाही पूरी तरह से नियम विरुद्ध है जब तक मैडीकल स्टोर की सील नहीं खोली जाती तब तक नगर के सभी मैडीकल स्टोर हड़ताल पर रहेंगे.

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**जाँच शिविर सम्पन्न**

भारत विकास परिषद, बुलन्दशहर के सचिव मितुल गर्ग उर्फ दीपू फोन नं- 9412532532 ने जानकारी दी है कि संस्था ने जे.पी. अस्पताल, चिट्टा फोन नं- 05732-288100, 9015365555 के सहयोग से एक निः शुल्क शिविर का आयोजन शर्मा इंटर कॉलेज काले आम के पास बुलन्दशहर में सम्पन्न कराया. इस शिविर में शुगर, वजन व ब्लडप्रेसर की निःशुल्क जाँच की गयी तथा हड्डी रोग, स्त्री रोग, नेत्र रोग के विशेषज्ञों द्वारा परामर्श दिया गया. जे.पी. अस्पताल के प्रतिनिधि ने जानकारी दी है कि उनके अस्पताल में देश के श्रेष्ठ संस्थानों से 20 से अधिक अनुभवी चिकित्सक, 200 बेड्स, 5 बेड्स का एडवांस नियोनेटल आई-सी-यू, 10 रोगियों के लिए डायलिसिस की सुविधा, 2 अत्याधुनिक ऑपरेशन थिएटर, कीमोथेरेपी, फिजियोथेरेपी की सुविधा व जनरल तथा लैप्रोस्कोपिक सर्जरी, प्रसव, स्त्री रोग सर्जरी (दूरबीन द्वारा), नाक, कान, गला (ई.एन.टी.) सर्जरी, हड्डी रोग सर्जरी, घुटना/कूल्हा रिप्लेसमेंट, आर्थोस्कोपिक जॉइंट सर्जरी, रोड की हड्डी का सर्जरी, पाचन तंत्र की सर्जरी की सुविधा है.

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अच्छा तो वही इन्सान होता है।  
जो तब आपके साथ हो, जब आपको उसकी जरूरत हो।

**बवासीर की दवा देते, फिर लॉटरी के नाम पर करते थे ठगी**

रांची-प्राप्त जानकारी के अनुसार रांची में एक अलग तरह की ठगी का मामला सामने आया है, अभी तक बैंक से जुड़े मामलों में लोगों को साइबर अपराधियों द्वारा निशाना बनाया जाता रहा है. लेकिन दवा बेचने के बहाने लॉटरी के नाम पर सैकड़ों लोगों से साइबर अपराधियों द्वारा लाखों रुपये की ठगी करने का मामला पहली बार सामने आया है. रांची के सुखदेवनगर थाना क्षेत्र के हरमू स्थित एक फ्लैट से गिरफ्तार बिहार के शांति अपराधियों ने पुलिस की पूछताछ में यह खुलासा किया है. अपराधियों ने पुलिस को बताया है कि वे लोग बवासीर (पाइल्स) से हमेशा के लिए छुटकारे के नाम पर लोगों से संपर्क करते थे. फिर डिमांड के मुताबिक उन्हें तीन माह की दवा देते थे. दवा डिलिवरी के 15 दिनों के बाद उक्त लोगों को फिर फोन कर कहा जाता था कि जो लोग भी बवासीर की दवा लिये हैं उनके बीच कंपनी की ओर से लॉटरी कराया जा रही है. इसके तहत 55 से 65 हजार रुपये की मोटरसाइकिल विजेताओं को दी जायेगी. इस प्रक्रिया में शामिल होने के लिए लोगों को महज 100 रुपये देने होंगे. इस झांसे में आकर लोग आसानी से 100-100 रुपये दे देते थे. फिर 15-20 दिनों बाद बारी-बारी से लोगों को फोन कर यह जानकारी दी जाती थी कि उन्हें लॉटरी में मोटरसाइकिल मिली है. लेकिन इसकी डिलिवरी से पहले उन्हें 10 हजार रुपये विभिन्न टैक्सों के मद में जमा करना होगा. पैसा जमा करने के एक सप्ताह के अंदर मोटरसाइकिल उनके पास पहुंच जायेगी. इसके बाद लोग लोभ में आकर उक्त पैसे भी इन्हें दे देते थे. फिर पैसा समेट कर वे लोग अपना ठिकाना बदल देते थे. साथ ही मोबाइल और उसमें लगा सिम को नष्ट कर देते थे. उल्लेखनीय है कि पुलिस ने अमित कुमार, गुड्डू कुमार, दीपक कुमार, रंजन कुमार, शिशुपाल कुमार और उत्तम कुमार बिहार के नवादा और शेखपुरा निवासी पवन दास को पकड़ा था. साइबर अपराधियों ने बताया कि वे लोग अपराध तो झारखंड में करते थे, लेकिन मोबाइल और सिम कार्ड बिहार के पटना और दूसरे जिलों से फर्जी दस्तावेजों के सहारे खरीद कर उसका इस्तेमाल करते थे. काम होने के बाद ठिकाना बदल लेते थे. इस वजह से भुक्तभोगी और पुलिस उन तक नहीं पहुंच पा रही थी.

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People today are busy doing all kinds of unrighteous things to satisfy their sensual cravings. They don't think about what is just or unjust, sinful or pious. That is why various types of troubles and hindrances come in their way. On the other hand, a person who meditates on the Spirit does not desire any worldly things, just like we never want to eat regurgitated food. The great Divine Master remains ever merged in his soul and treats everyone equally, seeing the same spirit in them all. He preaches things which are beneficial to all. He is faraway from conceit and deceit. The sun gives light and heat to everyone equally, and, similarly spiritually enlightened souls impart the same Spiritual Knowledge to all true seekers equally and deliver them from their troubles caused by the darkness of ignorance. Divine souls are bereft of worldly pain and pleasure and are always saturated with spiritual bliss. He whose bodily organs are controlled never feels sorrow or happiness of any type at any time. The person who, being enslaved by his body organs, acts only to please his mind, is no different to an animal. St Tulsidasji Ji says, "Ramchandra ke bhajan binu, jo chah pad nirwan. Gyanvant api so nar, pashu bin poonchh bisan." "A person who aspires to get salvation without remembering the Lord, even though he may be learned, is like an animal without a tail." St. Kabir Ji says, "Tan thir, man thir, vachan thir, surat nirat thir hoy. Kah Kabir ees palak ko, kalap na pawai koy." "Body still, mind still, speech silent, mind and inner sight still and focussed: Even a moment in such a state is not achieved in ages, says Kabir." "A person may be doing such spiritual meditation and remembering the Name of God quite carefully, his bodily organs may be still and inactive, but even then his senses may entice him and mislead him from the true path. If there is even the least desire within the mind, it can be the cause of a catastrophe. Worldly temptations ensnare the meditator in a thousand ways. The deities of fortune and success spread their webs of deception and try to mislead the mind of the meditator. If its branches are cut then a tree, in due course, becomes green again, getting strength from water. Likewise, if a seed of desire remains in the mind, then the sense organs, again, get hooked on worldly pleasures. So, one should firmly uproot such things from his mind. A drop of poison can be the cause of death. Similarly, even the least desire for worldly enjoyments within the mind becomes instrumental in derailing the meditation process. A spark can burn the whole world. The mind in which there is no stability gets covered by a net of worldly enjoyments by virtue of the three powers of delusion. Once trapped in the quicksand of worldly enjoyments, the more he tries to extricate himself, the further he gets dragged down, but when the mind becomes absorbed in meditation, desires for worldly enjoyments are automatically eradicated. If the body is controlled and the mind is absorbed in remembering the Holy Name, only at that time should one be considered to be established in the truth. A tortoise withdraws its limbs within its hard shell and brings them out of the shell, if it so desires, by its own sweet will. Likewise, spiritual blessedness is experienced only by the person whose bodily organs are totally under control and act as per the command of his consciousness. On the other hand, one whose mind and body organs are wavering and unsteady is ignorant and imprudent and always distressed. Yogis remain awake in meditation and remembrance of the Name, whereas worldly people are asleep to such things but always awake to worldly pleasures. Yogis are asleep to worldly enjoyments. In other words, worldly enjoyments are night for yogis and meditation and remembrance are daytime for them. All rivers merge in the sea without creating any movement. Similarly, all thoughts pertaining to worldly enjoyments merge in the mind of the yogi who possesses stable and firm mind and intellect, without creating any turbulence. He is emotionally firm whether or not he is getting worldly enjoyments. Once his feelings of partiality and malice are released, even if his body organs are employed in worldly things they do not create any turmoil. Rays of the sun and moon do not get mixed with worldly things. Similarly, the thought of worldly enjoyments do not touch the sentiments of the great ones; rather they remain ever merged in spiritual bliss. A lamp is lit to wipe out darkness so that we are free of the fear of troubles that arise due to darkness. A person can get hurt in the darkness of night, but after sunrise everything becomes clearly visible. According to the Bhagavad Gita, it is essential to know the light of Truth to escape the blows due to the darkness of misdeeds, so that the true path becomes clearly visible and one can make his life successful by walking it. So, one should ask devotedly about how to do selfless action by taking shelter in the living spiritual Master so that he can emerge from the swamp of actions. Lord Shri Krishna explained about the yoga of selfless action, by which a person, even though he does various actions, is freed from the shackles of those actions. So, you all should realise the Spiritual Knowledge.

## HIV-infected patients with heart problems given inferior cardiovascular care

New Delhi: The findings of a recent study have shown that HIV patients with cardiovascular problems aren't provided adequate care in comparison with patients without HIV. Health Sciences researchers from the University of California, Los Angeles (UCLA) believe this to be the first national study comparing statin use in patients with and without HIV and the first extensive analysis using US data. The researchers analysed data from a nationally representative sample of HIV-infected and HIV-uninfected patients ages 40 to 79 in the National Ambulatory Medical Care Survey/National Hospital Ambulatory Medical Care Survey from 2006 to 2013. They found that 5.1 percent of HIV-positive adults received aspirin/antiplatelet therapy for primary prevention or cardiovascular disease, while 13.8 percent of HIV-negative adults received such therapy. For patients who had diabetes, cardiovascular disease or dyslipidemia (abnormally elevated cholesterol or fats in the blood), the percentage of visits that included statin therapy was 23.6 percent for HIV-positive adults compared to 35.8 percent for HIV-negative adults. Researchers also found less significant differences in antihypertensive medication therapy (53.4 percent for HIV-positive adults compared to 58.6 percent for HIV-negative adults), diet/exercise counseling (14.9 percent compared to 16.9 percent), and smoking cessation advice/pharmacotherapy (18.8 percent compared to 22.4 percent). This study provides evidence that US policymakers and professional societies should focus on improving the quality of the cardiovascular care that people who are HIV-positive receive. The study is published in the Journal of the American Heart Association.

## निजी पैथोलॉजी क्लिनिक की मनमानी

**लखनऊ :-** मरीज के मरने के बाद भी पैसा वसूलने में पीछे नहीं रहते हैं निजी नर्सिंगहोम या हॉस्पिटल्स. उससे पहले बीमारी से परेशान मरीज को पैथोलॉजी जांच में भी लूटा जाता है. सस्ती जांच के लिए भी मरीजों से बड़ी राशि वसूली जाती है। क्या आपने कभी सोचा है यह सारा खेल क्यों और कैसे होता है? यह खेल यूपी ही नहीं पूरे देश में होता है सारा खेल डॉक्टरों को दिए जाने वाले कमीशन से शुरू होता है. कमीशन के कारण ही सस्ती जांच भी महंगी होती जा रही है. राजधानी लखनऊ में ही जगह जगह कुकुर मुत्ते की तरह पैथोलॉजी क्लिनिक खुले हुए मिल जाएंगे जो सिर्फ और सिर्फ कमीशन के आधार पर अपनी दुकान चला रहे हैं बड़े बड़े शहर। में हर जगह यही हाल है . लखनऊ के पैथोलॉजिस्ट से आप पूछें तो इस बात पर कोई यह बताने को तैयार नहीं हुआ कि उनके द्वारा कितने प्रतिशत कमीशन बांटा जाता है मोंटे तौर पर क्लिनिकल डॉक्टरों (सभी डॉक्टर नहीं) को 50 से 60% तक कमीशन देना होता है. डॉक्टरों को हर जांच में कमीशन चाहिए, इसके बदले वे मरीजों को हमारे लैब में भेजते हैं. पैथोलॉजिस्ट के अनुसार, ब्लडशुगर की जांच की वास्तविक दर सामान्य रूप से 30 से 35 रुपये (मुनाफा के साथ) होती है पर डॉक्टरों के कमीशन के कारण मरीजों से 85 से 110 रुपये तक लिये जाते हैं। एक मरीज से लिवर की जांच (एसजीपीटी) के लिए 150 से 185 रुपये लिये जाते हैं. जबकि इसकी वास्तविक दर 60 रुपये होती है. एक अन्य लैब संचालक ने बताया, डॉक्टर हमारे पास जैसे-जैसे मरीज भेजने की संख्या बढ़ाते हैं, उनका कमीशन बढ़ता जाता है। शुरुआत में लैब संचालक 40% कमीशन देते हैं, लेकिन बाद में यह 50 से 60% तक चला जाता है. लैब संचालक अगर कमीशन देने में आनाकानी करते हैं, तो वे मरीजों को हमारे लैब में नहीं भेजने की बात कहते हैं. इन डॉक्टरों को कमीशन की राशि का भुगतान नकद किया जाता है. सरकारी अस्पतालों से भी डॉक्टर निजी पैथोलॉजी में जांच कराने की बात करते हैं ताकि उन्हें मोटा कमीशन मिलता रहे. सप्ताह या मासिक हिसाब कर लैब संचालक उन तक पैसे पहुंचा देते हैं. डॉक्टर भी पूरा हिसाब-किताब रखते हैं कि उन्होंने कितने मरीजों को किस जांच के लिए लैब में भेजा है. पैथोलॉजी लैब संचालक भी डॉक्टरों से सेंटिंग करते हैं. डॉक्टरों को अधिक से अधिक कमीशन देने का प्रलोभन देते हैं. अगर सब कुछ सही रहा और लैब संचालक सेंटिंग करने में सफल रहे, तो डॉक्टर मरीजों को उनके पास भेजना शुरू कर देते हैं. डॉक्टर भी मरीजों के सामने उसी लैब का गुणगान करते हैं और जांच को विश्वसनीय बताते हैं. मरीज अगर किसी दूसरी जगह की जांच रिपोर्ट लाता है, तो उसकी विश्वसनीयता पर सवाल उठाते हैं. यही नहीं, कई बार तो मरीजों पर भड़क जाते हैं. इसकी जानकारी तो नहीं है. राजधानी में कमीशन का कोई कल्चर नहीं है यह सभी कहते हैं, अगर कुछ ऐसा करते हैं, तो यह गलत है। आइएमए में शुरू से यह सीख दी जाती है कि कमीशन शब्द में डॉक्टर का नाम नहीं आये, इसका ख्याल रखें। अपने लाभ के लिए डॉक्टर मरीजों का आर्थिक शोषण करते हैं? डॉक्टरों सेवा व समर्पण का पेशा है ऐसा कहा जाता है पर देखने को कहीं कहीं ही मिलता है। इस पेशे में अपने लाभ के बजाय मरीज हित की चिंता की जाती है। समाज में इससे ही डॉक्टर की पहचान होती है। ऐसे में कमीशन से डॉक्टरों को हमेशा बचना चाहिए। आइएमए की जब भी बैठक होती है, इसके लिए डॉक्टरों को जागरूक किया जाता है। परन्तु ऐसी काफ्रेंस का पूरा खर्चा मेडिकल से जुड़ी कम्पनियों या पैथोलॉजी वालों द्वारा ही उठाया जाता है तब कमीशन की बात न हो मुमकिन नहीं। कुछ डॉक्टर बिना कमीशन के भी जांच लिखते हैं परंतु ऐसे डॉक्टरों की संख्या न के बराबर है. आपको बता दे कि पैथोलॉजी केंद्रों और निजी क्लिनिकों पर शासन का कोई सीधा नियंत्रण भी नहीं है। न चिकित्सकों का परामर्श शुल्क निर्धारित है और न ही पैथोलॉजी का टेस्ट शुल्क. इतना ही नहीं प्रतिबंधों के बावजूद सरकारी चिकित्सक भी निजी प्रैक्टिस में खुले आम सरकारी आदेशों की धज्जियां उड़ाते दिखाई देते हैं। गोरखपुर में बच्चों की अप्रत्याशित मौतों के बाद रिटिंग ऑपरेशन हुआ था. जिसमें गोरखपुर मेडिकल कालेज के चिकित्सकों को निजी प्रैक्टिस करते हुए पकड़ा गया था. इन चिकित्सकों पर अबतक कोई कार्यवाही नहीं की गई. शायद इस लिए की उन्हें मुख्यमंत्री का संरक्षण प्राप्त था.

## Cancer - A Growing Health Concern

Dr Ramesh Sarin, a senior Oncologist at the Indraprastha Apollo Hospitals discusses cancer as an emerging major health problem in developing countries. Its is predicted by the WHO that by the year 2020 this number will increase to 15 million of which 10 million will be in the developing world. On World Cancer Day 2017, Dr Ramesh Sarin, Senior Oncologist at the Indraprastha Apollo Hospitals, discusses Cancer as an emerging major health problem in developing countries. Its incidence in developing countries now for the first time in history, matches that in the industrialized countries and the incidence of cancer in general is growing worldwide. In the year 2003, there were ten million estimated new cancer cases the world over of which there were four million in the developing countries. Its is predicted by the WHO that by the year 2020 this number will increase to 15 million of which 10 million will be in the developing world. With increasing wealth and industrialization has come a rapid change in the lifestyles, and this is likely to raise the national tumor burden. Thus, cancer once considered an uncommon medical problem is no more so and in the near future 50% of cancers worldwide will occur in countries labeled today as developing countries. This problem of increasing incidence in our country is compounded by the very high incidence of advanced incurable stage of the disease. Clearly this points to the need for simple measures which lead to early detection and early treatment. You may ask why this focus on breast cancer today? Breast Cancer is the commonest cancer in urban women in India, and today its incidence exceeds that of cancer of the uterine cervix. Fortunately, breast cancer is one of the few common cancers where early detection is possible, i.e. detection at a stage when there is a high probability of cure. Of the 1,000,000 breast cancers estimated to occur worldwide as new cases, about 400,000 occur in the developing countries of which 100,000 occur in India. This translates into the fact that 1 in 24 Indian women are likely to get this tumor every year, as compared to 1 in 7 in the western countries. The future prediction is that with industrialization and lifestyle changes, the incidence in India is going to be close to the western figures. The fact that early detection of breast cancer saves lives is established. Detection in stage I has almost a 90 % chance of cure, while detection in stage III has 0% chance of cure. The cure rates in the western world have improved entirely because of generation of mass awareness leading to early detection and treatment. Early detection is of course helped by improvements in imaging, and the regular examination of women by trained doctors and by mammography. However, since the process starts with the women herself, the most important vehicle for this process is awareness of the disease. Screening method for early detection assumes importance for two reasons. Firstly, women today play important roles in the society, and the incidence of cancer will impose severe psychological and physical barriers on their activities. Secondly, it is not possible to answer the question 'what causes breast cancer and how it can be prevented?'. Although there is an ever increasing knowledge on the risk factors, there are only a few of these like diet and physical activity that can be changed. And they only play a minor part. So our weapon to combat breast cancer remains to empower women to help early detection and seek early treatment. Breast Self Examination (BSE) as the name suggests is examination of ones own breasts. This involves detecting lumps, changes in skin or nipple, and presence of nipple discharge. There is thus a need to change the scene from accidental discovery of breast lumps, as it happens universally today in our society, to lumps discovered by regular periodic self examination. This practice of BSE will lead to detection of changes much earlier and will also seek to enforce the need to seek medical advice as soon as changes are detected. Breast self examination can be carried out in the calm ambience of ones home at ones convenience. However, every woman has to learn how to do this properly and correctly. The two other methods that help in early detection of breast cancer is an yearly mammography (soft tissue x-rays of breast) and clinical examination by the physician. The guidelines are to do a mammogram once a year after the age of 50 and clinical breast examination after the age of 30 and breast self-examination monthly after the age of 20. Women with immediate blood relatives such as mother or sister who has had breast cancer is twice as likely to develop breast disease and hence should do screening earlier than mentioned above.

## Scientists develop tiny magnetic robots to treat hard-to-reach body parts

Diagnosing and treating illnesses that emerge in the hard-to-reach body parts is a difficult task. However, scientists have figured a way out. A swarm of robots measuring about the size of a blood cell have been developed that can be remotely operated to diagnose and treat illness in hard-to-reach areas of the human body. The robots, manufactured by coating tiny algae with magnetic particles, can be tracked in tissue close to the skin's surface by imaging the algae's natural fluorescence, and in hard-to-reach deeper tissue by magnetic resonance imaging (MRI). In tests, a swarm of robots a few millionths of a metre in length were guided magnetically to sites in the stomach of rats. Researchers, led by those from Chinese University of Hong Kong, developed micro-robots by coating a microscopic algae with non-harmful, biocompatible magnetic particles. The devices were tested in the stomach of rats and can smoothly swim in biological fluids, such as dilute blood and gastric fluid, according to the study published in the journal Science Robotics. Scientists, including those from Universities of Edinburgh and Manchester in the UK, suggest that the advance may lead to a way to deliver drugs to parts of the body that are otherwise difficult to treat. The robots could also sense chemical changes linked to the onset of illness within parts of the body, which makes them potentially useful as probes for remote diagnosis. The time taken for the robots to function and biodegrade within the body could be tailored by adjusting the thickness of their manufactured coating. In lab tests, the devices were found to release potent compounds from the algae core during degradation, which selectively attacked cancer cells while leaving healthy cells unharmed. Further research could show whether this might have potential as a treatment, researchers said.

## A.I.O.C.D. चुनाव में जगन्नाथ शिन्दे (अप्पा जी) की बादशाहत कायम

(संवाददाता अभय सिंहल की रिपोर्ट)

किसी भी चुनाव को जीतने में संगठन की महत्वपूर्ण भूमिका होती है और संगठन की शक्ति अगर मजबूत है तो छोटी-मोटी गलतियों को बोट नजर अन्दाज कर संगठन में ही अपनी आस्था जताता है। जी हाँ इस वाक्य को चरितार्थ किया है ऑल इण्डिया आर्गनाइजेशन कैमिस्ट एन्ड ड्रिगिस्ट एसोसियेशन के दिनांक 17-11-17 को जे.पी. पैलेस आगरा में हुए चुनाव ने।

इस चुनाव में JSS पैनल से अध्यक्ष पद फिर से श्री जगन्नाथ शिन्दे ने फार्मा विजन पैनल के ए.एन.मोहन 186 मत के मुकाबले 399 मत प्राप्त कर 213 मत से और सचिव पद पर JSS पैनल के श्री राजीव सिंघल मो. 9425056394 ने फार्मा विजन पैनल के सुरेश गुप्ता को 242 मतों के मुकाबले 341 मत प्राप्त कर 99 मतों से और कोषाध्यक्ष पद पर JSS पैनल से के.के. सेलवान ने फार्माविजन पैनल के बीकाराम चौधरी को 199 मतों के मुकाबले 383 मत प्राप्त कर 184 मतों से विजयश्री दर्ज की।

इस महत्वपूर्ण चुनाव की जीत में JSS पैनल ने अपनी एकजुटता, इच्छा शक्ति और संगठन शक्ति का परिचय दिया और तीनों पदों पर जीत हासिल कर फार्मा विजन को जबरदस्त पटखनी दी। फार्माविजन पैनल के सारे दावे हवा हवाई साबित हुए। अन्दाजा सिर्फ इसी से लगाया जा सकता है कि जहाँ सचिव पद पर फार्मा विजन पैनल के सुरेश गुप्ता 99 मतों से हारे वहीं उनके पैनल के अध्यक्ष प्रत्याशी 213 मतों से और कोषाध्यक्ष प्रत्याशी 199 मतों से हारे इससे ये साफ प्रतीत होता है कि करीब 114 वोट्स ने सुरेश गुप्ता को तो वोट दिया लेकिन अध्यक्ष और ट्रेजरर पद पर JSS पैनल को ही वोट दिया।

अब स्थिति ये है कि तीनों पदों पर अप्पा जी का कब्जा है और उनके सामने चुनौतियाँ भी बहुत हैं। लेकिन विश्वास है कि अप्पा एन्ड कम्पनी आने वाले समय में देश के 7.50 लाख कैमिस्टों के हितों में नये और मजबूत निर्णय लेकर कैमिस्टों के हितों की लड़ाई लड़ती रहेगी। मैडीकल दर्पण मिडिया हाउस की ओर से A.I.O.C.D. की नयी टीम को ढेर सारी शुभकामनायें।

अभय सिंहल, मो- 09319980483.

### सुरेश गुप्ता की करारी हार (देश के कैमिस्टों ने दिखाया आईना)

हमें तो अपनों ने लुटा गैरों में कहाँ दम था ?  
मेरी कश्ती भी वहाँ डूबी जहाँ पानी कम था।

सन् 1970 के दशक में आयी निर्माता निर्देशक मनमोहन देसाई की फिल्म रोटी का ये बहुचर्चित गीत - ये जो पब्लिक है ये सब जानती है - जरूर आपको याद होगा. इस गीत की पंक्तियाँ A.I.O.C.D. के पूर्व सचिव गाजियाबाद उत्तर प्रदेश निवासी सुरेश गुप्ता पर बिल्कुल सटीक बैठती हैं. जी हाँ पिछले 6 वर्षों से A.I.O.C.D. के सचिव पद पर रहते हुए अब 2017-2020 के चुनाव में देश के कैमिस्टों ने सुरेश गुप्ता को फिलहाल 3 वर्ष के लिए आराम दे दिया है. अब वो टेन्शन फ्री होकर देश-विदेश की हसीन लोकेशन्स पर महँगी से महँगी बाईक पर बैठ कर अपने फोटो खिंचवा सकेंगे।

मैडीकल दर्पण मिडिया हाउस ने पाठकों को अपने पिछले अंक में ही अवगत कराया था कि मेहनती, ईमानदार और कर्तव्यनिष्ठ राजीव सिंघल के सामने सुरेश गुप्ता की राह आसान नहीं है और मिडिया हाउस की यह भविष्य वाणी सही साबित हुयी. पूरे भारतवर्ष के हर राज्य के मिडिया हाउस के प्रतिनिधि की रिपोर्ट के अनुसार इस चुनाव में सुरेश गुप्ता के सिपहसालारों ने ही उनकी लुटिया डुबो दी. लखनऊ के एक बड़े नेता, बनारस के बहुत से अजीज दोस्तों और उत्तराखण्ड के उनके विश्वसनीय नेताओं ने उनके तिलस्म को चूर-चूर करने में अहम भूमिका निभायी.

ज्ञात रहे कि पिछले दो बार से 6 वर्षों तक देश के कैमिस्टों ने सुरेश गुप्ता को A.I.O.C.D. के सचिव पद पर बैठाया लेकिन इन 6 वर्षों में वे कहीं भी कैमिस्टों की उम्मीद पर नहीं उतरे, उन्होंने एक भी योजना ऐसी नहीं बनायी जिससे कैमिस्टों का कुछ भला होता. अप्पा जी से हर विषय पर उनका विवाद हुआ जिसका जबाव इस चुनाव में उन्हें मिला. उत्तराखण्ड के एक नेता जिन्होंने पिछले दो बार पूर्ण समर्थन देकर काफी वोट दिलायीं अपना नाम न छापने की शर्त पर मिडिया हाउस के प्रतिनिधि से कहा कि- **घमंड की बीमारी शराब जैसी है साहब जिसमें खुद को छोड़कर सबको पता चलता है कि इसको चढ़ गयी है।**

उत्तर प्रदेश के कुछ कैमिस्ट नेता बोलते हैं कि सुरेश गुप्ता को हमने पिछले दो बार फुल वोट व सपोर्ट देकर जिताया लेकिन जब भी उन्हें किसी कार्य के लिए फोन किया तो हर बार यही रटा-रटाया जबाव मिला कि - **हवाई जहाज में बैठा हूँ बाद में फोन करना या मीटिंग में बैठा हूँ डिस्टर्ब मत करो।** पंजाब के एक बड़े नेता ने लुधियाना से फोन कर मिडिया हाउस को बताया कि ये सुरेश गुप्ता की हार नहीं बल्कि उनके घमंड की हार है। देहली से एक और नेता ने उनकी हार टिप्पणी करते हुए कहा कि अरे साहब - **बनिया गुड़ न दे पर गुड़ की सी बात तो कह दे लेकिन इन साहब की तो बोली ही कड़वी हो गयी जिसका खामियाजा उन्हें भुगतना ही था।** देश के प्रमुख कैमिस्ट नेताओं ने सुरेश गुप्ता की हार पर खुशी और उनके मुकाबले राजीव सिंघल की जीत का स्वागत किया है। एक सर्वे के अनुसार कैमिस्टों से अभद्र व्यवहार और दवा कम्पनियों से कमीशन खोरी की अफवाह भी सुरेश गुप्ता की हार का कारण बनी। अन्त में हम सिर्फ इतना ही कहेंगे कि गुप्ता जी कहाँ आप ये नेशनल राजनीति के चक्कर में पड़ गये। आप तो गाजियाबाद की होलसेल मण्डी नई बस्ती की राजनीति करते हुए ही अच्छे लगते हैं।

### 100 बीमारियों की एक दवा है आंवला

आंवले का सेवन वजन घटाने के लिए भी होता है. आंवला हमारे शरीर के फेट को बर्न करता है, जिससे वजन घटाने में मदद मिलती है. अगर आपको भूलने की आदत है तो आंवला खरीदकर खाएँ. याददाश्त बढ़ाने में आंवले का सेवन लाभदायक है. रोजाना आंवले का मुखां खाने से दिमाग तेज होता है. आंवले का पेस्ट चेहरे पर लगाने से त्वचा संबंधी कई समस्याओं से छुट्टी मिल जाती है. आंवला खाने से या चेहरे पर इसका पेस्ट लगाने से झुर्रियाँ नहीं आती, त्वचा साफ और निखरी रहती है. चेहरे के दाग-धब्बों छुटकारा पाने के लिए आंवले का इस्तेमाल करें. रोजाना एक आंवला खाने से आपकी त्वचा जवां बनी रहेगी. रूखे और बेजान बालों से छुटकारा पाने के लिए आंवला बेहतरीन उपाय है. आंवला बालों के लिए प्राकृतिक टॉनिक है, जो बालों का विकास करने के साथ-साथ उन्हें झड़ने से भी रोकता है. शगर के मरीजों के लिए आंवले का जूस पीना लाभदायक होता है. आंवले का जूस पीने से शगर लेवल कंट्रोल में रहता है. आंवले का जूस लगातार पीने से मधुमेह की बीमारी का अंत संभव है. पेट से जुड़ी समस्या जैसे कब्ज और एसिडिटी से छुटकारा पाने के लिए आंवले का सेवन करें. आंवले का रस आँखों के लिए फायदेमंद है. आंवले आँखों से जुड़ी समस्याओं (मोतियाबिंद, कलर ब्लाइंडनेस, कम दिखना) से निजात दिलाने में सक्षम है. अगर खुजली की समस्या से परेशान हैं तो आंवले के पाउडर को किसी भी तेल में मिलाकर खुजली वाली जगह पर मसाज करें. आंवले में बैक्टीरिया और फंगस से लड़ने की क्षमता होती है. आंवला अल्सर, पेट में संक्रमण जैसी बीमारियों को खत्म करता है. आंवले का जूस रोजाना पीने से कोलेस्ट्रॉल लेवल कम करने में मदद मिलती है. आंवले में मौजूद एमिनो एसिड और एंटी ऑक्सीडेंट्स दिल के लिए फायदेमंद हैं. महिलाओं में अक्सर वाइट डिस्चार्ज की समस्या देखी जाती है. ऐसे में आंवला पाउडर में शहद मिलाकर लगातार खाने से वाइट डिस्चार्ज की परेशानी से निजात पाया जा सकता है.

## Dry skin in winters? Here's how you can avoid it

It's everyone's dream to have dewy skin that tolerates the effects of chilly temperature and also bears all the desert like heat. Winter weather is for sure not fun for skin. If not taken care, the winter dry skin can lead to cracking and bleeding. Indoor heat further adds to robbing the moisture from the skin and so do the calming hot showers. With all these harsh attacks on skin, it is extremely important to indulge in the right skin care routine and also choose the products wisely. In order to efficiently do that, it is equally important to understand your skin first. One needs to know the texture of his or her skin, whether it's oily, dry or a combination skin. Once when you have understood the texture of your skin, you can now choose the products according to the need of your skin. We often go by the fragrances or the texture of the products while purchasing them, but the content in it is what actually matters. Dr. Rohit Batra Dermatologist, Sir Ganga Ram Hospital said, "If someone has an oily skin, gel based moisturisers are best to be used; wherein a cream based moisturiser or a cream based lotion should be used by the ones having dry skin." When asked for suggestions for choosing the correct formula for skin, Dr. Batra added, "People with dry skin need to select products having liquid paraffin, sheer butter and coco butter and for someone who has an allergy prone skin should opt for moisturiser containing ceramides. People with combination skin should go for oil based rather than water based solution, as it is more likely to help your skin retain moisturiser in winter." Skin care is not only restricted to superficial applications, but what one consumes also decides the health of your skin. Especially in winters one must take utmost care while selecting the right food options. Dietitian Deepti G Dua, Mutation Diet Clinic suggests everyone to 'eat like a King!' She said, "Winter foods have some good calories and great nutrition. One must consume a nutritionally rich diet or foods rich in omega 3 like fish, salmon etc. One must avoid starchy and sugary foods as they not only bloat your stomach but also cause acne, eczema and causes wrinkles. Your winter diet should also contain omega 6 fatty acids and essential oils." It is always better to keep your body warm the natural way, so one can consume ample nuts, almonds and peanuts as they are warm and contain vitamin D and iron. You can also add seasonal leafy vegetables, citrus foods having vitamin C as they have anti ageing properties. "With beautiful skin and a healthy body, you can enjoy winter love. The combination of a balanced and required diet, and a glowing skin will surely make your winters less stressful and happy."

### अमरीकी वैज्ञानिकों का कमाल, गाय की मदद से खोज HIV का इलाज

**टेक्सास:-** प्राप्त जानकारी के अनुसार देश में गाय को लेकर चल रही बहस और हिंसा के बीच सुदूर अमरीकी वैज्ञानिकों ने इसकी मदद से एड्स जैसी लाइलाज बीमारी का तोड़ खोज निकाला है. माना जा रहा है कि एड्स के कारक घातक एचआईव वायरस को फँसने से रोकने के लिए वैज्ञानिकों का यह शोध बड़ी कामयाबी हो सकती है. एचआईवी एक ऐसा संक्रामक वायरस है, जिसका आज तक इलाज नहीं ढूँढा जा सका है. टेक्सास ए एंड एम यूनिवर्सिटी के वैज्ञानिकों ने परीक्षण के दौरान गायों में एचआईवी का इंजेक्शन लगाया, जिससे उनमें 35 दिनों के भीतर प्रतिरोधक क्षमता विकसित हो गई. इसके बाद जब गायों की प्रतिरक्षी कोशिकाओं की पड़ताल की गई तो यह पाया कि इनमें से एक में एचआईवी को फँसने से रोकने के गुण मौजूद थे. वैज्ञानिकों ने ऐसी प्रतिरक्षी कोशिकाओं का एक इंजेक्शन तैयार किया, जिसे एचआईवी से ग्रस्त पीडिट को लगाया. इससे मरीज में मौजूद एचआईवी के प्रभाव को बेअसर कर दिया. यह इंजेक्शन वैक्सीन के रूप में कब आएगी, यह अभी साफ नहीं हो पाया है. शोध जर्नल 'नेचर' में प्रकाशित हुआ है. वैज्ञानिकों ने 4 गायों को प्रयोग के लिए चुना. उन्हें एचआईवी के दो-दो इंजेक्शन दिए गए. तकरिवन 30-35 दिन बाद उनमें प्रतिरक्षी कोशिकाएँ बनने लगीं. वैज्ञानिकों का मानना है कि गायें एचआईवी या उसके जैसे वायरस से आम तौर पर संक्रमित नहीं होती हैं. उनकी प्रतिरोधक क्षमता बेहद खास किस्म की होती है. वह जब ऐसे किसी वायरस के सम्पर्क में आती हैं, तब उनके शरीर में प्रतिरक्षी कोशिकाएँ तेजी से विकसित होने लगती हैं. इंटरनेशनल एड्स वैक्सीन इनीशिएटिव से जुड़े शोध के प्रमुख लेखक डेविड सोक का कहना है कि एचआईवी मानव को प्रभावित करने वाला वायरस है, मगर इससे लड़ने की क्षमता सभी जीवों में है. मौजूदा समय में एचआईवी का कोई तोड़ नहीं है. इससे ग्रस्त मरीजों को पूरे जीवन जी मिचलाने, उल्टी-दस्त व अनिद्रा की दवाइयों लेनी पड़ती हैं.

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**Ursolic** (Ursodeoxycholic Acid 150mg & 300mg Tablets), **Laxicon SG** ( Dioclytly Sodium Sulfosuccinate 100mg Soft Gelatin Capsules), **Mecolin** (Tricholine Cotrate 0.55gm & Sorbitol 7.15gm/10ml Solution), **Stalfate** (Sucralfate 1gm/5ml Suspension), **Stalfate-O** (Sucralfate 1gm+Oxetacaine 10mg in 5ml Suspension), **Oniz** (Ornidazole 500mg Tablets) **Zolam** (Alprazolam 0.25mg/0.5mg Tablets), **Mupon** (Mupirocin Ointment IP 2.0% w/w), **Lukast LC** (Montelukast 10mg&Levocetirizine 5mg Tablets), **Entrozyme-O** (Ornidazole 500mg & Ofloxacin 200 mg Tablets) **Urisol** (Flavoxate Hydrochloride 200mg Tablets) **Antispasmin DS** (Drotaverine Hydrochloride 80mg Tablets), **Urisol-O** (Flavoxate Hydrochloride 200mg & Ofloxacin 200mg Tablets) **Entrozyme** (Pepsin 10mg & Fungal Diastase 50mg Tablets), **Antispasmin** (Drotaverine Hydrochloride 40mg Tablets), **Coldoff Tablets/Syrup** (Phenylephrine Hcl. Diphenhydramine Hcl. Caffeine (Anhydrous) and Paracetamol Tablets Paracetamol, Phenylephrine Hcl, Chlorpheniramine Maleate, Sodium Citrate & Menthol Syrup), **Paracin** (Paracetamol 500 650 & 1000mg Tablets), **Pulmocod CG/Palin** (Vit,D3 B-Complex, Calcium Hypophosphite, **Creosote**, Guaiacol Syrup), **Zolam SR** (Alprazolam 0.5mg SR Tablets), **Pulmocod CG/Plain** (Vit.A,D31,B-Complex, Calcium, Hypophosphite, Creosote, Guaiacol Syrup) **PH-0522-2476048 & 0522-2476054**

## SPRANZA VITA

**Amoxlacto- CL625** (Amoxycilline 500mg +Clavulsniv Acid 125mg Tablets), **Azianza-250/500** (Azithromycin 250/500mg Tablets), **Anzalevo/AZ/OZ/500/750** (Levofloxacin 125mg Syrup Levofloxacin 250mg +Azithromycin 250mg Tabs Levofloxacin 125mg+Ornidazole 125mg Suspension Levofloxacin 500/750mg Tabs), **Rabswe/DSR/LS** (Rabeprazole Sodium 20mg Rabeprazole Sodium 20mg+Domperidone 30mg (Extended Release)caps Rabeprazole Sodium 20mg+Levosulpiride 75mg (SR) Caps), **Avitaspas-M** (Drotaverine 80mg+Mefenamic Acid 250mg) **Surenore-Kit/5** (Mifepristone (1tab) 200mg+Misoprostol(4tabs)200mg Tabs Norethisterone 5mg), **Fanlyco** (Lycopene, Lutein Multivitamin, Multi Minerals&Antioxidant Capsules/Syrup), **Vitagyno** (Ayurvedic Uterine Tonic), **Ojacon-150** (Fluconazole 150mg. Tablets) **Wizargi** (Each 10gm Sachet Contains:L-arginine IP 3gm+Zinc Sulphate Monohydrate IP eq. to elemental Zinc 10mg+Folic acid IP 2.5mg Sachet) **Tanpanta/DSR/D/40** (Pantoprazol IV 40mg (With water for injection), (Pantoprazol 40mg+Domperifone 30mg ER Caps),(Pantoprazol 40mg +Domperidone 10mg tabs), **Zavigest-200** (Micronized Progesterone 200mg Softgel Capsule)**Ph +91-9425155887, +91-9424417000**

## Europa

**Nospike-3** (Voglibose 0.3mg Tablets), **Euromet GP2 V2** (Metformin SR 500mg, Glimepiride 2mg & Voglibose 0.2mg Tablets), **Euromet** (Metformin SR 500mg & Glimepiride 1mg Tablets), **Euromet GP2** (Melformin SR 500 & Glimepiride 2mg Tablets), **Euroglim-1** (Glimepiride 1mg Tablets) **Euroglim-2** (Glimepiride 2mg Tablets), **Zurvast10** (Rosuvastatin 10mg Tablets), **Zurvast D** (Rosuvastatin 10mg & Vitamin D3 1000 Tablets), **Eudogril 75** (Clopidogrel 75mg Tablets), **Eudogril 150** (Clopidogrel 150mg Tablets) **Locheta 25** (Metoprolol Succinate (ER) 23.75mg Tablets), **Locheta 50** (Metoprolol Succinate (ER) 47.5mg Tablets), **Eutelmi 40** (Telmisartan 40mg Tablets) **Eutelmi M** (Telmisartan 40mg & Metoprolol Succinate ER 23.75mg Tablets), **Eutelmi CH** (Telmisartan 40mg & Chlorthalidone 12.5mg Tablets) **Mob. 07940300900.**

## AQUILA (INTAS)

**Gabapin NT 100/400** (Gabapentin 100/400mg+Nortriptyline 10mg Tab), **Gabapin 100/300/400/600/800** (Gabapentin Tabs/Caps), **Gabapin-ME 100/300** (Gabapentin 100/300mg+Methylcobalamin 500mcg Tab), **Pexep Plus** (Paroxetine ER 12.5/25 and Clonazepan 0.5mg Caps.), **Pexep CR** (Paroxetine HCl Controlled Release 12.5/25/37.5mg Tab), **Spinfree** (Cinnarizine 20mg&Dimenhydrinate 40mg Mouth Dissolving Tablets), **Divaa** (Divalproex Sodium Delayed-release 125/250/500mg Tab), **Provanol** (Propranolol 10/20/40mg Tab), **Zedtime** (Zolpidem Tartrate 5mg&10mg Tabs), **Elipran** (Eletriptan HBr 20/40mg Tab), **Gudril** (Tramadol HCl 37.5mg+Paracetamol 3250mg Tab) **PH +917966523100, 7926576655**

## BIOMI LIFE SCIENCES PVT.LTD.

**BIO-HB Tablets** (Ferrous Bisglycinate 220 mg eq. to Elemental Iron 60mg+L-Methyl Folate 1mg+Methylcobalamin 500mcg+Zinc 25mg), **Bio-9 Fort SYRUP** (Ascorbic Acid 40 mg+Amino Acids+Vitamin B Complex), **Bio-9 Tablets** (L-Methyl Folate 1mg+Methylcobalamin 1500mcg+Pyridoxal-5-Phosphate 0.5mg), **Mical Tablets** (Calcium Bis Glycinate 1000mg+Vitamin D3 400 I.U.+Magnesium 25mg) **Ph.(+91)-91112-18888**

## Pure Drugs

**ACEKOL-P** (ACECLOFENAC 100 MG + PARACETAMOL 325 MG (COATED TABLET) • **ANXIPURE-5** (ESCITALOPRAM 5 MG) • **ANXIPURE-10** (ESCITALOPRAM 10 MG) • **ANXIPURE-PLUS** (ESCITALOPRAM 5 MG + CLONAZEPAM .5 MG) • **ANXIPURE FORTE** (ESCITALOPRAM 10 MG + CLONAZEPAM .5 MG) • **AZEEPURE-250** (AZITHROMYCIN 250 MG (ALU-ALU)) • **AZEEPURE-500** (AZITHROMYCIN 500 MG (ALU-ALU)) • **B12 MD**(METHYLCOBALAMIN 1500 MCG MOUTH DISSOLVING TABS (ALU ALU)) • **CEFPOPURE-100DT** (CEFPODOXIME PROXETIL 100 MG DISPERSIBLE TABLET (ALU-ALU)) • **CEFPOPURE-200DT** (CEFPODOXIME PROXETIL 200 MG DISPERSIBLE TABLET (ALU-ALU)) • **CEFPOPURE-CV** (CEFPODOXIME 200 MG + CLAV 125 MG DISPERSIBLE TABLET) • **CITOP-DSR** (PANTOPRAZOLE 40 MG + DOMPERIDONE 30 MG SUSTAINED RELEASE(ALU-ALU) CAP) • **COBAPURE** (PREGABALIN 75 MG + METHYLCOBALAMIN 750 MCG (ALU-ALU) CAP) • **CLONIM** (MEFENAMIC ACID 250 MG + DICYCLOMINE 10 MG) • **CORCARE** (PCM 325 MG + CPM 4 MG + PHENYLEPHRINE 5 MG + CAFFINE 25 MG) • **DROTPURE** (DROTAVERIN 80 MG + MEFENAMIC ACID 250 MG ( BLISTER)) • **DEFPURE-6** (DEFLAZACORT 6 MG (ALU-ALU)) • **DIAFENAC-GM** (DIACERIN 50 MG + GLUCOSAMINE 750 MG + MSM 250 MG (ALU-ALU)) • **DICPURE** (DICLOFENAC POTASSIUM 50 MG + PARACETAMOL 325 MG) • **DICPURE-MR** (DICLOFENAC POTASSIUM 50 MG + PCM 325 MG +CHLORZOAZONE 250 MG (ALU-ALU)) • **DICPURE-S** (DICLOFENAC POTASSIUM 50 MG + SERRATIOPEPTIDASE 10 MG) • **DICPURE-SP** (DICLOFENAC POTASSIUM 50MG +PCM 325 MG +SERRATIOPEPTIDASE 10 MG) • **ENLYCO** (LYCOPENE 2000 MCG + BETACAROTENE 10 MG + MULTIVITAMIN+ ANTIOXIDANT) **ETOPURE-90**(ETORICOXIB 90 MG (ALU-ALU)) • **FERIPURE** (FERROUS ASCORBATE 100 MG +FOLIC ACID1.5 MG (ALU-ALU)) • **FERIPURE-XT** (FERROUS ASCORBATE 100 MG +FOLIC ACID1.5 MG+ ZINC 7.5 MG (ALU-ALU)) • **FLOATE PLUS** (FERROUS ASCORBATE 100 MG +FOLIC ACID1.5 MG+ ZINC 7.5 MG (ALU-ALU)) • **GBTRIP** (GABAPENTIN 300 MG + AMITRIPTYLINE 10 MG (ALU ALU)) • **GLIMPURE-2** (GLIMIPRIDE 2 MG + METFORMIN 500 MG) • **GLIMPURE-1** (GLIMIPRIDE 1 MG + METFORMIN 500 MG) • **KALSET** (CALCIUM CITRATE 1000 MG + MAGNESIUM 180 MG + ZINC 14 MG+ VITAMIN D3 200 IU) • **LEVECURE-500** (LEVETIRACETAM 500 MG) • **LEVOPURE-250** (LEVOFLOXACIN 250 MG) • **LEVOPURE-500** (LEVOFLOXACIN 500 MG) • **LME-TEHR** (ARTEMETHER 80MG+LUMEFANTRINE 480MG(ALU-ALU)) • **MECOPURE PLUS** (METHYLCOBALAMIN1500 MCG,ALA100 MG,VIT D31000 IU,PYRIDOXINE 3MG & F.A. 1.5 MG) • **MOXPURE CV-625** (AMOXICILLIN 500 MG + CLAVULANIC ACID 125 MG (ALU ALU) MONO CTN) • **MOXPURE LB-625** (AMOXICILLIN 500 + CLAV 125 MG + LACTOBACILLIUS 60 MILLION SPORES) • **PURECAN-150** (FLUCONAZOLE 150 MG) • **MOXPURE-DX LB** (AMOXICILLIN 250 MG + DICLOXACILLIN 250 MG+LACTOBACILLIUS 60 MILLION SPORES (ALU ALU)) • **NIMUPURE** (NIMESULIDE 100 MG + PARACETAMOL 325 MG) • **OSTOPURE** (CALCIUM CITRATE 1000 MG + MAGNESIUM 180 MG + ZINC 14 MG+ VITAMIN D3 200 IU) • **OLCAR-20** (OLMESARTAN 20 MG (ALU ALU)) • **OLCAR-40** (OLMESARTAN 40 MG (ALU ALU)) • **OLCAR-H 20** (OLMESARTAN 20 mg + HYDROCHLORTHIAZIDE 12.5 MG (ALU ALU)) • **OLCAR- H 40** (OLMESARTAN 40 mg + HYDROCHLORTHIAZIDE 12.5 MG (ALU ALU)) • **ORFENAC-TC** (TRYPSIN 48 MG + BROMELAIN 90MG + RUTOSIDE 100 MG (ALU ALU)) • **PREBIOLAC** (PREPROBIOTIC +ZINC(ALU-ALU) CAPSULE) • **PREDOL PLUS** (PREGABALIN 75 MG + METHYLCOBALAMIN 750 MCG+BENFOTHIAMINE 7.5MG+PYRIDOXINE 1.5MG+FOLIC ACID 0.75MG) • **PUREACE-MR** (ACECLOFENAC 100 MG + PCM 325 MG + CHLORZOAZONE 250 MG) • **PUREACE-P** (ACECLOFENAC 100 MG + PARACETAMOL 325 MG (COATED TABLET)) • **PUREACE-SP** (ACECLOFENAC 100 MG + PCM 325 MG + SERRATIOPEPTIDASE 15 MG (ALU-ALU)) • **PUREACE-TH** (ACECLOFENAC 100 MG + THIOCOLCHICOSIDE 4 MG (ALU-ALU)) • **PURECAM-P** (LORNOXICAM 8 MG + PARACETAMOL 325 MG) • **PUREDOL-650** (PARACETAMOL 650 MG) • **PUREDOL-T** (TRAMADOL 37.5 MG + PARACETAMOL 325 MG) • **PUREFIX-100DT** (CEFIFIXIME 100 MG DISPERSIBLE TABLET (ALU-ALU)) • **PUREFIX-200DT** (CEFIFIXIME 200 MG DISPERSIBLE TABLET (ALU-ALU)) • **PUREFIX-CV** (CEFIFIXIME 200MG+CLAVULANIC ACID 125 MG) • **PUREFIX-LB** (CEFIFIXIME 200 MG + LACTOBACILLIUS 60 MILLION SPORES DISPERSIBLE TABS) • **PUREFIX-O** (CEFIFIXIME 200 MG+OFLOXACIN 200 MG (ALU-ALU)) • **PUREMONT LC** (MONTELUKAST SODIUM 10 MG + LEVOCETIRIZINE 5 MG (ALU-ALU)) **PUREMONT LC KID** (MONTELUKAST SODIUM 4 MG + LEVOCETIRIZINE 2.5 MG (ALU-ALU)) • **PURENERVE** (PREGABALIN 75 MG + METHYLCOBALAMIN 750 MCG (ALU-ALU) CAPSULE) • **PUREOX** (OFLOXACIN 200 MG) • **PUREOX-OZ** (OFLOXACIN 200 MG + ORNIDAZOLE 500 MG) • **PURERAB DSR** (RABEPRAZOLE 20 MG + DOMPERIDONE 30 MG SUSTAINED RELEASE (ALU-ALU) CAP) • **PURERAB IT** (RABEPRAZOLE + ITOPRIDE HYDROCHLORIDE (ALU-ALU) CAPSULE) • **PURERAB-20 TAB** (RABEPRAZOLE 20 MG (ALU-ALU)) • **PURERAB-D** (RABEPRAZOLE 20 MG + DOMPERIDONE 10 MG (ALU-ALU)) • **PURERAB-LS** (REBEPRAZOLE ( ENTERIC COATED )20 MG + LEVOSULPIRIDE 75MG S.R.(ALU-ALU)) • **PURETOP-40** (PANTOPRAZOLE 40 MG) • **PURETOP-DSR** (PANTOPRAZOLE 40 MG + DOMPERIDONE 30 MG SUSTAINED RELEASE(ALU-ALU) CAP) • **PUREXIME 500MG** (CEFUROXIME AXETIL 500 MG (ALU ALU)) • **PUREZIN-5** (LEVOCETIRIZINE 5 MG) • **PUREZOLE-D** (OMEPRAZOLE 20 MG + DOMPERIDONE 10 MG (ALUMINIUM FOIL) CAPSULE) • **RABINAC** (RABEPRAZOLE 20 MG + ACECLOFENAC 200 MG (ALU ALU)) • **RECETEL-AM** (TELMISARTAN 40 MG + AMLODIPINE 5 MG (ALU ALU)) • **RECETEL-AM FORTE** (TELMISARTAN 80 MG + AMLODIPINE 5 MG (ALU ALU)) • **RECETEL-80** (TELMISARTAN 80 MG) • **RECETEL-40** (TELMISARTAN 40 MG) • **RECETEL- M 50** (TELMISARTAN 40 MG + METOPROLOL 50 MG) • **RECETEL-M 25** (TELMISARTAN 40 MG + METOPROLOL 25 MG) • **VILAPRO-200** (SODIUM VALPROATE 200 MG) • **VILAPRO-300** (SODIUM VALPROATE 200 MG + VALPROIC ACID 87 MG) • **VILAPRO-500** (SODIUM VALPROATE 333 MG + VALPROIC ACID 145 MG) • **VERT-16** (BETHAHISITINE 16 MG (ALU ALU)) • **VERT-8** (BETHAHISITINE 8 MG (ALU ALU)) • **XOSTAT 40** (FABUXOSTAT 40MG(ALU-ALU)) • **CHOLEVIT D3** (CHOLECALCIFEROL 60000 I.U.) • **OSTOPURE PLUS** (CALCIUM CITRATE MALEATE + CALCITRIOL+OMEGA-3+FATTY ACID+L-METHYLFOLATE+MULTIVITAMINS&MUL TIMINERALS) • **ACUZIT-10** (ISOTRETINOIN 10 MG) • **ACUZIT-20** (ISOTRETINOIN 20 MG) • **CEMELLIA PLUS** (OMEGA-3 FATTY ACIDS, GREEN TEA EXTRACT,GINKGO BILOBA, GINSENG, GRAPE SEED EXTRACT MULTIBITAMINS & MULTIMINERAL CAPSULES) • **MECOPURE AL** (METHYLCOBALAMIN1500 MCG,ALA100 MG,ALA100 MG,PYRIDOXINE 3MG & F.A. 1.5 MG) • **OSTOPURE-FORTE** (CALCITRIOL 0.25 MCG + CALCIUM CITRATE 425 MG + ZINC 20 MG +MAGNESIUM 40 MG) • **PUREGEST-200** (PROGESTERONE 200MG) • **ENLYCO PLUS** (LYCOPENE+ GRAPE SEED EXTRACT + LUTEIN+BETACEROTENE+VITAMINS+MINERALS 10\*10) • **PIPBACTAM 4.5 GM** (PIPERACILLIN 4 GM + TAZOBACTAM 0.5 GM (TRAY PACK)) • **PUREXONE-1 GM** (CEFTRIAZONE 1 GM) • **PUREXONE 500 MG** (CEFTRIAZONE 500 Mg) • **PUREXONE 250 MG** (CEFTRIAZONE 250 Mg) • **PUREXONE -S 1.5** (CEFTRIAZONE 1000 Mg + SULBACTAM 500 Mg) • **PUREXONE -S 750** (CEFTRIAZONE 500 Mg + SULBACTAM 250 Mg) • **PUREXONE -S 375** (CEFTRIAZONE 250 Mg + SULBACTAM 125 Mg) • **CEFOPURE 1 GM** (CEFOPERAZONE 500MG + SULBACTAM 500 Mg) • **DICPURE INJ** (DICLOFENAC SODIUM 75 Mg/1 ML) • **DROLONE-25** (NANDROLONE DECANOATE 25 Mg (DISPO PACK)) • **DROLONE-50** (NANDROLONE DECANOATE 50 Mg (DISPO PACK)) • **FERIPURE-5ML INJ** (FERRIC HYDROXIDE COMPLEX WITH SUCROSE 20 Mg/ 5 ML) • **MEROVIVE- 1 GM** (MEROPENEM 1 GM) • **MEROVIVE 500** (MEROPENEM 500 MG) • **MECOPURE PLUS** (METHYLCOBALAMIN 1000 Mcg +PYRIDOXINE 100 Mg +NICOTINAMIDE 100 MG(DISPO PACK)) • **MECOPURE-FORTE** (METHYLCOBALAMIN 1500 Mcg +PYRIDOXINE 100 Mg +NICOTINAMIDE 100 MG(DISPO PACK) 2 ML) • **MECOPURE -1500** (METHYLCOBALAMIN 1500 Mcg) • **PURECAM INJ** (PIROXICAM 40 Mg) • **PUREDON INJ** (ONDANSETRON 2 MG/1 ML) • **PURETOP INJ** (PANTOPRAZOLE 40 Mg (LYOPHILIZED)) • **APIPURE** (CYPROHEPTADINE 2 Mg + TRICHOLINE CITRATE 275 Mg SYP / 5 ML) • **ACIPURE (MINT)** (MAGALDRATE 400 Mg + SIMETHICONE 20 Mg (SUGAR FREE)/ 5 ML) • **ACIPURE (Mango)** (MAGALDRATE 400 Mg + SIMETHICONE 20 Mg (SUGAR FREE)/ 5 ML) • **ACIPURE (Saunf)** (MAGALDRATE 400 Mg + SIMETHICONE 20 Mg (SUGAR FREE)/ 5 ML) • **AZEEPURE-200** (AZITHROMYCIN-200/ 5 ML (GLASS BOTTLE)) • **B5 PLUS** (B COMPLEX WITH L-LYSINE SYP) • **B5 PLUS SF** (B COMPLEX WITH L-LYSINE SUGAR FREE) • **CORCARE** (PHENYLEPHRINE 2.5 MG+CPM 1 MG+PCM 125 MG/5 ML) • **CEFPOPURE -50 SYP** (CEFPODOXIME PROXETIL 50 Mg DRY SYP / 5 ML) • **CLONIM SYP** (MEFENAMIC 50 Mg + PARACETAMOL 125 Mg / 5 ML) • **COUGH-EXPECTO** (AMBROXOL 15 mg + GUAIPHENESIN 50mg + TERBUTALINE 1.25 MG + MENTHOL 2.5 MG /5ML) • **DEKUF - D** (DEXTROMETHORPHAN 10 MG +PHENYLEPHRINE 5 MG+CPM 2MG + MENTHOL 2.5 MG / 5ML) • **DEKUF-A** (AMBROXOL 15 mg + GUAIPHENESIN 50mg + TERBUTALINE 1.25 MG + MENTHOL 2.5 MG /5ML) • **DISZYME SF** (FUNGAL DIASTASE 50 Mg + PEPSIN 10 Mg / 5 ML SUGAR FREE) • **DISZYME** (FUNGAL DIASTASE 50 Mg + PEPSIN 10 Mg / 5 ML) • **ENLYCO-M** (METHYLCOBALAMIN +LYCOPENE + MULTIVITAMIN + MULTIMINERALS + ANTIOXIDANT) • **ENLYCO** (LYCOPENE + MULTIVITAMIN + MULTIMINERALS + ANTIOXIDANT) • **LACLOOZ** (LACTULOSE SOLUTION 10 GM/15 ML) • **FERIPURE** (FERROUS ASCORBATE 33 Mg + FOLIC ACID 550 Mcg / 5ML) • **MECOPURE DROP** (MULTIVITAMIN + MULTIMINERAL+ANTIOXIDANTS DROPS) • **MECOPURE SYP** (MULTIVITAMIN + MULTIMINERAL+ANTIOXIDANTS) • **MOXPURE CV** (AMOXICILLIN 200 Mg + CLAVULANIC ACID 28.5 Mg DRY SYP / 5 ML) • **MOXPURE CV DS** (AMOXICILLIN 400 Mg + CLAVULANIC ACID 57 Mg DRY SYP / 5 ML) • **OSTOPURE SYP** (CALCIUM CARBONATE 625 MG + MAGNESIUM 180 MG + ZINC 14 MG+ VIT D3 200 IU) • **PUREDOL 250 MG** (PARACETAMOL 250 / 5ML MG SUSPENSION) • **PUREFIX-50 SYP** (CEFIFIXIME 50 Mg DRY SYP / 5 ML) • **PUREFIX-O D SYP** (CEFIFIXIME 50 + OFLOXACIN 50) • **PUREMONT-LC SYP** (MONTELUKAST SODIUM 4 MG + LEVOCETIRIZINE 2.5 MG / 5 ML) • **PUREDON SUSP** (ONDANSETRON 2 MG/5 ML) • **PUREOX-OZ SUSP.** (OFLOXACIN 50 Mg+ ORNIDAZOLE 125 MG SYP / 5 ML) • **PUREOX SUSP.** (OFLOXACIN 50 Mg SYP / 5 ML) • **ENHEXA** (PROTEIN +DHA+BOVINE COLOSTRUM MULTIVITAMINS + MULTIMINERALS (Chocolate)) • **CLODERM** (BECLOMETHASONE DIPROPIONATE + CLOTRIMAZOLE + NEOMYCIN CREAM) • **CHOLEVIT D 3** (CHOLECALCIFEROL 60000 I.U.) • **DICPURE GEL** (DICLOFENAC 1.16%+ LINSEED OIL 3%+ METHYLSALICYLATE 10% + MENTHOL 5%+ BENZYL ALCHOL 10%) • **PREBIOLAC SACHET** (PREBIOTIC & PROBIOTIC WITH ZINC) • **PURELYTE** (ENERGY DRINK ( ORNAGE FLAVOUR)) • **UT-PURE** (AYURVEDIC UTRINE TONIC) • **DEKUF-H** (HERBAL COUGH SYRUP WITH TULSI & HONEY) • **DICPURE OIL** (HERBAL PAIN RELIVING OIL) • **HEAPTOFIT TABS** (AYURVEDIC LIVER TABS (PACK OF 100 SUGAR COATED TABS)) • **DISZYME TABS** (AYURVEDIC ENZYME TABS (PACK OF 100 SUGAR COATED TABS)) • **MECOPURE TABS** (AYURVEDIC MULTIVITAMIN & MULTIMINERALS TABS (PACK OF 100 SUGAR COATED TABS)) • **B-CLEAR TABS** (AYURVEDIC BLOOD PURIFIER TABS (PACK OF 100 SUGAR COATED TABS)) • **LACLOOZ POWDER** (AYURVEDIC LAXATIVE POWDER) • **EN-MEMO** (COMBI PACK OF BRAIN TAB & SYP) • **HEAPTOFIT** (AYURVEDIC LIVER TONIC)



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**December 4-7,2017**,Algeria Health 2017 (Alger, Algeria) The largest healthcare event in Algeria catering to local and international fast-growing billion-dollar healthcare industry of the region is scheduled to be held at The Palais des Exposition, SAFEX, Algeria. For details **Contact:** ATEX International Exhibitions L.L.C., 301 Opal Tower, Tesla Group Business Bay, P.O Box 413520, Dubai, United Arab Emirates. **Tel.:+971-4-424-9988,Fax: +971-4-374-6014. E-mal: info@atexinternational.com and/or love@atexinternational.com Web:www.atexinternational.com**

**\* December 4-8,2017**, Zdravookhraneniye 2017, (Moscow, Russia.) The 27th International Exhibition for Health Care, Medical Engineering and Pharmaceuticals will be held at Expocentre Fairgrounds, Moscow, Russia. For details **contact:** Expocentre, Krasnopresnenskaya nab., 14,Moscow,Russia. **Ph.:+7(499)795-2871. E-mail:sev@expocentr.ru; Website: www.zdravo-expo.ru/en**

**\* December 8-10,2017** India MedExpo 2017 (Hyderabad, India).The 9th edition of india MedExpo, a specialized show in the sector of Medical Surgical, Medical Devices, Medical Disposable, Hospital Furniture & Equipment, Diagnostics and other healthcare devices is scheduled to be held at HITEX Exhibition Center in Hyderabad, India. For details **contact:** G

**Forth Coming Events**

India Technologies, 315, 3rd Floor, Dhirpur,Delhi-110009, India **Tel.:+91-9891950377,+91-9 3 1 0 3 0 4 1 4 7 . E - m a i l : indiamedexpojaipur@gmail.com**  
**Website:www.indiamedexpo.in**

**\* December 5-7,2017**,Simpex 2017,(Khartoum, Sudan.) A dedicated event based on Pharmaceuticals, Medical Equipment & Services,Hospital Development & Healthcare Consulting is scheduled to be held at Grand Holiday Villa Hotel, Suites and Exhibition Centre Khartoum in Sudan. For details **contact:-** Valiant Business Media, Clarence Centre 6 St. George's Circus London, SE1 6FE U.K..**Tel.:+44-208-242-6566. E-mail: shariq.abdul@valiantbmedia.com; Website: www.sudanmedicalexpo.com**

**\* December 7-9,2017** MediPharma Expo 2017 (Hanoi, Vietnam.) The 24th edition of Vietnam International Medical, Hospital and Pharmaceutical Exhibition is scheduled to be held at Hanoi International Exhibition Centre in Hanoi, Vietnam. For details **contact:** VINEXAD, 9Dinh Le St., Hanoi, Vietnam. **Tel.:+84-4-38-25-5546, Fax: +84-4-3936-3085. E-mail: medipharmexpo@vinexas.com.vn Web.:www.hn.medipharmexpo.com**

**\* December 14-15,2017** International Conference on Minimally Invasive Surgery and NOTES 2017 (Abu Dhabi, U.A.E.) An international conference on minimal invasive surgery and natural orifice transluminal endoscopic surgery is scheduled to be held at Sofitel Abu Dhabi Corniche Hotel in abu Dhabi, U.A.E.for details contact: Infoplus Events LLC, Suite 1406, Lake Central Tower, Al Abraj Street, Burj Khalifa Community, P.O.Box 71108, Dubai, UAE.**Tel.:+971-4-4218996 E-mail: marketing@infoplusevents.com website: www.misnotes-uae.com**

**\* December 14-16,2017** Nepal Medical Show (Kathmandu, Nepal) The 2nd edition of international exhibition on Medical, Hospital, Surgical, Medical Devices and Diagnostic Instruments and Consumables is scheduled to take place at Bhirikuti Mandap Exhibition Ground in Kathmandu, Nepal For details **contact:** S.D. promo Media Pvt.Ltd 2247, 2nd Floor, Hudson Land, GTB Nagar, Delhi-110019, India. **Tel.:+91-11-47034600/43003757. E-mail: satish@sdpromomedia.com ; Website: www.nepalmedicalshow.com**

**\* December 16-17,2017** National Conference of Physical Therapy 2017 (Mumbai, India) The most exciting event of physiotherapy, NCPT 2017, The Conference and Exhibition based on a Theme: "From Glorious past Towards Challenging Future: The Mission, Policy, Reforms" is scheduled to be held at CIDCO Exhibition & Convention Center in Mumbai, India. For details **contact:** Dr. Sudeep Kale, Terna Physiotherapy College, 3rd floor, Terna Medical College Campus. Sector 12, Nerul (West), Navi Mumbai 400706, India. **Tel.:+91-9029009901. E-mail: ncptmumbai2017@gmail.com Website:www.ncpt2017.com**

**\* January 15-17,2018** IME 2018 (Muscat, Sultanate of Oman.) The first edition of International Medical Expo 2018, Medical equipment and products exhibition is scheduled to be held at Oman Convention and Exhibition Centre in Muscat, Sultanate of Oman. For details **contact:** the Top organizing exhibition and Convention, PO Box: 282, P.c: 130, Muscat, Sultanate of Oman. **Tel.:+968-2450-3998and/or +968-9571-9571-0982. E-male: marketing@thetop-expo.com Website:www.thetop-expo.com**

**\* January 18-20,2018** SEHA Congress 2018 (Abu Dhabi, U.A.E.) The 12 edition of the SEHA international Paediatric Conference is scheduled to be held at Rosewood Hotel in Abu Dhabi, U.A.E For details **contact:** MENA Conference, PO Box: 54210 Office No. 504 Abdulla Bin Darwish Bldg. Hamdan & Salam Street Junction, Abu Dhabi, U.A.E. **Tel.:+971-2-4919888, Mobile: +971-56-503-3746. E-male:zandy@menaconference.com,website:www.mena-conference.com/events/12sehaped**

**\* January 23-25,2018** ISWS 2018 (Dubai,U.A.E.)The first edition of International Sport and Wellness Show (ISWS) is scheduled to be held at. Dubai World Trade Centre in Dubai, U.A.E For details **contact:** International Sports and wellness Show, Marina Plaza, Level 29, Dubai Merina, P.O Box 112229. Dubai, UAE. **Tel.:+971-4-550-6395. E-mail : sales@isws.ae Website:www.isws.ae**

**Yoga**

Yoga has its roots in the ancient texts like the Vedas and the Upanishads. Technically speaking it's a Hindu spiritual discipline though parts of it, like breath control, mediation and other body postures are practised by many for weight loss, better health and to get rid of stress. Yogis claim that treatments have benefited patients of autism, asthma and even cancer as they make the body more receptive to cure and healing. On TheHealthSite.com, you'll find everything you ever needed to know about yoga including the various yoga asanas, asanas for a better sex life and how it helps battle ailments like diabetes, stress and depression, arthritis, belly fat and even menstrual pain. Yoga has several interesting health benefits too. Yoga can actually help you deal with a variety of issues, it improves your sexual health, helps you lose weight, improves your stamina and even beats migraines and insomnia. Sounds interesting, doesn't it? Well, here are the 13 health benefits of yoga that you must know about. Yoga shouldn't just be a fitness regime but it should be a way of life. While many of us resort to yoga as weight loss solution, there's much more to it. From helping you lose weight to improving your mental well being, yoga is your one-stop solution for all the problems. If you are a beginner it is ideal to take it slowly and steadily. Ensure that you are equipped with all the proper resources like a proper yoga mat and a right yoga guru and maintain hygiene before attending a yoga class. It is also advised to wear proper clothes while performing yoga. TYPES OF YOGA-oday it's become something of a fad and has spawned exercise regimes like power yoga, hot yoga. You might not know but there are around 30 different types of yoga with solution to many different disorders and diseases. While a few yoga asanas focus on breathing patterns, others focus on postures and body movements. Iyengar yoga for instance, focuses on alignment and postures of the body while Kriya yoga focusses on meditation and ensures spiritual development of the soul. Vinayasa yoga has also been followed for a long time in India and it is ideal for weight loss as it involves a set of movements performed in a flow. Ashtanga yoga uses a holistic approach and improves all aspects of human body. If you want to achieve nirvana, Raja Yoga, or royal yoga, is the type of yoga you must practise. It is also called as the supreme form of yoga and is further classified into two types namely, Hatha yoga and Kundalini yoga. A new technique that is slowly garnering attention is paddle board yoga where yoga is performed on paddle boards floating on water. Another form of yoga which focusses on improving maternal and child health yoga during pregnancy is prenatal yoga which improves blood circulation and improves flexibility. An unique type of yoga which combines unconditional laughter with yogic breathing, called Laughter Yoga is also practised by many. Recently, the type of yoga that made rounds in the news was naked yoga which involves practising yoga without clothes and aims at making one comfortable in their own skin. Take this fun quiz to know what yoga pose are you. YOGA FOR WEIGHT LOSS-Losing weight is always on our mind and we keep on trying various different techniques to lose those stubborn inches. Yoga is an excellent way to lose weight when compared to exercising at the gym or simply dieting. If practised regularly and performed with the right technique yoga can help you lose weight and keep it off completely. It is light on the joints and the chances of injury are very less. Weight-loss in yoga is accompanied by building and toning of muscles. There are various yoga asanas that can be specified for an effective and an easy weight loss like Ardha Chandrasana or Virbhadrasana. You can also get rid of fat from your problem areas like thighs and buttocks by performing asanas that target those specific areas. More about yoga for weight loss. YOGA FOR WELLNESS-Yoga can counteract not only your physical but also your mental ailments. Yoga can help you achieve physical as well as spiritual well being and help you tackle all your problems. Yogic meditation allows the mind and body to slow down, controls heart rate and breathing, and relaxes the mind. From building a strong immune system, to helping you improve your lung function yoga is the answer for all your ailments. It not only can help control blood sugar levels of diabetics but also help beat addiction. It also helps improve digestion and can also treat eating disorders like anorexia and bulimia. More about yoga for wellness. PRANAYAMA-Breathing is an integral part of yoga, and no yoga asana can help you if it is not coupled with proper breathing. Deep breathing is like a process of detoxification as it supplies your body with oxygen and eliminates toxins from the body. Deep breathing also aids blood circulation through out the body and helps in rejuvenating it. If you feel stressed out, or have have anxiety bout, taking a deep breath can help you feel better instantly. Different types of pranayams like Shitali pranayam help in relaxing and cooling down the body. Bhastrika pranayam is a yoga asana which helps relieve stress and indigestion. One most common type of breathing technique called Anulom vilom pranayamis ideal for those suffering from diabetes and heart disease. More about pranayama. YOGA FOR SEXUAL HEALTH-We often encounter stressful situations at work and in our personal lives which take a huge toll on our sexual health. Erectile dysfunction, infertility and performance anxiety are the most common forms of sexual disorders that people encounter. Yoga helps to tackle these too and also helps improving one's sexual health. Yoga asanas like Gomukhasana and Bhujangasana are helpful to beat premature ejaculation and last longer during sex. Yoga can also help you achieve an orgasm and enjoy sex. Kundalini yoga can also be performed to enhance one's sexual energy and help understand your partner's sexual needs. YOGA FOR BEAUTY-Acne, pimples, freckles, hair breakages, brittleness and other skin and hair related woes can also be tackled effectively by yoga. From giving you a glowing skin to improve the health of your hair yoga should be an integral part of beauty regime. The yogic approach to health and beauty is a perfect blend of posture combined with rhythmic breathing, which helps in purifying various nerves. You can tackle your hair loss problem yoga poses like Utthanasana and Vajrasana. For a acne-free skin you should practise asanas like shirshasana and paschimottanasana. Including yoga as a part of your daily life can save the money you spend on beauty products. More about yoga for beauty.

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**कैंसर**

**कैंसर:-** चिकित्सकीय शब्दावली में कैंसर या कर्क रोग को एक घातक बीमारी के रूप में जाना जाता है, कैंसर या कर्क रोग बीमारियों का एक बड़ा समूह है जो वास्तव में कोशिकाओं के विभाजन और अनियंत्रित विकास के कारण होता है. उदाहरण के तौर पर हड्डी में होने वाले ऊतकों के असामान्य गठन को बोन ट्यूमर कहा जाता है. इसके अलावा सॉफ्ट टिश्यू अर्थात ऊतकों में भी कैंसर होता है. कैंसर के लक्षणों में किसी अंग पर फोड़े जैसा उभार बन जाना, अचानक शरीर के किसी भाग से खून बहना, त्वचा में असामान्य बदलाव होना, भूख कम लगना, ख़ाँसी आना, ख़ाँसी में खून आना, आदि हैं. कैंसर का पता लगाने के लिये बायोप्सी की जाती है. इसमें कैंसर का छोटा भाग निकाला जाता है और फिर उसका परीक्षण किया जाता है. इस केटेगरी में आप कैंसर से जुड़ी सभी प्रकार की सूचनायें जैसे- कैंसर के लक्षण, कैंसर के प्रकार, कैंसर के कारण, कैंसर के उपलब्ध उपचार, कर्क रोग के लक्षण, कर्क रोग के प्रकार, कर्क रोग के कारण और कर्क रोग के उपलब्ध उपचार से संबंधित सभी प्रकार की जानकारी पायेंगे.

**ALEMBIC**

**Wikoryl** (Tablets/Suspension/Drops) **Zeet** (Diphenhydramin HCl-10mg+ Ammonium Chloride-100mg+Sodium Citrate-60mg/5ml Syrup) **Brozeet** (Ambroxol HCL-15MG+Terbutaline Sulphate-1.5mg+Guaiphenesin-50mg/5ml Syrup)**Brozeet-LS**(Levosalbutamol-0.5mg+Ambroxol Hydrochloride BP-15mg+Guaiphenesin IP-50mg/5ml Syrup) **Athrocin Tabs.**(Erythromycin Estolate)**Al5zyme** Cap/Liquid **PH- 011-23275999.**

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**Product List**

**Archicare**

**PSYCHIATRIC: INXITY-0.5 TAB** Etizolam 0.5mg ● **BITWEL-P CAPS** Pregabalin 75 mg. + Mecobalamin 750 mcg. ● **ESIZOL-10 TAB** Escitalopram 10mg ● **ESIZOL-PLUS TAB** Escitalopram 10mg + Clonazepam 0.5mg ● **ESIZOL-PLUS-LS TAB** Escitalopram 5mg + Clonazepam 0.25mg **ZODEN-25 TAB** Sertraline 25mg **ZODEN-50 TAB** Sertraline 50mg **CLOPAX-0.25 TAB** Clonazepam 0.25mg (mouth dissolve) **CLOPAX-0.5 TAB** Clonazepam 0.5mg (mouth dissolve) **DEPRIDE-50 TAB** Lev osulpiride 50mg **DEPRIDE-25 TAB** Levosulpiride 25mg **BESTIGO-8 TAB** Betahistine 8 mg. **BESTIGO-16 TAB** Betahistine 16 mg. **VERTIGEM-25 TAB** Cinnarizine 25mg **GIBI-60 TAB** Ginkgo biloba 60mg **FLU- OXN-20 TAB** Fluoxetine 20 mg. **LORAVIN-1 TAB** Lorazepam 1 mg. **LORAVIN-2 TAB** Lorazepam 2 mg. **BACLON-GRS CAPS** Baclofen 20mg (ER) **EPITIN - 100 TAB** Phenytoin 100mg **NORDEPLIN-P TABS** Nortriptyline 10mg + Pregabalin(SR)75mg **DIABETIC:- METME-G1 TAB** Metformin 500mg(SR) + Glimipride 1mg **METME-G2 TAB** Metformin 500mg(SR) + Glimipride 2mg **METME-1000SR TAB** Metformin (SR) 1000mg. **METME-GV2 TAB** Metformin 500mg + Voglibose 0.2mg + Glimipride 2mg **GLYCOCARE-M TAB** Gliclazide 80mg + Metformin 500mg **VOPHAGE-0.3 TAB** Voglibose 0.3mg **VOPHAGE-M TAB** Voglibose 0.2mg + Metformin 500mg **GLIBLY-MF TAB** Glibenclamide 5MG +Metformin 500MG **PIOGLUCON-15 TAB** Pioglitazone 15mg **PIOGLUCON-G2 TAB** Pioglitazone 15mg + Glimipride 2mg **CARDIAC:- ANGILOL-20 TAB** Propranolol 20 mg. **ROLESTROL-10** Rosuvastatin 10mg **ROLESTROL- F** Rosuvastatin 10mg + Fenofibrate 145mg **NEXAPIN- 60 INJ** Enoxaparin- Sodium 60mg/0.6ml **GYNAC:- METERGO TAB** Methylergometrine 0.125mg **SHecure TAB** Allylestrenol 5mg **DILAN-10 TAB** soxsuprine 10 mg. **DILAN-SR TAB** Isoxsuprine (SR) 40 mg. **MEPROTET TAB** Medroxy progesterone 10 mg. **AMBIFOL-DHA SOFTGEL** L-Methylfolate 800mcg + Methylcobalamin 1500mcg + Pyridoxol 5 Phosphate 0.5mg + DHA (40%) 200mg **DUBNOR TAB** Norethisterone 5 mg. **DOXINOVA TAB** Doxylamine 10 mg.+Pyridoxine 10mg.+Folic 2.5mg. **KENEON 1 INJ** Phytomenadione 1mg **ELFOLLA-800** L-5-methyltetrahydrofolate calcium 800 mcg **ARGI-PLUS SACHET** L- Arginine 3gm + DHA 200mg + Proanthocyanidin 75mg + Vitamin B6 3mg **NUTRITIONAL:- CROMOFER-Z TAB** Ferrous Fumarate 152mg +Folic Acid 750mcg +Zinc Sulphate 61.8mg **CROMOFER-OD TAB** Ferrous fumarate 300mg. + Folic 1.5 mg. +Vit.B12 15mcg +Zinc 61.8mg **CROMOFER-XT TAB** Ferrous Ascorbate 100 mg. + Folic Acid 1.5 mg **CROMOFER SYP** Ferric Ammonium Citrate 160 mg + Folic 1.125 mg + Vit.B12 5.5mcg **OLVITZ TAB** Methylcobalamin + Antioxidants + Multivitamins + Multi Mineral **OLVITZ DROPS (FOOD)** Multivitamin & Multimineral **BITWEL INJ** Mecobalamin 1000mcg + Niacinamide 100mg + Vitamin B6 100mg **CALIXX-D TAB** Calcium 500mg + Vitamin-D3 500 I.U **CALIXX-CT SOFTGEL** Calcitriol 0.25 mcg. + Calcium Carbonate 500 mg. + Zinc 7.5 mg. **APPRISE SYP** Tricholine Citrate 275mg + Cyproheptadine 2mg **ANALGESIC:- SOFTIHEAL TAB** Diclofenac Pot. 50mg. + Serratiopaptidase 10 mg. **PIAA TAB** Piroxicam 20mg (Mouth Dissolve) **PIAA INJ** Piroxicam 20mg **CURIO FORTE TAB** Lornoxicam 8mg + Paracetamol 325mg **ACTPAR TAB** Aceclofenac 100mg + Paracetamol 325mg **ACTPAR-S TAB** Aceclofenac 100mg + Paracetamol 325mg +Serratiopaptidase 15mg **ACTPAR-MR TAB** Aceclofenac 100mg + Paracetamol 325mg + Chlorzoxazone 250mg **TRYMOSIN-D TAB** Trypsin Chymotrypsin 50000 units + Diclofenac Pot 50mg **TRYMOSIN-AP TAB** Trypsin Chymotrypsin 1 Lac IU units + Aceclofena 100mg + Paracetamol 325mg **ANTACID & PPI:- ARPIZ-DSR CAPS** abeprazole 20 mg. + Domeridone (SR) 30mg **ARPIZ TAB** Rabeprazole 20 mg. **APPIN INJ** Pantoprazole 40 mg. **APPIN-D TAB** Pantoprazole 20 mg. + Domperidone 10mg **LOCAP-RD TAB** Omeprazole 10 mg. + Domperidone 15 mg **AMLIPASE TAB** Pancreatin 192mg + Bile Constituents 25mg + Activated Dimethicone 40mg **LAZYL CAPS- (DRUG)** Lactobacillus Acidophilus 0.75 Billion + Lactobacillus Rhamnosus 0.75 Billion + Bifidobacterium Longum 0.75 Billion + Bifidobacterium Bifidum 0.50 Billion +Saccharomyces Boulardi 0.10 Billion + Fructo Oligo Saccharides 100 mg **AMCAIN SYP** Oxetacaine 10mg + Aluminium 0.291gm +Magnesium 98mg **QUESY-O TAB** Ondansetron 4mg + Omeprazole 10mg **ANTIBIOTIC:- XTRACEFT-T INJ** Ceftriaxone 1000mg + Tazobactam 125mg **ARLOX-200 TAB** Ofloxacin 200 mg. **ARLOX-O TAB** Ofloxacin 200mg + Ornidazole 500mg **LEXXA-500 TAB** Levofloxacin 500mg **LEXXA-O TAB** Levofloxacin 250mg + Ornidazole 500mg **XIFIX-O TAB** Cefixime 200mg + Ofloxacin 200mg **XIFIX-200 TAB** Cefixime 200mg **CIM-200 TAB** Cefpodoxime 200mg **CIM DRY SYP** Cefpodoxime 50mg **UTIFLAV-O TAB** Flavoxate 200mg + Ofloxacin 200mg **COUGH & COLD:- CUFFLU TAB** evocetirizine 2.5mg + Phenylepherine 5mg + Ambroxol 60mg + Paracetamol 325mg **AIRLIN CAPS** Acebrophylline 100mg **AIRLIN SYP** Ambroxol 15 mg. + Terbutaline 1.25 mg. +Guaifenesin 50 mg. **AIRLIN-LS SYP** Ambroxol 30 mg. + Levosalbutamol 1mg +Guaifenesin 50 mg. **DERMA:- BIFINE TAB** Terbinafine 250mg **BIFINE-PLUS CREAM** Ofloxacin 0.75% w/w + Tinidazole 2.0% w/w +Terbinafine 1.00% w/w + Clobetasol 0.05% w/w + Dexpanthenol 0.05%w/w + Methylparaben 0.2%w/w + Propylparaben 0.02% w/w **DEFINE SOAP** Benzoyl Peroxide 2.5% w/w **BECLONOVA CREAM** Beclomethasone 0.025%w/w + Neomycin 0.5% w/w+Clotrimazole 1% w/w+Chlorocresol 0.1% w/w **SKABIZ SOAP** Permethrin 1% + Cetrimide 0.5%

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**PFIZER RECEIVES FDA APPROVAL FOR SUTENT® (SUNITINIB MALATE) AS FIRST AND ONLY ADJUVANT TREATMENT FOR ADULT PATIENTS AT HIGH RISK OF RECURRENT RENAL CELL CARCINOMA**

Pfizer Inc. (NYSE:PFE) today announced that the U.S. Food and Drug Administration has approved a new indication expanding the use of SUTENT® (sunitinib malate) to include the adjuvant treatment of adult patients at high risk of recurrent renal cell carcinoma (RCC) following nephrectomy (surgical removal of the cancerous kidney). The approval was based on results from the S-TRAC trial that demonstrated a significant reduction in the risk of a disease-free survival (DFS) event (defined as the interval between randomization and tumor recurrence, or secondary primary cancer or death from any cause) for patients at high risk of RCC recurrence who received SUTENT compared to placebo in the adjuvant setting. SUTENT has been a standard of care for the treatment of advanced RCC since it was approved more than a decade ago, and is now the first approved adjuvant treatment option for certain patients at high risk of recurrent RCC - the most common type of kidney cancer. The current treatment approach for RCC patients is surgery followed by observation, which is suboptimal for patients at high risk of recurrence. "Today's approval marks an important step forward for the treatment of adult patients who are at high risk of their renal cell carcinoma returning after surgery," said Liz Barrett, global president and general manager, Pfizer Oncology. "Pfizer has been dedicated to advancing the science of RCC treatment for over a decade, and we are pleased to see this commitment continue to translate into meaningful options for patients." The S-TRAC trial was a multicenter, international, randomized, double-blind, placebo-controlled Phase 3 trial of SUTENT versus placebo in 615 patients with clear cell histology and high risk of recurrent RCC following nephrectomy. The study met its primary endpoint of improving DFS and the results were published by The New England Journal of Medicine in October 2016. "Some patients who have undergone surgery for locally advanced RCC are at high risk of recurrence and often fear their disease returning," said Daniel George, MD, study investigator and medical oncologist at Duke University Medical Center. "This adjuvant therapy is the first-of-its-kind and a remarkable clinical development for these patients who before today, have been restricted to a wait and see approach." In the S-TRAC trial, the Hazard Ratio (HR) was 0.76 (95% CI: 0.59, 0.98) with a 2-sided p-value=0.03 in favor of SUTENT, representing a statistically significant 24% relative reduction in the risk of a DFS event. The median DFS was 6.8 years (95% CI: 5.8, not reached [NR]) in the SUTENT arm compared with 5.6 years (95% CI: 3.8, 6.6) in the placebo arm. At five years, the DFS rate for patients receiving SUTENT was 59.3% and 51.3% for placebo. This represents a persistent 8% absolute benefit. No new safety signals were identified in the S-TRAC trial. The most common adverse reactions occurring in >20% of patients receiving SUTENT for adjuvant treatment of RCC (all grades) were mucositis/stomatitis (61%), fatigue/asthenia (57%), diarrhea (57%), hand-foot syndrome (50%), hypertension (39%), altered taste (38%), nausea (34%), dyspepsia (27%), abdominal pain (25%), rash (24%), hypothyroidism/TSH increased (24%), bleeding events, all sites (24%), and hair color changes (22%). The prescribing information for SUTENT also includes a boxed warning for hepatotoxicity and notes the following warnings and precautions: cardiovascular events; QT Interval Prolongation and Torsades de Pointes; hypertension; hemorrhagic events and viscus perforation; Tumor Lysis Syndrome (TLS); thrombotic microangiopathy (TMA); proteinuria; dermatologic toxicities; thyroid dysfunction; hypoglycemia; osteonecrosis of the jaw (ONJ); wound healing; and embryo-fetal toxicity. For more information, including Boxed Warning, please see the Important Safety Information for SUTENT below.

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परिदृश्य में दवा की कुछ श्रेणी, ओपीएम युक्त कफ सिरप और कुछ गुणों के इंजेक्शन सस्ते नशे के रूप में धड़ल्ले से उपयोग किये जा रहे हैं. राज्य में शराबबंदी के बाद शहरी और ग्रामीण क्षेत्रों में ऐसी दवाआ. की बिक्री काफी बढ़ गयी है. लेकिन इस पर चौकसी नहीं के बराबर है. लिहाजा जिले में लिवर व किडनी के रोगियों की संख्या में लगातार इजाफा होता जा रहा है. सहरसा शहर और आस-पास दवा की दुकानों से डॉक्टरों की परची के बगैर धड़ल्ले से दवाइयाँ बेची जाती हैं. मैडीकल स्टोर वाले अपने थोड़े फायदे के लिए ग्राहकों को बिना कारण समझाये दवा मुहैया करा देते हैं. मालूम हो कि पेंटविन इंजेक्शन, कॉरेक्स सीरप, फोर्टवीन, स्पाजमो प्राक्सीवान कैप्सूल, कंपोज का नशे के लिए उपयोग किया जा रहा है. नशे का यह समान सस्ते दर पर उपलब्ध होने के कारण युवाओं में इसका चलन बढ़ चुका है.

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## Product List

### Morksons Pharmaceuticals (India) Pvt. Ltd.

**Morkcef-200 DT:-** Cefixime 200 mg. (Alu-Alu) ● **MORKCEF-LB:-** Cefixime 200 mg & Lactic Bacillus 60 million Spore D.T. (Alu-Alu) ● **MORKCEF-100 DT:-** Cefixime 100 mg & Lactic Acid Bacillus 60 million spore DT (Alu-Alu) ● **MORKCEF-O:-** cefixime 200 mg & Ofloxacin 200 mg (Alu-Alu) ● **MORKCEF - OZ:-** Cefixime 200 mgb & Ornidazole 500 mg (Alu-Alu) ● **MORKCEF-AZ :-** Cefixime 200 mg & Azithromycin 250 mg (Alu-Alu) ● **MORKCEF-CX:-** Cefixime 200 mg & Linezolid 600 mg (Alu-Alu) ● **MORKCEF-CV:-** Cefixime 200 mg & Potassium Clavulanate 125 mg (Alu-Alu) ● **CEFO- MORK-100 DT:-** Cefpodoxime 100 mg (Alu-Alu) ● **CEFO-MORK-200 DT:-** Cefpodoxime 200 mg (Alu-Alu) ● **CEFOMORK-CV:-** Cefpodoxime Proxetil 200 mg & Clavulanate Potassium 125 mg (Alu-Alu) ● **CEFOMORK-AZ:-** Cefpodoxime 200 mg & Azithromycin 250 mg (Alu-Alu) ● **CEFOMORK-O:-** Cefpodoxime 200 mg & Ofloxacin 200 mg (Alu-Alu) ● **AZEE-FROTE:-** Azithromycin 500 mg (Blister) ● **AZEE-MORK:-** Azithromycin 250 mg (Blister) ● **MORKFLOX-200:-** Ofloxacin 200 mg (Alu-Alu) ● **MORKFLOX-100DT:-** Ofloxacin 100 mg Dispersible Tablet (Alu-Alu) ● **MORKFLOX-N:-** Ofloxacin 200 mg & Nitazoxanide 500 mg (Alu-Alu) ● **MORKFLOX-OZ:-** Ofloxacin 200 mg & Ornidazole 500 mg (Alu-Alu) ● **MORKFLOX-400:-** moxifloxacin 400 mg (Alu-Alu) ● **MOXWIN-CV 625 :-** Amoxycillin 500 mg & Potassium Clavinate 125 mg (Alu-Alu) ● **MOXWIN-250:-** Amoxycillin Trihydrate 125 mg Dispersible (Strip) ● **MOXWIN 500:-** Amoxycillin Trihydrate 500 mg (Strip) ● **MOXWIN-KID:-** Amoxycillin Thihyrate 200 mg & Potassium Clavinate 28.5 mg (Alu-Alu) ● **CIPROGRAN:-** ciprofloxacin 500 mg (Alu-Alu) ● **CIPROGRAN-250 :-** Ciprofloxacin 250 mg (Alu-Alu) ● **CIPROGRAN-OZ:-** Ciprofloxacin 500 mg & Ornidazole 500 mg (Alu-Alu) ● **CIPROGRAN-TZ:-** Ciprofloxacin 250 mg & Tinidazole 300 mg (Alu-Alu) ● **LEVOFLOX-500 :-** Levofloxacin 500 mg (Alu-Alu) ● **LEVOFLOX-250 :-** Levofloxacin 250 mg (Alu-Alu) ● **LEVOFLOX-OZ:-** Levofloxacin 250 mg & Ornidazole 500 mg (Alu-Alu) ● **CEFOMORK-LV :-** Cefpodoxime 200 mg & Levofloxacin 250 mg (Alu-Alu) ● **CIPMAX-125 DT :-** Cephalexin 125 mg Dispersible (Strip) ● **CIPMAX-250 DT:-** Cephalexin 250 mg Dispersible (Strip) ● **M-NOR-TZ:-** Norfloxacin 400 mg & Tinidazole 600 mg (Alu-Alu) ● **CEFOPRIME-CV:-** Cefpodoxime 500mg & Potassium Clavulanate 125 mg (Alu-Alu) ● **CEFOPRIME-250:-** Cefuroxime 250 mg 250 mg (Alu-Alu) ● **CEFOPRIME- 500 :-** Cefuroxime 500 mg Levofloxacin ● **ARTHONIP-P:-** Nimesuide 100mg & Paracetamol 325 mg (Blister) ● **ARTHONIP-MD:-** Nimesulide 100mg (Blister) ● **V-FENCE PLUS:-** Diclofenac Sodium 50 mg & Paracetamol 325 mg (Blister) ● **DECLONAC :-** Diclofenac Potassium 50 mg & Paracetamol 325 mg (Blister) ● **ACEFLEX:-** Aceclofenac 100 mg & Paracetamol 325 mg (Alu-Alu) ● **MORKFLEX :-** Aceclofenac 100 mg & Paracetamol 325 mg (Blister) ● **ACEFLEX-MR:-** Aceclofenac 100 mg + Paracetamol 325 & Chlozoxazone 250 mg (Alu-Alu) ● **MORKFLEX-MR :-** Aceclofenac 100 mg + Paracetamol 325 mg & Chlorzoxazone 250 mg (Blister) ● **ACEMORK-SP:-** Aceclofenac 100 mg + Paracetamol 325 mg & Serratiopeptidase 15 mg (Alu-Alu) ● **MORKFLEX-SP :-** Aceclofenac 100 mg + Paracetamol 325 mg & Serratiopeptidase 10 mg (Alu-Alu) ● **ARILOW-MR :-** Diclofenac Potassium 50 mg + Paracetamol 325 mg & Chlozoxazone 250 mg (Blister) ● **ARILOW-SP:-** Diclofenac Potassium 50 mg + Paracetamol 325 mg & Serratiopeptidase 10 mg (Blister) ● **MORKFLEX-T:-** Paracetamol 325 mg & Tramadol Hcl 37.5 mg (Blister) ● **THIOWIST :-** Paracetamol 325 mg + Thiocolchiciside 4 mg & Aceclofenac 100 mg (Alu-Alu) ● **THIOWIS-AT:-** Paracetamol 325 mg & Thiocolchiciside 4 mg (Blister) ● **TAKE-RELIFE:-** Aceclofenac 100 mg + Paracetamol 325 mg & Tramadol 37.5 mg (Alu-Alu) ● **TAKE-CARE:-** Tramadol Hcl 37.5 mg + Dicofence Sodium 50 mg & Chlorzoxazone 250 mg (Alu-Alu) ● **LORI-CAME:-** Lornoxicam 8 mg Paracetamol 325 mg (Alu-Alu) ● **ULTRACIN-500 :-** Paracetamol 500 mg (Blister) ● **ULTRACIN-650:-** Paracetamol 650 mg (Blister) ● **ETO-PLUS:-** Etoricoxib 90 mg (Alu-Alu) ● **ETO-MORK-P:-** Etoricoxib 60 mg & Paracetamol 325 mg (Alu-Alu) ● **MORKPAR:-** Dicyclomine Hcl 20 mg & Paracetamol 325 mg (Blister) ● **DOLFIN :-** Ibuprofen 400 mg (Blister) ● **DOLFIM-P:-** Ibuprofen 400 mg & Paracetamol 325 mg (Blister) ● **MORK-COLD :-** Levocetirizine 5 mg + Paracetamol 325 mg + Phenylephrine 5 mg & Ambroxol 30 mg (Blister) ● **CETRIZEN:-** Cetirizen Hcl 10 mg (Blister) ● **ALECITZ :-** Levocetirizine Hcl 5 mg (Alu-Alu) ● **FEXODIN-120 :-** Fexofenadine 120 mg (Alu-Alu) ● **FEX-MONT:-** Fexofenadine 120 mg & Moutelkast 10 mg (Alu-Alu) ● **LEEMONT-LC :-** Levocetirizine 5 mg & Montelukast 10 mg (Alu-Alu) ● **RELIEF-MORK:-** Bromhexine 8 mg + DMR 10 mg + CPM 2 mg & Guaiphensin 100 mg (Blister) ● **PYRICAM:-** Piroxicam Dispersible 20 mg (Alu-Alu) ● **ALVERTZ :-** Cinnarizine 25 mg (Alu-Alu) ● **ALVERTZ-D :-** Cinnarizine 25 mg & Domperidone 5 mg (Alu-Alu) ● **DOTAWIN:-** Drotaverine 80 mg & Mefenamic Acid 250 mg (Alu-Alu) ● **TRMA-MORK:-** Tranexamic Acid 500 mg & Mefenamic Acid 250 mg (Alu-Alu) ● **REXO-X :-** Roxithromycin 150 mg & Ambroxol Hydrochloride 60 mg (Alu-Alu) ● **ETOLIV-P :-** Etodolac 400 mg & Paracetamol 325 mfg (Alu-Alu) ● **ETROWIN :-** ETAMSYLATE 250 mg (Alu-Alu) ● **MORKSPAS:-** Mefenamic Acid 250 mg & Dicyclomine 10 mg (Blister) ● **DEXAWIN :-** Dexamethasone 0.5 mg (Strip) ● **BETAWIN:-** Betamethasone 0.5 mg (Strip) ● **D-CORT-6 :-** Deflazacort 6 mg (Alu-Alu) ● **ACEPRIDE-4 :-** Methyl Prednisolone 4 mg (Alu-Alu) ● **Acepride-8:-** Methyl Prednisolone 8 mg (Alu-Alu) ● **ACEPRIDE-16:-** Methyl Prednisolone 16 mg (Alu-Alu) ● **PREDIMORK:-** Prenalosone 5 mg (Blister) ● **PREDIMORK:-** Prenalosone 10 mg (Blister) ● **PLEASURE-150:-** Slidenafil Citrate 150mg (Blister) ● **PLEASURE-100 :-** Slidenafil Citrate 100 mg (Blister) ● **PLEASURE-50 :-** Sildenafil Citrate 50 mg (Blister) ● **PLEASURE EXTRA:-** Depoxetine 30 mg & Slidenafil citrate 50 mg (Blister) ● **PLEASURE-F:-** Tadalafil 20 mg (Blister) ● **TWIST-30:-** Dapoxetine 30 mg (Blister) ● **TWIST-60 :-** Dapoxetine 60 mg (Blister) ● **PLEASURE-KIT :-** Misoprostol 200 mcg & Mifepristone 200 mg (Alu-Alu) ● **TUCH :-** LeLevonorgestrel 1.5 mg (Blister) ● **FLUCOMED-150:-** Fluconazole 150 mg(Blister) ● **TERBINA-250:-** Terbinafine Hcl 250 mg (Blister) ● **MORKPENT 40 :-** Pentoprazole 40 mg (Alu-Alu) ● **MORKPENT-D:-** Petoprazole 40 mg & Domperidone 10 mg (Alu-Alu) ● **RABIZOLE-20 :-** Rabeprazole 20 mg (Alu-Alu) ● **RABIZOLE-D:-** Rabeprazole 20 mg & Domperidone 10 mg (Alu-Alu) ● **RANTILOC-150 :-** Rantidine Hcl 150 mg (Strip) ● **RANTILOC-D :-** Rantidine Hcl 150 mg & Domperidome 10 mg (Strip) ● **CYPOWIN-4:-** Cyproheptadine Hcl 4 mg (Blister) ● **VOMIMORK-MD:-** Ondansetron 4 mg Mouth Dissolving (Blister) ● **DOXYMORK-P:-** Doxylamine Succinate 10 mg + Pyridoxine 10 mg & Folic Acid 2.5 mg (Alu-Alu) ● **GROW-24:-** Sodium Ferredatate 231 mg + Folic Acid 1.5 mg & Vitamin B12 15 mcg (Alu-Alu) ● **GROW-PLUS :-** Ferrous Ascorbate 100 mg + folic ACid 1.5 mg & Zinc sulphate 22.5 mg (Alu-Alu) ● **LEED-5 :-** folic Acid 5 mg (BLISTER) ● **CALCI-MORK :-** Calcium carbonate 1250 & Vitamin D3 250 iu (Blister) ● **MORKWIN-500 :-** Methylcobalamin 500 mcg (Strip) ● **MORKWIN 1500 :-** Methylcobalamin 1500 mcg (Strip) ● **SPORT :-** Methylcobalamin 1500 mcg + Alpha Lipoi Acid 100 mg + Folic Acid 1.5 mg & Thiamine Hcl 10 mg (Alu-Alu) ● **BENDIMORK :-** aLbensazole 400 mg (Alu-Alu) ● **AB-ZOLE-IV:-** Albendazole 400 mg & Ivermectin 12 mg (Blister) ● **ITRABAB-DSR :-** Rabeprazole 20 mg & Itopride Hydrochloride 150 mg (sustained Release) (Alu-Alu) ● **TRAMAPAIN :-** Tramadol 50 mg (Blister) ● **MORKWIN-PLUS:-** Methylcobalamin 1500 mcg + Alpha Lipoic Acid 100 mg + Folic Acid 1.5 mg + Thiamine 10 mg & Pyridoxine Hcl 3 mg (Alu-Alu) ● **PREGALIN :-** Tramadol 50mg + Pregabalin 75mg + Mecobalawin 1500 mcg + Alpha Lipoic Acid 200 mg + Folic Acid 2.5 mg & Vit B6 5 mg (Alu-Alu) ● **B-COMPLEX :-** B- Complex + Vitamins with Zinc Sulphate (Strip) ● **MORK-DINE :-** Povidone-Iodine 5% w/w (Lemi tube) ● **MORK-DINE :-** Povidone Iodine 5% w/w (JAR) ● **BECCLO-SONC-NC :-** Beclomethasone Dipropionate 0.025% w/w + Neomycin 0.5% w/w & Clotrimazole 1% w/w (Lemi tube) ● **AVERCLEAN :-** Clindamycin 1% w/w & Nicotinamide 4% w/w (Lemi tube) ● **CLOVIT-S :-** clobetasol Propionate 0.05% w/w & Salicylic Acid 3.0% w/w Salicylic Acid 3.0% w/w (Lemi Tube) ● **ULTRA-PEARL :-** Hydroquinone 2% + Tratinoin 0.025% + Mometosone Furoate 0.01% (Lemi tube) **Mob:- 09720028383, 09720028585.**

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**Antibiotics:-** AZICA Tab. (Azithromycin 250/500mg) AUGFAST Cap. (Amoxycillin Trih 500mg, Potassium Clav. 125mg.) CEFITURN capsule (Cephalexin 500 mg) DALIOX (Amoxycillin 250mg & Dicloxacin 250mg) MINOPEARL Tab. (Minocycline 50/100mg) DYNACLIN Cap. (Clindamycin 150/300 mg ) FUDICA Cr. (Fusidic acid 2%) FUDICA B Cr. (Fusidic acid 2% & Becl. Prop.) ● **Antiallergic:-** E-BEST Tab. (Mizolastine 10 mg) HYBEST Tab. (Hydroxyzine 10/25 mg) LORAIID Tab. (Loratadine 10 mg) LEVOCA Tab./Syp (Levocetirizine 5 mg) POLBEST Tab. (Dexchlorpheniramine 2mg) FEX UP Tab. (Fexofenadine 180 mg) (CALOMYNE Lot. Calamine 15%, Phenol 0.5%, Zinc Oxide 5%, Bentonite 3% & Menthol) ● **Steroids:-**DYNACORT Tab. (Deflazacort 6/12/30 mg) SAFECORT Lot/Cr. (Mometasone Furoate 0.1%) ECZIVATE Cr. (Clobetasol Prop. 0.05%) HALOTURN Cr. (Halobetasol Prop. 0.05%) FLUTURN H Cr. (Fluocinolone Acetonide 0.1%) NADIREST M Cr. (Nadifloxacin 1% & Mometasone 0.1%) NADIREST Cr. (Nadifloxacin 1%) DESOCARE Lot. (Micronised Desonide 0.05%) ECZIVATE-S Lot. (Clobetasol 0.05% & Salicylic Acid 3% /6%) ISORVATE AL Gel (Clobetasol prop. 0.05% & Ammonium phosphate 12%) ● **Antifungal:-** ITRASTAT Cap. (Itraconazole 100 /200 mg) TERBAZ Tab./Cr./Dust. Pow. (Terbinafine 250 mg) KTZ Tab./Cr./Dust. Pow. (Ketoconazole 200 mg) FLUPACK Tab. (Fluconazole 150 mg) CANBEE Cr. (Clotrimazole 1%) CANBEE-B Cr. (Clotrimazole 1% ,Beclomethasone 0.025%) SERTAFIX Cr. (Sertaconazole 2.0% ) K-WASH Shampoo. (Ketoconazole 2%) K-WASH PLUS Shampoo. (Ketoconazole 2% & ZPTO 1%) ● **Immunosuppressants:-** AZONY Tab. (Azathioprine 50 mg) TACROGAR- RD 0.1 Oint. (Tacrolimus 0.1/0.03%) SORAPRIN Softgel Cap. (Cyclosporine 100mg) NEOTURN Tab. (Methotrexate 2.5/5/7.5 mg) ● **Acne Care:-** ISOPEARL M 20 Softgel Cap. (Micronised Isotretinoin 20mg) ISOPEARL Softgel Cap. (Isotretinoin 10/20mg) DYNACLIN-N Gel Clindamycin 1% & Nicotinamide 4%) DYNACLIN Gel (Clindamycin 1%) O-GYL Gel. (Ornidazole 10 mg) ADAQUEEN Gel (Adapalene 0.01%) ADAQUEEN -C Gel (Adapalene 0.01% & Clindamycin 1%) BENZITURN-AD Gel (Adapalene 0.1%, Benzoyl peroxide 2.5%) TRET-A Cr. (Tretinoin 0.025%) ● **Hypopigmenting Agents:-** AZESPO Cr. (Azelaic acid 15% ) FACELITE Cr. (Kojic Acid 2%, Arbutin 1.5%, Octinoxate 7.5%, Mulberry Extract & Glycolic Acid) M-LITE Cr. (Hydroquinone 2%, Oxybenzone 2.5% & Octinoxate 7.5%) M-LITE PLUS Cr. (Hydroquinone 2% & Tretinoin 0.025%) M-LITE FORTE Cr. (Hydroquinone 2%, Tretinoin 0.025% & Mometasone 0.1%) M LITE GLOW Cr. (Hydroquinone 2%,Tretinoin0.025% & Fluocinolone Acitonide 0.01%) GLOW DAY Cr. (Glycolic acid, Alpha Arbutin, Tocopheryl acetate, Resorcinol, Titanium Dioxide) GLOW NIGHT Cr. (Alpha Arbutin, Retinol, Liqueur, Vit. E, Glycerine Squalene, D- alpha Tocopherol, Lenolin) GLUTAGLOW Tab. (Glutathione 500mg and Lipoic acid 200mg) GLUTAGLOW -C Tab. (Glutathione 500mg and Lipoic acid 200mg, Vitamin C 1gm) ● **Antioxidants/ Vitamins:-** LYCOXID Tab. (Betacarotene (10%) 30 mg., Lycopene (10%) 7500 mcg., Vit. C 150 mg., Vit. E 25 mg., Minerals & Zeaxanthine (10%) 25 mg) PROCDINA TX Tablet (Tranexamic acid 250 mg) PROCDINA Tab. (Proanthocyanidin 75 mg) IRONI UP Cap. (Carbonyl Iron 100 mg, Vit. C 150 mg., Vit. B12 15 mcg., Folic Acid 5 mg., Zinc Sulphate 61.8 mg. & Vit B6 3 mg) ● **Hair Care:-** FINTURN Tab. (Finasteride 1 mg.) BIOTURN FORTE Tab. (Biotin 10 mg., Calcium Pantothenate 100 mg., N-Acetyl Cysteine 50 mg. & Minerals) MINTURN-XL Lot. (Minoxidil 5% & Aminexil 1.5%) MINTURN Lot. (Minoxidil 2/5/10%) HAIR LONG Oil (Olive Oil, Amla Extract, Sun flower Oil, Castor Oil, & Grapeseed Oil) HAIR LONG Tab. (Saw palmetto powder 160mg, Green tea 50mg, ginkgo biloba 10mg, Nettle leaf extract 50mg, amino acid, Vitamin B6 3mg, Collagen peptide 50mg & minerals) HAIR LONG Ser. (Anagain, Procapil ( Oleanolic acid, Apigenin Biotinoyl Tripeptide-1 ) Polyquart -7) Hair Long B+ Oil (Biotin, saw palmetto, D -panthenol, Sugandha Kokila Sesame oil, roots of karondy,) SOFTUM Shampoo (Shea Butter, Ceramides, Soya protein) ● **Soap/ Facewash:-** E-BACTY Soap. (Triclosan, Allantoin & Alum) ACNE DAY Soap (Triclosan, Triclocarben, Glycerin, Vit. E Aloe Vera & Tree Tea Oil) KTZ Soap (Ketoconazole 2%) SCABICA Soap (Permethrin, Aloe Vera & Tree Tea Oil) BEAUTY Bar (Aloe vera, Milk protein, Shea butter, Cocoa butter, Titanium dioxide, Almond oil, Tea tree oil, Vit E.) SOFTUM BABY Bar pH 5.5 (Syndet Base, Shea Butter, Aloe Butter, 4,4- Distyryl Biphenyl Derivative, Pentaerythrityl Tetra-di-t-Butyl Hydroxyhydrocinnamate and Perfume) SOFTUM Moisturizing Bar pH 5.5 (Syndet Base, Shea Butter, Aloe Butter, 4,4- Distyryl Biphenyl Derivative, Pentaerythrityl Tetra-di-t-Butyl Hydroxyhydrocinnamate and Perfume) VISIA Soap (Aloe Vera, Vit. E & Moisturising) VISIA Face Wash (Lemon, Honey, Menthol, Mulberry Extracts) ACNE DAY Face wash (D panthenol, Aloe vera, Vit E, Triclosan, Salicylic acid, Allantoin & Witch Hazel) ● **Emollients:-** VISIA Cr./Lot Glycerine 6.0%, Tocopheryl Acetate 0.5%, Liquid Paraffin 10.0%, Cetyl Alcohol 3.0%, Squalene & Aloe Vera) Visia Soft Cr. (Propylene Glycol, Emulsifying wax, Glycerine, Cyclomethicone, Zinc Oxide) Visia Lip Balm (Paraffin wax, Dimethicone with sunscreen) ● **Sunscreens:-** O' BAY SPF 30 (Octylmethoxycinnamate 5.0%, Avobenzone 2.0%, Methoxy Cinnamidopropyl Hydroxy Sultaine 2.0%, Zinc Oxide 2.0%, Allantoin 0.2%, Vitamin E 0.1%, Aloe Vera Gel 0.2% & Phenoxyethanol 1.0%) VISIA SPF 50 (Octinoxate 7.5% ,Avobenzone 2%, Oxybenzone 3%,Octocrylene 3%, ZnO 2%, Titanium dioxide) **E-mail: queryederma@gmail.com Ph :- 9034435000, 9034635000.**

List of Medical Wholesaler

City	Name	Mobile
Bangalore	Acura Speciality Hospital	080-41105151
Bangalore	Adarsha Hospital & Health Care	080-23285838
Bangalore	Aditi Hospital	080-27830090
Bangalore	Aditi Maternity & General Nursing Home	080-26584911
Bangalore	Akshay Mallya Hospital	080-65658127
Bangalore	Amrik Nethralaya(Super Speciality Eye Hospital)	080-25494186
Bangalore	Ananya Hospital	080-23527411
Bangalore	Anugraha Hospital	080-23200330
Bangalore	Anugraha Nursing Home	080-23562042
Bangalore	Anupa Hi-Tech Hospital	080-65314003
Bangalore	Apollo Hospital	080-26304050
Bangalore	Apollo Speciality Hospital	080-30804444
Bangalore	Apple Hospital	080-40915314
Bangalore	Arunodaya Hospitals	080-28395214
Bangalore	Ashok Hospital	080-23226699
Bangalore	Lakshmi Hospital	9448083184
Bangalore	New Akshay Mallya Hospital	080-25400116
Baraut	Ansari Clinic	8923127471
Bassi	Kamal Ayurvedic Hospital & Medical Centre	9914552736
Bathinda	Deol Bone & Joint Hospital	9872850433
Bathinda	Jason Hospital	9876005290
Bathinda	Pash Nursing Home	9815135014
Bharatpur	Jindal Super Speciality Hospital	9828334442
Bhiwani	Dev Hospital & Maternity Home	9812429829
Bhiwani	Lakra Children'S Hospital	9255363063
Bhiwani	M.K. Hospital	9254350620
Bhiwani	Mudgil Hospital	9812467520
Bijnor	Rahat Hospital	9720911117
Bikaner	Dr. Mohit Skin Hospital	9460076840
Bikaner	Dr. Shyam Agarwal Children & General Hospital	9414189206
Bulandshahr	Abdullah Hospital	9837184515
Bulandshahr	Aditi Rajaura Hospital	8979849060
Bulandshahr	Aman Nursing Home	7895517828
Bulandshahr	Anand Nursing Home	9897394650
Bulandshahr	Aqsa Hospital	8273873331
Bulandshahr	Ashirwad Hospital	05732-256144
Bulandshahr	Bansal Nursing Home	8899924999
Bulandshahr	Brain & Spine Clinic & Hospital	9319925172
Bulandshahr	Dinesh Fracture Clinic & Maternity Clinic	9837032739
Bulandshahr	Fatima Hospital	9756131916
Bulandshahr	Global Hospital	9012616358
Bulandshahr	Haritage Hospital	9412227387
Bulandshahr	Harsh Skin Care Centre	9897116200
Bulandshahr	Holy Care Nursing Home	05732-224468
Bulandshahr	Kelawati Nursing Home	05732-231758
Bulandshahr	Lakshmi Lifelife Hospital	8954007001
Bulandshahr	Mohan Hospital	05732-286156
Bulandshahr	Puspanjali Hospital	9719804500
Bulandshahr	Rajaura Hospital	9675457709
Bulandshahr	Raman Hospital	05732-224425
Bulandshahr	Seva Hospital	9259737420
Bulandshahr	Shantideep Hospital	9412227913
Bulandshahr	Shubham Hospital	9761648361
Bulandshahr	Siddhivinayak Bone & Spine Psysio Care Centre	9634245667
Bulandshahr	Soham Nursing Home	05732-253430
Bulandshahr	Solanki Nursing Home	9358022439
Bulandshahr	Teotia Hospital & Fertility Centre	9359991400
Bulandshahr	Vimla Hospital & Maternity Centre	9997014908
Bulandshahr	Yadav Nursing Home	9557472986
Buldana	Munde Hospital	9527733944
Chandigarh	Femicare Clinic	9815982894
Chandigarh	Mukat Hospital & Heart Institute	9814003842
Chennai	A.G.M.Hospital	44-26411011
Chennai	A.K.Hospital	44-23741123
Chennai	A.K.N.Nursing Home	44-26441600
Chennai	A.V.Hospitals	44-25955859
Chennai	Aaditya Kamaraja Eye Hospital	44-23772829
Chennai	Aakash Hospital	44-25730099
Chennai	Abhijay Hospital(P)Ltd.,	44-25585322
Chennai	Aditya Hospital	44-26411447
Chennai	Ammayi Eye Care Centre	44-24896175
Chennai	Amrit Hospital(Amrit Medicare Pvt. Ltd.,)	44-25296186
Chennai	Anand Hospital	44-25942702
Chennai	Anjakha Hospital	44-22471110
Chennai	Annamalai Hospital	44-24741401
Chennai	Apollo Childerns Hospital-Thousand Lights	44-28298282
Chennai	Apollo First Med Hospital-Kilpauk	44-28211111
Chennai	Apollo Hospitals(Apollo City Centre)-Sowcarpet	44-25296080
Chennai	Apollo Hospitals-Greams Road	44-28296022
Chennai	Apollo Hospitals-Tondiarpet	44-25913333
Chennai	Appasamy Medicare Centre (P) Ltd.,	44-24751038
Coimbatore	Abinand Hospitals	0422-2673810
Coimbatore	Akilesh Orthopaedics Hospitals	0422-4379979
Coimbatore	Ashwin Hospital	0422-2525252
Coimbatore	Bethel Hospital Pvt Ltd.,	0422-2498884
Coimbatore	C.S.R. Nursing Home	0422-4372020
Coimbatore	Coimbatore Child Trust Hospital Pvt Ltd.,	0422-2576111
Coimbatore	Coimbatore Kidney Centre	0422-2312006
Dadri	Adarsh Hospital	8057387871
Dadri	Amc Hospital	9310104427
Dadri	Anubhav Hospital & Trauma Centre	9953161506
Dadri	Durga Hospital	9312092622
Dadri	Jain Ent Hospital	01250-220773
Dadri	New Balaji Hospital	8285124443
Dadri	Rawal Hospital	9312976712
Dadri	Sumitra Hospital	9899768665
Delhi	Aashirwad Hospital	8802895288
Delhi	Aastha Hospital	9891002289
Delhi	Anand Maya Hospital Pvt. Ltd.	9811272166
Delhi	Arihant Dental & Implat Clinic	9810301009
Delhi	Asha Shakti Multispeciality Hospital	8377978785
Delhi	Ashirwad Hospital	9313083266
Delhi	Avantika Multi Speciality Hospital	8447753838

List of Weekly Holidays of Drugs Market

State	City	Day
Jharkhand	Jamtara	Never
Jharkhand	Jhumritalaiya	Tuesday
Jharkhand	Ramgarh	Thursday
Jharkhand	Ranchi	2nd Sunday
Jharkhand	Sakchi	Sunday/Tuesday
Karnataka	Bail Hongal	Sunday
Karnataka	Basavakalyan	Never
Karnataka	Belgaum	Sunday
Karnataka	Belgoan	Sunday
Karnataka	Bidar	Sunday
Karnataka	Chikodi	Sunday
Karnataka	Nipani	Sunday
Karnataka	Chittapur	Sunday
Karnataka	Wadi	Sunday
Karnataka	Chincholi	Sunday
Karnataka	Shahabad	Never
Karnataka	Dondochi	Sunday
Karnataka	Kamlapur	Sunday
Karnataka	Sulepeth	Sunday
Madhya Pradesh	Ashoknagar	Sunday
Madhya Pradesh	Badvah	Friday
Madhya Pradesh	Badwani	Thursday
Madhya Pradesh	Baitul	Sunday
Madhya Pradesh	Bhind	Monday
Madhya Pradesh	Bhopal	Sunday
Madhya Pradesh	Chhaterpur	Never
Madhya Pradesh	Chindwada	Sunday
Madhya Pradesh	Damoh	Sunday
Madhya Pradesh	Datia	Sunday
Madhya Pradesh	Datiya	Never
Madhya Pradesh	Devas	Sunday
Madhya Pradesh	Dhanvantri Nagar	Sunday
Madhya Pradesh	Dhar	Tuesday
Madhya Pradesh	Guna	Tuesday/ Sunday
Madhya Pradesh	Gwalioere	Tuesday
Madhya Pradesh	Harda	Sunday
Madhya Pradesh	Indapur, Raigarh	Never
Madhya Pradesh	Indore	Sunday
Madhya Pradesh	Jabalpur	Sunday
Madhya Pradesh	Katni	Sunday
Madhya Pradesh	Khargaon	Saturday
Madhya Pradesh	Khirkia (Harda)	Sunday
Madhya Pradesh	Murena	Sunday
Madhya Pradesh	Neemuch	Sunday
Madhya Pradesh	Ratlam	Sunday
Madhya Pradesh	Rewa	Sunday
Madhya Pradesh	Sagar	Sunday
Madhya Pradesh	Satna	Sunday
Madhya Pradesh	Seoni	Saturday
Madhya Pradesh	Sheopur	Sunday
Madhya Pradesh	Shivpuri	Sunday
Madhya Pradesh	Sihore	Sunday
Madhya Pradesh	Ujjain	Sunday
Madhya Pradesh	Betul	Sunday
Madhya Pradesh	Amla	Thursday
Madhya Pradesh	Porsa	Tuesday
Madhya Pradesh	Kareli	Sunday & Tuesday
Maharashtra	Ahmed Nagar	Never
Maharashtra	Airoli	Sunday
Maharashtra	Ajara	Wednesday
Maharashtra	Akola	Never
Maharashtra	Amalner	Sunday
Maharashtra	Amber Nath(E)	Sunday
Maharashtra	Ambernath	Monday
Maharashtra	Ambernath (E)	Half Sunday & Half Monday
Maharashtra	Amrawati	Sunday
Maharashtra	Aurangabad	Sunday
Maharashtra	Badlapur (E)	Sunday & Monday
Maharashtra	Beer	Sunday
Maharashtra	Belapur	Sunday
Maharashtra	Bhadgaon	Sunday
Maharashtra	Bhane	Sunday
Maharashtra	Bhiwandi (Thane)	Sunday
Maharashtra	Bhiwapur	Never
Maharashtra	Bhusaval Jalgaon	Saturday
Maharashtra	Bhushawal	Tuesday
Maharashtra	Bid	Never
Maharashtra	Bombwade Taluka Shahuwadi	Never
Maharashtra	Buldhana	Never
Maharashtra	Chalisgaon	Never
Maharashtra	Chandgad	Sunday
Maharashtra	Chandrpur	Sunday
Maharashtra	Chandwad	Never
Maharashtra	Chinchwad (Pune)	Sunday
Maharashtra	Chiploon	Never
Maharashtra	Dapoli	Saturday
Maharashtra	Degloor	Sunday
Maharashtra	Devla	Never
Maharashtra	Dhantoli	Never
Maharashtra	Dhindori	Sunday
Maharashtra	Dhule	Sunday
Maharashtra	Diwa (E)	Sunday
Maharashtra	Dombiwali (E)	Sunday
Maharashtra	Dombiwali (W)	Sunday
Maharashtra	Gargoti	Never
Maharashtra	Gevrai	Sunday
Maharashtra	Ghonsoli	Sunday
Maharashtra	Ghotkopar (E)	Sunday
Maharashtra	Godhinglaz	Never
Maharashtra	Islampur	Saturday
Maharashtra	Islampura	Never
Maharashtra	Jalgaon	Sunday
Maharashtra	Jalna	Sunday

Farma Hub

**Akon xt** (Ferrous Ascorbate Eq. to Iron 100mg + Folic Acid 1.5mg) • **Azixime** (Azithromycin 250 mg + Cefixime 200 mg) • **Cefafar 250** (Cefuroxime Axetil 250mg) • **Cefafar 500** (Cefuroxime Axetil 500mg) • **Cefafar CV 250** (Cefuroxime Axetil 250mg + Potassium Clavulanic 25mg) • **Cefafar CV 500** (Cefuroxime Axetil 500mg + Potassium Clavulanic 125mg) • **Cefizan Plus** (Cefixime 200mg + Ofloxacin 200mg) • **Chestwin** (Paracetamol 500 + Cetirizine 5 mg + Phenylephrine 10 mg) • **Clonazan- ET** (Clonazepam 0.5mg + Escitalopam Oxalate 10mg) • **Defahub 6** (Deflazacort 6mg) • **Mefanamic Acid 250mg** • **Farclav-625** (Clavulanic Acid 125mg) • **Farnac- Forte** (Rutoside 100mg + Diclofenac potassium + Paracetamol 325mg) • **Farnac- SP** (325mg + Serratiopeptidase 15mg) • **100mg** • **Farpod 200** (Cefpodoxime (Cefpodoxime Proxetil 200 mg + Pot. (Paracetamol 325 mg + Guaiphenesin Phenylephrine 10 mg + Cpm 10 mg) • **100mg** • **Fixim 200 DT** (Cefixime (Cefixime with Lactic Bacillus 50mg) • + Ofloxacin 200 mg) • **Folytin** (Biotin (Levofloxacin 500mg) • **Joyclav 625** (Clavulanic Acid 125mg) • **Kalen** (0.25mg) • **Linez 600** (Linezolid 600 mg) + Serratiopeptidase 10mg + Paracetamol Paracetamol 325mg) • **Panfar 40** (Pantoprazole 40 mg + Domeperidone 10 mg) • **Udifine 300** (Azithromycin Dihydrate 250mg) • **500mg** • **Windfar- L** (Levocetirizine HCL **Wisoflox 200** (Ofloxacin 200mg) • **Ornidazole 500mg** • **Zan-M-Spas** Hydrochloride 10 mg) • **Dirhram** (Omeprazole 20mg + Domeperidone 250mg + Dicloxacinil Sodium 250mg) • **Lycofar** (Lycopene 10% 5000mcg + Beta Carotene (7.5% dispersion) 20mg + Mecobalamin 250mcg + Vitamin B6 3mg + Folic Acid 1.5mg + Chromium Picolinate 75mcg + Green Tea Extract 50% 200mg + Sodium Selenate 100mcg + Zinc Sulfate Monohydrate 27.453mg) • **Necessity** (Methylcobalamin 1000mcg + Benfotiamine 100mg + Pyridoxine Hcl 1.5mg + Alpha Lipoic Acid 100mg + Folic Acid 0.75mg) • **Panfar DSR** (Pantoprazole Sodium Sesquihydrate 40mg + Domeperidone 30mg) • **Rabyfar- DSR** (Rabepazole Sodium 20mg + Domeperidone 10mg) • **Rabyfar IT** (Rabepazole Sodium 20mg + Itopride 30mg) • **Rabyfar L** (Rabepazole 20 mg + Levosulpride 75 mg) • **Zactovit** (Lactic Acid Bacillus With Vitamin B-Complex) • **Apyfar** (Cyproheptadine HCl IP 2mg + Tricholine Citrate 275mg) • **Chestwin** (Paracetamol 125 + Cetirizine 2 mg + Phenylephrine 5 mg) • **Covent-LC** (Chlorpheniramine Maleate 4mg + Codeine Phosphate 10mg) • **Defahub** (Deflazacort Oral Suspension 6mg) • **Farcof- AB** (Ambroxol 15mg + Terbutaline Sulphate 1.5mg + Guaiphenesin 50mg + Menthol 1mg) • **Farcof- CD** (Codeine Phosphate 10mg + Chlorpheniramine Maleate 4mg) • **Farcof- D** (Chlorpheniramine Maleate 2 mg + Dextromethorphan Hydro bromide 10mg + Phenylephrine Hydrochloride 5mg) • **Farcof- LS** (Levosulbutamol Hydrochloride 1 mg + Ambroxol hydrochloride 30 + Guaiphenesin 50 mg) • **Farliv** (An ideal formulation for liver Dys Functions) • **Farzyme** (Fungal Diastase 50 mg + Pepsin 10 mg) • **Farnac-P** (Aceclofenac 50mg+ Paracetamol 125mg (with carton) • **Lycofar** (Lycopene 6 % minerals with Antioxidant Symp) • **Necessity** (Lysine Hydrochloride 10.0mg + Lycopane 6% 1000.0mcg + Vitamin A 1250.0IU + Cholecalciferol 100.0IU + Vitamin E 5.0IU (as D-L-Alpha tocopheryl Acetate) + Cyanocobalamin 0.5mcg + Sodium Selenate Eq. to Selenium 17.5mcg + Vitamin C 25.0mcg + Thiamine Hydrochloride 1.0 mg + Riboflavin Sodium Phosphate 1.5mg + Pyridoxime

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- (Ofloxacin-50 mg + Cefixime-50 mg)
- (Acebrophyllin-100)
- (Terbinafine-250)
- (Thyroxine Sodium-50mcg/100mg)
- (Calcium Carbonate-625mg + Calcitriol-0.25mg + Vitamink2-7-22.5mcg + Boron-500mcg + Zinc Sulphate-7.5mg)
- (Calcium Pantothenate-100 mg + Nettle Leaf-50 mg + Para Amino Benzoic Acid-50 mg + Zinc Oxide-15 mg + L-Lysine-10 mg + Biotin-10 mg + Manganese Chloride-5 mg + Inositol-5 mg + Copper Gluconate-2 mg + Folic Acid-200 mcg + Sodium Selenate-65 mcg + Saw Palmato Extract-100 mg)
- (Cholecalciferol-60,000 IU)

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Hydrochloride 0.75mg + Copper Sulphate 100.0mcg + Potassium Iodide 50.0mcg + Zinc Sulphate Eq. to Elemental Zinc 1.5mg In a Flavoured Syrupy Base) • **PARAHUB DS** (Paracetamol 250mg) • **Parahub MF** (Mefenamic Acid 50mg + Paracetamol 325mg) • **Pro-Wizz** (Promethazine HCL 15mg + Paracetamol 125mg) • **Raceone** (Racecadotril IP 10 mg. Suspension) • **Utility** (Uterine Tonic) • **Veebaz 200** (Azithromycin Dihydrate 200mg) • **Wiskorid** (Terbutaline Sulphate 1.25mg + Bromhexine HCL 4mg + Guaiphenesin 50mg + Menthol 2.5mg) • **Wisoflox- OZ** (Ofloxacin 50mg + Ornidazole 125mg) • **Wisoflox** (Ofloxacin 50mg/5ml) • **Zanliv** (Strong Liver Tonic) • **Farpod** (Cefpodoxime Proxetil 50mg/5ml) • **Farclav** (Amoxycillin 200mg + Clavulanic Acid 28.5mg) • **Fixim** (Cefixime Trihydrate 50mg / 5ml) • **VB Pod** (Cefpodoxime Proxetil 50mg/5ml) • **Colizan** (Simethicone 40mg + Dill Oil 0.005ml + Fennel Oil 0.0007mg) • **Sai-Dom** (Domperidon Suspension) • **Earfine** (Ofloxacin + clotrimazole + Beclomethasone + Lignocaine) • **Cefafar-1gm Inj.** (Ceftriaxone 1gm) • **Cefafar-S** (Ceftriaxone 1gm + sulbactam125) • **Farclav Inj 1.2gm** (Amoxycillin Trihydrate 1000mg + Clavulanic Acid 200mg) • **Farmazone-SB Inj.** (Cefoperazone Sodium 500mg + Sulbactam Sodium 500mg) • **Mecofine inj** (Mecobalmine 1500 mcg) • **Panfar-IV** (Pantoprazole Sodium 40mg) • **Supataz 4.5 gm Inj.** (Piperacillin Sodium 4gm + Tazobactam Sodium 500mg) • **Clobezan Cream** (Clobetasone + Miconazole + Neomycin Cream) • **New Shine Cream** (Hydroquinone USP 2%w/w + Tretinoin USP 0.025%w/w + Mometasone Furoate IP 0.1%w/w) • **New Shine Cream** (Hydroquinone USP 2%w/w + Tretinoin USP 0.025%w/w + Mometasone Furoate IP 0.1%w/w SCHEME (with soap) • **New Shine Acne Cream** (Adapalene 0.1% +Clindamycin Phosphate IP 1%) • **Farnac Oil** (For Joints Pain & Osteoarthritis) • **Diclozan Gel** (Diclofenac + Methyl Salicylate + Menthol Gel) • **Farnac Gel** (Linseed Oil 3.00%w/w + Diclofenac Diethylamine 1.16%w/w + Menthol 5.00w/w% + Methyl Salicylate 10.00w/w% + Benzyl Alcohol 1.00%w/w) • **Progud-DHA** (Protein Powder with DHA & Methylcobalamin (Chocolate Flavour) Tin Pack) • **New Shine soap** (Alovera 4 % w/w + Glycerine IP 1% w/w ,Vitamin E IP 0.25 % w/w , Urea IP 1% w/w ,safflower oil 0.5% , & Skimmed milk Powder 2% & Soap Noodles q.s) • **kalen** (Calcitriol IP 0.25 mcg + Calcium Carbonate IP 500 mg + Zinc 7.5 mg) • **Necessity Gold** (Soft Gel Capsules of Omega-3 Fatty Acids + Green Tea Extract + Ginkgo Biloba + Grape Seed Extract + Antioxidants + Vitamins + Minerals + Trace Elements) • **Turbo Gold Caps** (Soft Gel Capsules of Omega-3 Fatty Acids + Green Tea Extract + Ginkgo Biloba + Grape Seed Extract + Antioxidants + Vitamins + Minerals + Trace Elements) **Mob.:- 09837187230.**

Happy Birthdays (December 2017)

DOB	NAME	FIRM	MOB	CITY	STATE
10.12.78	SHRI AMIT MITTAL JI	USHA MEDICAL AGENCY	9826620402	SHIVPURI	MADHYA PRADESH
15.12.74	SHRI ASHOK KUMAR JI	ASHA PHARMA	9534374380	GAYA	BIHAR
23.12.81	SHRI AMIT DODANI JI	RAJVEER PHARMA	9755515599	INDORA	MADHYA PRADESH
26.12.83	SHRI ABHINAV JI	SHIVA MEDICAL STORE	9719536144	DHARADON	UTTRAKHAND
26.12.78	SHRI AMAN SINGH JI	AMAR SURGICAL	9839772277	LUCKNOW	UTTAR PRADESH
27.12.82	SHRI ANKUR SETH JI	ANKUR PHARMA	9319955531	DHARADON	UTTRAKHAND
27.12.87	SHRI AVINASH GUPTA JI	MOHAN MEDICAL	9161519000	VARANSI	UTTAR PRADESH
27.12.65	SHRI ATUL KUMAR JAIN JI	MAHAVIR MEDICAL GENERAL STORE	9422292255	JALGAON	MAHARASTRA
28.12.71	MOHD. AMJAD WAHED HUSSAIN	LIBERTY MEDICAL AGENCY	9975646551	AURANGABAD	MAHARASTRA
30.12.87	MOHD. AMJAD KHAN	HONESTY DRUG	9568298323	DEHRADUN	UTTRAKHAND
31.12.67	SHRI AJIT SINGH JI	AJIT MEDICAL STORE	9457288806	MATHURA	UTTAR PRADESH

Never Break Good Relation,  
Never Be Late  
Always Smile.

मैडीकल दर्पण मीडिया हाऊस की तरफ से आप सभी को जन्मदिन की हार्दिक शुभकामनायें

**MERCK KGAA, DARMSTADT, GERMANY, AND PFIZER PROVIDE UPDATE ON PHASE III JAVELIN GASTRIC 300 STUDY IN PATIENTS WITH PRE-TREATED ADVANCED GASTRIC CANCER**

Merck KGaA, Darmstadt, Germany, and Pfizer Inc. (NYSE: PFE) today announced that the Phase III JAVELIN Gastric 300 trial did not meet its primary endpoint of superior overall survival (OS) with single-agent avelumab\* compared with physician's choice of chemotherapy. The trial investigated avelumab as a third-line treatment for unresectable, recurrent or metastatic gastric or gastroesophageal junction (GEJ) adenocarcinoma patients whose disease progressed following two prior therapeutic regimens, regardless of programmed death ligand-1 (PD-L1) expression. The safety profile of avelumab was consistent with that observed in the overall JAVELIN clinical development program. "Gastric cancer in the third-line setting is a particularly hard-to-treat and heterogeneous disease, and importantly, this was the first trial conducted with a checkpoint inhibitor compared to an active chemotherapy comparator rather than placebo in a global patient population," said Luciano Rossetti, M.D., Executive Vice President, Global Head of Research & Development at the Biopharma business of Merck KGaA, Darmstadt, Germany, which operates as EMD Serono in the US and Canada. "Data from this study will provide valuable information for physicians treating this late stage disease. We remain committed to our ongoing gastric cancer program with avelumab including the JAVELIN Gastric 100 study in the first-line switch maintenance setting." "Gastric cancer is a leading cause of cancer death globally with clear unmet needs, and the results provide important insights as we continue to investigate the role of avelumab for the treatment of gastric cancer," said Chris Boshoff, M.D., Ph.D., Senior Vice President and Head of Immuno-Oncology, Early Development and Translational Oncology, Pfizer Global Product Development. "With approvals for two cancers in 2017, our companies have made tremendous progress with avelumab on behalf of patients this year, and we are confident that our broad clinical development program in both monotherapy and combinations across a range of cancers will continue to bring new potential treatment options to patients." The JAVELIN Gastric 300 data will be further examined in an effort to better understand the results and will also be submitted for presentation at an upcoming medical congress. The outcome of JAVELIN Gastric 300 does not have any impact on current avelumab approvals. JAVELIN Gastric 300 is a Phase III, multicenter, international, randomized, open-label clinical trial investigating avelumab plus best supportive care versus physician's choice of protocol-specified chemotherapy (paclitaxel or irinotecan monotherapy) plus best supportive care in patients with unresectable, recurrent or metastatic gastric or GEJ adenocarcinoma whose disease has progressed following two prior therapeutic regimens. The trial enrolled 371 patients from 147 sites in Asia, Australia, Europe, North America and South America. The primary endpoint was OS. The avelumab gastric clinical development program also includes JAVELIN Gastric 100, a multicenter, randomized, open-label Phase III study evaluating avelumab as first-line maintenance therapy following induction chemotherapy in unresectable, locally advanced or metastatic gastric or GEJ cancer. The trial will continue as planned. Avelumab is under clinical investigation for treatment of gastric/GEJ not been demonstrated to be safe for this indication. There is no guarantee avelumab will be approved for cancer by any health authority

**Breast**

**INTRODUCTION:-** According to year there are nearly 1.30 million breast cancer get register and happen because of it, all across India, Breast cancer accounts 25 cancers in females who are above years. With the recent data published has shown that every day 2000 women's are being diagnosed with breast cancer. 'Pink Ribbon' is the symbol for the breast cancer awareness. The symbol was chosen by the Breast Cancer Research Foundation in 1993. The formation of lumps within the breast due to uncontrolled growth of cells leads to this disease of breast cancer. The disease can be life threatening, as it spreads to other parts of the body. **Risk Factors of Breast Cancer: FAMILY HISTORY:-** Females whose mothers or sisters had breast cancer in the past are at the higher risk of developing this disease. **BREAST LUMPS:-** Some women develops the non-cancerous breast lumps, these non-cancerous breast lumps puts women's on higher risk of this disease. **OESTROGEN EXPOSURE:-** Women who hits their periods earlier or enters menopause later than the usual time, are at the higher risk of getting diagnosed with breast cancer. This happens because their bodies have been exposed to oestrogen for longer duration of time period. **AGE:-** Elder women's are at higher risk of this disease **OBSESITY:-** Over weight is also considered as a risk factor for the development of breast cancer. **DIET and LIFESTYLE CHOICES:-** Women who consume too much of alcohol, smoke a lot and thus eat high fat diet are at higher risk of this disease. **Sign and Symptoms of Breast Cancer:-** Change in the shape and size of the breast Change in the texture of the skin Presence of lumps in the breast Presence of rash or redness around the nipples of the breast Continuous pain in the breasts or in armpits Change in shape or position of the nipple, more likely inverted nipples Discharge from the nipples **Tips of Prevention for Breast Cancer:-** It is important to maintain a healthy lifestyle but avoiding smoking and limiting drinking. Adding up more fruits and vegetables in diet can help to maintain body weight. It is mandatory for women above the age of 20 years to self examine their breasts. They should be aware of the shape and size of their breasts and if they feel any difference or change, immediate consultation from specialist is mandatory. Women who are above the age of 40 years need to get their mammography done every year. It is advisable for new mothers to breastfeed their child minimum for one year. **About us:-** Metro Group of Hospitals has a dedicated 155 bedded facility, Metro Hospital and Cancer Institute, Preet Vihar, New Delhi, mainly dedicated for treatment of cancer. The hospital boasts of highly experienced team of medical, surgical, radiation, gynae oncologists and most advanced technology for 360 degree cancer treatment. For more details or appointments call: +91 8800197020 / metro@metrohospitals.com.

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**Cancer**

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**Health benefits of blowing a shankh or a conch shell**

Conch blowing is a great exercise for the urinary tract, bladder, lower abdomen, diaphragm, chest and neck muscles. Having grown up in a mainstream Indian household, the shankh or the conch shell as I know is a symbol of a beautiful natural work of art and is associated with Lord Krishna. Its sound is supposed to destroy harmful elements in the environment and bring in positive energy. Any puja is incomplete without the blowing of a shankh or conch shell. But apart from having to do with the spiritual significance of conch blowing there are also many health benefits. Here's why you should blow the shankh or the conch shell every single day. Benefits-Conch blowing can provide a great exercise for, urinary tract, bladder, lower abdomen, diaphragm, chest and neck muscles. You exercise the rectal muscles in the process of blowing a shankh thus strengthening the rectal muscles and preventing many problems which occur due to the gradual weakening of the rectal muscles. As it also puts pressure on the prostate area, it improves the prostate health and helps prevent prostate enlargement. When you blow the conch, your lung muscles are expanded, improving their aerial capacity. Also, perform these yoga asanas for healthy lungs. Conch blowing also exercises your thyroid glands and vocal cords and helps in correcting any speech problems. Your face muscles are stretched when you blow a conch, so you're automatically doing away with fine lines by blowing the conch every day. These 8 Indian traditions are also beneficial for your health. Word of caution-Make sure that you learn the art of blowing a conch from an expert as careless blowing can sometimes damage your ear and eye muscles and also rupture your diaphragm. One common mistake which most people make is that they inhale through their mouth instead of their nose. Air goes to the stomach when you inhale through your mouth which is not supposed to retain air. So make sure you always inhale through your nose when you are blowing the conch. Do not blow the conch if you have high blood pressure, hernia or glaucoma as it can put pressure on the organs.

**GSK submits US regulatory application for single-dose tafenoquine for Plasmodium vivax malaria**

GSK and Medicines for Malaria Venture (MMV) today announced the submission of a new drug application (NDA) by GSK to the United States Food and Drug Administration (FDA), seeking approval of single-dose tafenoquine for the radical cure (prevention of relapse) of Plasmodium vivax (P. vivax) malaria in patients 16 years of age and older. If approved, tafenoquine would be the first new medicine for the prevention of relapse of P vivax malaria in more than 60 years, potentially addressing the need for a single-dose and effective medicine for this debilitating disease. The submission follows the decision made by FDA in December 2013 to grant tafenoquine Breakthrough Therapy Designation, an initiative aimed at expediting the development and review times of drugs for serious or life-threatening conditions. The NDA submission includes Phase III data from the previously reported GATHER and DETECTIVE studies conducted by GSK in partnership with MMV. [1] Pauline Williams, Head of Global Health R&D, GSK said: "This regulatory filing marks a significant and historical milestone in our global health efforts. Treating Plasmodium vivax malaria is particularly challenging because the parasite can lie dormant in the liver resulting in relapses. Poor compliance to primaquine in real-world settings can lead to higher relapse rates than those seen in the controlled setting of clinical trials, so a single dose treatment is an attractive proposition. GSK and MMV have been working together since 2008 to develop single-dose tafenoquine as an alternative to primaquine. If approved, tafenoquine will potentially become an important tool to help eliminate P vivax malaria for good. We look forward to the outcome of the filing." David Reddy, CEO of Medicines for Malaria Venture said, "MMV and GSK are committed to the development of single-dose tafenoquine for relapsing malaria. Following a long-standing partnership, we have now reached the exciting milestone of regulatory filing. This is significant because without treatment to stop the relapses, infected patients live with the constant threat of malarial symptoms returning without warning. Relapsing malaria thereby contributes significantly to the burden of disease in affected countries. The world has been waiting over 60 years for a new medicine for this indication. A single dose medicine would be unprecedented." Tafenoquine is not approved for use anywhere in the world. GSK plans to progress regulatory filings in other countries in 2017 and 2018.

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**Family doctors continue to play crucial role in management of chronic kidney disease (CKD)**

NephroPlus, India's largest dialysis network organized an interactive discussion with nephrologists and other doctors to discuss the importance of family doctors in the management of Chronic Kidney Disease (CKD), India's largest dialysis network organized an interactive discussion with nephrologists and other doctors to discuss the importance of family doctors in the management of Chronic Kidney Disease (CKD) for ensuring better health outcomes, today in Pune. The event witnessed participation from more than 100 doctors from different parts of the state. NephroPlus, which is redefining dialysis delivery in India through state-of-the-art technology and protocol-based services, conducted the discussion to address topics ranging from the basics of nephrology to dialysis advancement and best practices in dialysis. The discussion was led by Dr. Sachin Patil – MD-Medicine, DM-Nephrology. Recognizing the importance of the General Physician and Family Doctors in the treatment cycle of patients afflicted with CKD, the interactive discussion addressed various aspects of preventing and managing CKDs in patients along with throwing light on some oft-neglected but important aspects of dialysis. Though dialysis patients are primarily treated by nephrologists, the role of the family doctors continues to be important. Therefore, it is necessary to ensure that General Physicians are also fully aware of efficient management of CKD and dialysis. Read more about 10 tips to prevent kidney disease. Vikram Vuppala, Founder and CEO, NephroPlus said, "As the incidence of CKD is increasing at quite an alarming pace, the role of the primary care physician or what is called the 'family doctor' becomes all the more important." Read here about chronic kidney disease rapidly increasing in suburban India. Speaking on the oft-neglected role of a family doctor in CKD management, Dr. Sachin Patil said, "Family Doctors definitely play a crucial role in a family. For those suffering from kidney complications, it is important to have a good support system comprising of their family, friends and doctors. With the family dynamics changing fast, initial symptoms are often neglected. Family doctors are often the first to notice these initial signs and hence empowering them to monitor, prevent and manage health issues like CKDs is important."

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**भारत में अर्थराइटिस रोगियों की संख्या बढ़ रही है**

प्राप्त जानकारी के अनुसार तमाम बीमारियों के बीच भारत में अर्थराइटिस यानी गठिया रोग भी तेजी से बढ़ रहा है. इसके आँकड़े चिंताजनक है. भारत में 18 करोड़ से अधिक लोग अर्थराइटिस से प्रभावित हैं. इन मामलों की संख्या कई अन्य रोगों जैसे मधुमेह, एड्स और कैंसर की तुलना में अधिक है. भारत की तकरीबन 14 फीसदी आबादी जोड़ों के इस रोग के इलाज के लिए हर साल डॉक्टर की मदद लेती है. एक अनुमान के अनुसार 2025 तक भारत में ऑस्टियो अर्थराइटिस के मामलों की संख्या छह करोड़ तक पहुँच जाएगी. इस तरह भारत इस दृष्टि से दुनिया की राजधानी के रूप में उभरेगा. अर्थराइटिस पर किए गए एक विश्लेषण में पाया गया है कि देश में पुरुषों की तुलना में महिलाएँ रूमेटोइड अर्थराइटिस से अधिक पीड़ित हैं. विश्लेषण में यह भी पता चला है कि उत्तरी जोन की तुलना में पूर्वी जोन में अर्थराइटिस के मरीजों में ईएसआर और सीआरपी स्तर (जो जोड़ों की सूजन दर्शाते हैं) का उच्च होना तथा जोड़ों में सूजन आम है. वहीं, यूरिक एसिड का स्तर उत्तरी क्षेत्र में पूर्वी जोन की तुलना में अधिक पाया गया है. यूरिक एसिड का असामान्य स्तर गठिया को दर्शाता है. चालीस की उम्र के बाद मरीजों में ईएसआर (56.71 फीसदी, 61-85 वर्ष), सीआरपी (80.13 फीसदी, 85 से अधिक उम्र), आरएफ (12.77 फीसदी, 61-85 वर्ष) और यूए (34.76 फीसदी, 85 से अधिक उम्र) के स्तर असामान्य पाए गए हैं. पिछले साढ़े तीन सालों के दौरान अर्थराइटिस की जाँच हेतु लिए गए 64 लाख नमूनों पर आधारित हैं. हड्डी एवं जोड़ों के रोगों के निदान के लिए आमतौर पर एक्स-रे, सीटी-स्कैन, एम.आर.आई और डेक्सा स्कैन का इस्तेमाल किया जाता है. वहीं रोग की स्क्रौनिंग एवं मॉनिटरिंग के लिए कई अन्य प्रयोगशाला परीक्षण काम में लिए जाते हैं. अर्थराइटिस का सबसे प्रचलित रूप ऑस्टियो अर्थराइटिस हर साल भारत में 1.5 करोड़ वयस्कों को प्रभावित करता है. इस तरह इसकी प्रसार दर 22 फीसदी से 39 फीसदी है. इसके अलावा भारतीय आबादी में गठिया और रूमेटोइड अर्थराइटिस भी आमतौर पर पाए जाते हैं. ऑस्टियो अर्थराइटिस ज्यादातर महिलाओं में पाया जाता है और उम्र बढ़ने के साथ इसकी संभावना बढ़ जाती है. अध्ययन में पाया गया है कि 65 साल से अधिक उम्र की तकरीबन 45 फीसदी महिलाओं में इसके लक्षण मौजूद हैं, जबकि 65 साल से अधिक उम्र की 70 फीसदी महिलाओं में इसके रेडियोलॉजिकल प्रमाण पाए गए हैं. अध्ययन के अनुसार, रूमेटोइड अर्थराइटिस आमतौर पर जोड़ों के आस-पास मौजूद उतकों को प्रभावित करता है. आमतौर पर वयस्कों में पाया जाने वाला यह रोग भारत की 0.5 फीसदी-एक फीसदी आबादी को प्रभावित करता है. महिलाओं में इसके मामले तीन-चार गुना अधिक पाए जाते हैं. इसकी शुरुआत अक्सर 35-55 आयुवर्ग में होती है. बयान में कहा गया है कि इन्फ्लामेटरी अर्थराइटिस के सबसे आम रूप गठिया की संभावना पुरुषों में तीन-चार गुना अधिक होती है और यह 50 वर्ष या अधिक उम्र में होती है.

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